**GEAR Worksheet: Health x Heat**

***This worksheet is provided as a tool to record your responses and insights while working through the “Questions to Answer” section.***

**How is extreme heat affecting health in your community?**

Use this space to record your responses to the “Questions to Answer.”

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**Who is most likely to be affected by extreme heat in your community? Why is that so? What resources do you have in your community that support health and wellbeing during periods of increased heat?**

Use this space to record your responses to the “Questions to Answer.”

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**What actions intrigued you from this guide? Who would you connect with to make progress on these actions?**

Use this space to record your insights.

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