

Behavioral Health Outreach for Aging Populations

Finding help for your behavioral health isn't a sign of weakness—it's a sign of strength. Behavioral Health Outreach for Aging Populations is available to provide help and support to older adults and their families.

Through the program, behavioral health clinicians work directly with adults experiencing emotional challenges or behavioral health conditions. The clinicians will come right to you, to your home or a location in your community where you feel most comfortable.



Eligibility & Cost

Behavioral health services are free for older adults aged 60+ with symptoms or challenges related to behavioral health.

Contact

To learn more, call MassOptions at 800-243-4636. Call Specialists are available Monday-Friday, 9:00 AM - 5:00 PM



Mass.gov/Aging



MassOptions 1-800-243-4636