

Family Caregiver Support Program

The Family Caregiver Support Program connects family caregivers with a Caregiver Specialist who provides free information, useful tips and resources, and other means of support to family caregivers.

Caregiver specialists can:

- Provide one-on-one advisement
- Help you plan for care wherever your loved one lives
- Organize caregiver support groups
- Provide educational materials
- Connect you with respite opportunities to temporarily relieve you from your caregiving responsibilities.



Eligibility & Cost

The Family Caregiver Support Program is free for non-paid caregivers who care for individuals age 60+ or any individual living with Alzheimer's disease or related dementia. The program also supports Grandparents and other relatives who care for children under the age of 18 or an adult with a disability ages 18-59.

Contact

To learn more about the program, contact MassOptions at 800-243-4636. Call Specialists are available Monday-Friday, 9:00 AM - 5:00 PM



Mass.gov/Aging



MassOptions 1-800-243-4636