

**Findings from the
Massachusetts Pregnancy Risk
Assessment Monitoring System
(PRAMS)
2019-2021**

Massachusetts Department of Public Health
Bureau of Family Health and Nutrition
Division of Maternal and Child Health Research and Analysis
July 2023
(revised February 2024)

Findings from the Massachusetts PRAMS 2019-2021

Maura Healey, Governor
Kimberley Driscoll, Lieutenant Governor
Kathleen E. Walsh, Secretary of Health and Human Services
Robert Goldstein, MD, PhD, Commissioner of Public Health

Elaine Fitzgerald Lewis, DrPH, MIA, Director
Bureau of Family Health and Nutrition
Hafsatou Diop, MD, MPH, Director
Division of Maternal and Child Health Research and Analysis

Massachusetts Department of Public Health

July 2023
(revised February 2024)

Acknowledgments

This report was prepared by Sarah L. Stone, Xiaoli Chen, Xiaohui Geng, and Hafsatou Diop of Division of Maternal and Child Health Research and Analysis, Bureau of Family Health and Nutrition, Massachusetts Department of Public Health.

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Most importantly, our thanks go to all the parents who completed the 2019-2021 Massachusetts PRAMS surveys which led to this report.

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To obtain additional copies of this report, please contact:

Massachusetts Department of Public Health
Bureau of Family Health and Nutrition
Division of Maternal and Child Health Research and Analysis - PRAMS
250 Washington Street, 5th Floor
Boston, MA 02108
Email: DPH_MA_PRAMS@mass.gov

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The Massachusetts Department of Public Health recognizes that families come in many forms. The PRAMS report is specifically about experiences related to pregnancy and the perinatal period. This report uses gender-neutral language wherever possible, like "pregnant person," "birthing person," and "respondent," as not everyone who gives birth identifies as a woman, female, or a mother. We use the term "partner" to talk about another person who is co-parenting with respondents. The term "father" is included in one question written by the CDC and specifically refers to the person whose sperm was involved in conception. MA PRAMS strives to include the voices of all people who experience pregnancy in Massachusetts.

The contents are solely the responsibility of the authors and do not necessarily represent the official views of the Centers for Disease Control and Prevention.

Introduction

This report contains data from the 2019-2021 Massachusetts Pregnancy Risk Assessment Monitoring System (MA PRAMS) survey. MA PRAMS is a collaborative surveillance project between the Centers for Disease Control and Prevention (CDC) and the Massachusetts Department of Public Health (MDPH). PRAMS collects state-specific, population-based data on parental attitudes and experiences before, during, and shortly after pregnancy. In addition, PRAMS provides unique data on racism, mental health, family medical leave, disability status, and social supports. MA PRAMS oversamples by race and Hispanic ethnicity to ensure adequate representation of birth parents from racially and ethnically diverse backgrounds and the survey is conducted in English and Spanish. Findings from MA PRAMS survey are used to assess the health of birth parents and infants across the state and to inform program monitoring, maternal and child health research and evaluation, and policy development. PRAMS data are also used to inform the Title V Maternal and Child Health (MCH) needs assessment, measure progress on national and state MCH performance measures, increase visibility of MCH issues, justify and support allocation of resources, and build state data capacity. The [Title V program](#) is a federal-state partnership between the Health Resources and Services Administration and state health departments and plays a key role in the provision of MCH services in Massachusetts.

PRAMS is conducted annually with monthly samples collected throughout the year from January to December. As the survey was already in the field when the COVID-19 pandemic began in spring 2020, Massachusetts did not add COVID-related items to the PRAMS questionnaire itself. However, the state began collecting data specific to COVID-19 through a supplemental survey in October 2020. An additional supplement on COVID-19 vaccination was included in 2021, and results from both supplements will be available in fall 2023. Details of CDC PRAMS methodology are available from CDC [here](#).

Data collected through MA PRAMS enable MDPH to provide estimates of a variety of risk factors, preventive behaviors, perinatal conditions, and emerging public health issues for the Massachusetts birthing population by demographic and socioeconomic characteristics (race and Hispanic ethnicity, age, education, federal poverty level, nativity, marital status, and disability status). These analyses highlight inequities in health within and across population sub-groups. In interpreting these results, it is critical to recognize that the social, economic, behavioral, and physical factors experienced by pregnant and postpartum people where they live and work have a profound impact on their health. Disparities in outcomes by race, for example, are much more often due to inequities in social factors and the perpetuation of racial discrimination than biological causes. The social determinants of health (SDoH) are rooted in systems—and therefore—public health action must be directed at systems change to reduce and prevent health inequities.

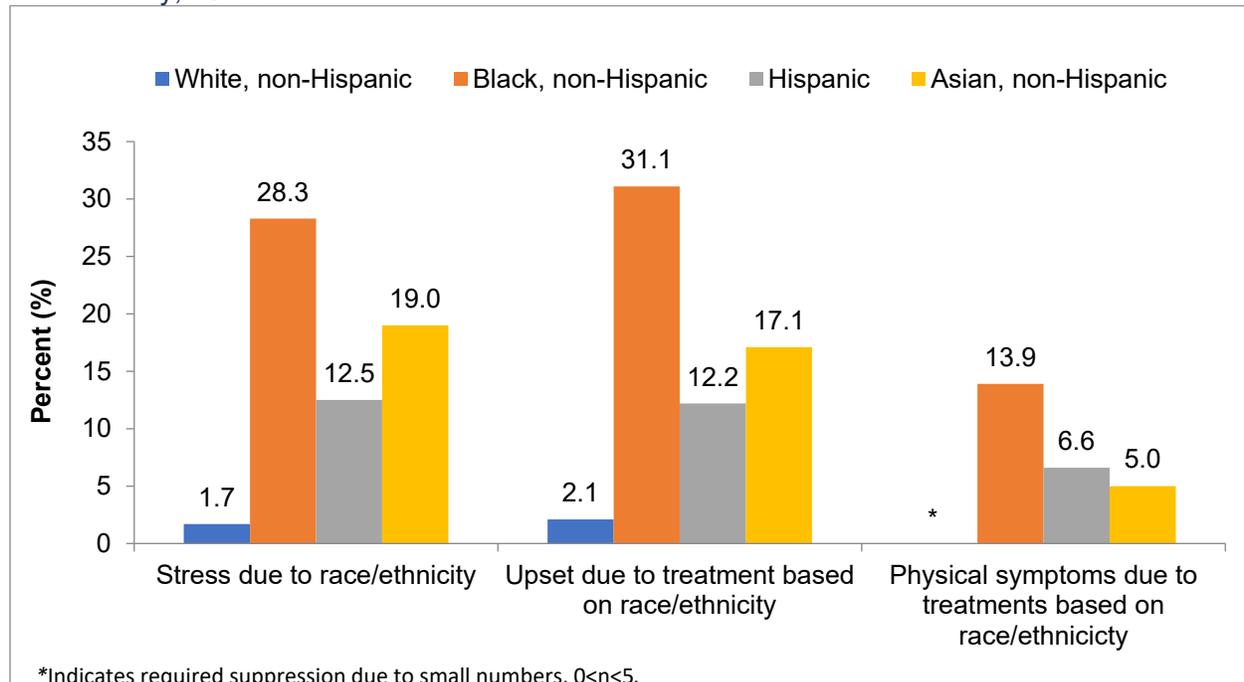
In 2019, MA PRAMS sampled a total of 2,947 birth parents with 1,697 responses. In 2020, a total of 2,492 birth parents were sampled with 1,400 responses and in 2021, a total of 2,501 were sampled with 1,321 responses, resulting in weighted response rates of 61%, 60% and 61% respectively. MA PRAMS has consistently met or exceeded the CDC PRAMS response rate threshold, which was 50% for 2019-2021. For prior PRAMS reports, we have historically combined data over multiple years. However, due to the unprecedented challenges of COVID-19 we have presented this report's data by individual year, with additional data in the [Appendix](#).

Highlights of the data

The Impact of Racism on Stress

Massachusetts was the first state to include racism-related questions in its PRAMS survey. This is a significant advancement as other current state and national data systems lack the ability to highlight the drivers of inequity across populations. MA PRAMS data on experiences of racism were used to inform the [Special Legislative Commission on Racial Inequities in Maternal Health](#), created by a legislative act signed by former Governor Charlie Baker in January 2021. MA PRAMS data allow MDPH to understand how the impact of racism, discrimination, and stigma contribute to the adverse outcomes experienced among Black and Brown people and help MDPH take a data-driven approach to address inequities in health outcomes. **In 2021, Black non-Hispanic respondents were more than 16 times as likely to report feeling stressed and more than 14 times as likely to report feeling upset due to treatment based on their racial or ethnic background compared to White non-Hispanic respondents.** Additional data on racism are available [here](#).

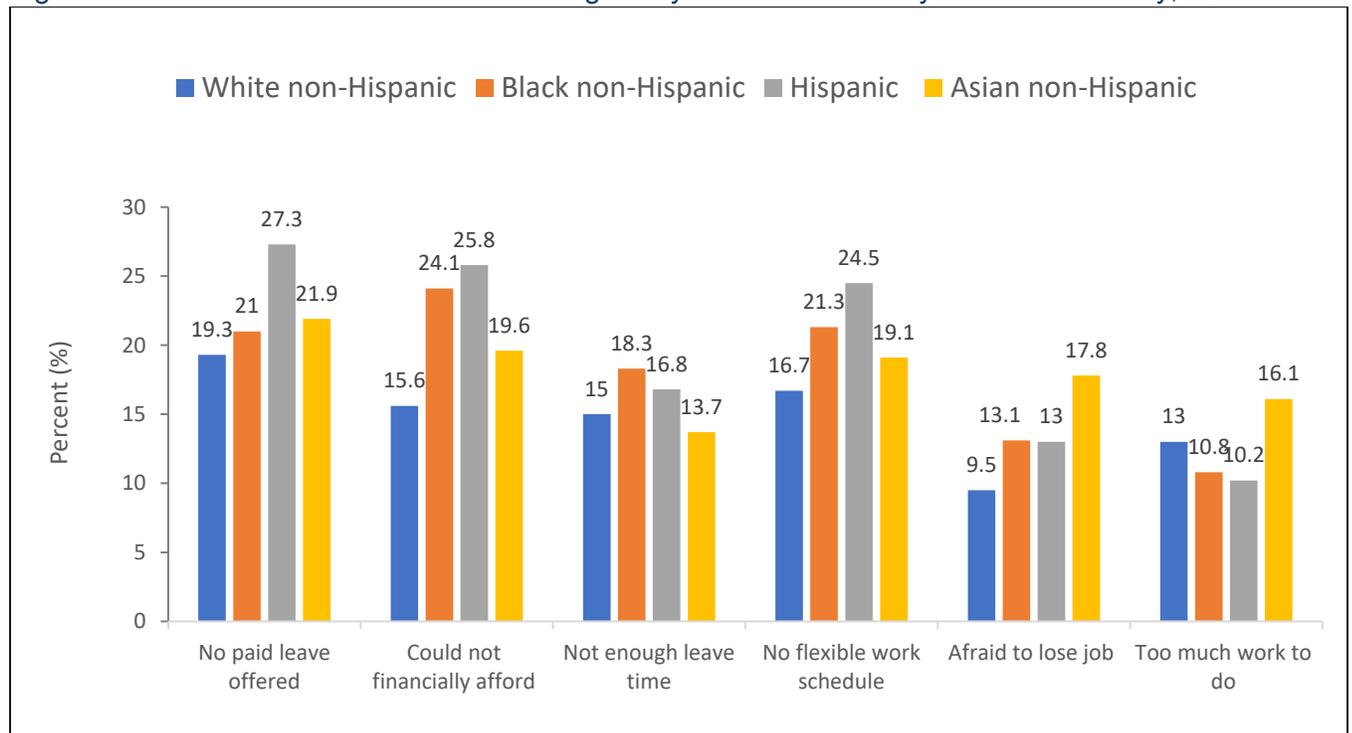
Figure 1. Prevalence of reactions to racism during the twelve months before delivery, by race and ethnicity, 2021.



Factors Affecting Maternity Leave

[MA Paid Family and Medical Leave \(PFML\) legislation](#) was passed in June 2018 and benefits became available in January 2021. MA PRAMS data were used to inform the legislation and will be used to monitor the implementation of the PFML [program](#). **MA PRAMS data from 2021 found that 66.2% of MA respondents who were employed during pregnancy took paid leave only and 8.1% took both paid and unpaid leave, compared with 40-47% and 13-15% respectively in 2019-2020 combined data.** In 2021, prevalence for reasons for not taking paid family leave showed decreasing inequities by race and ethnicity. While there remains variation across race and ethnicity, these differences were not statistically significant. Additional data on family leave are available [here](#).

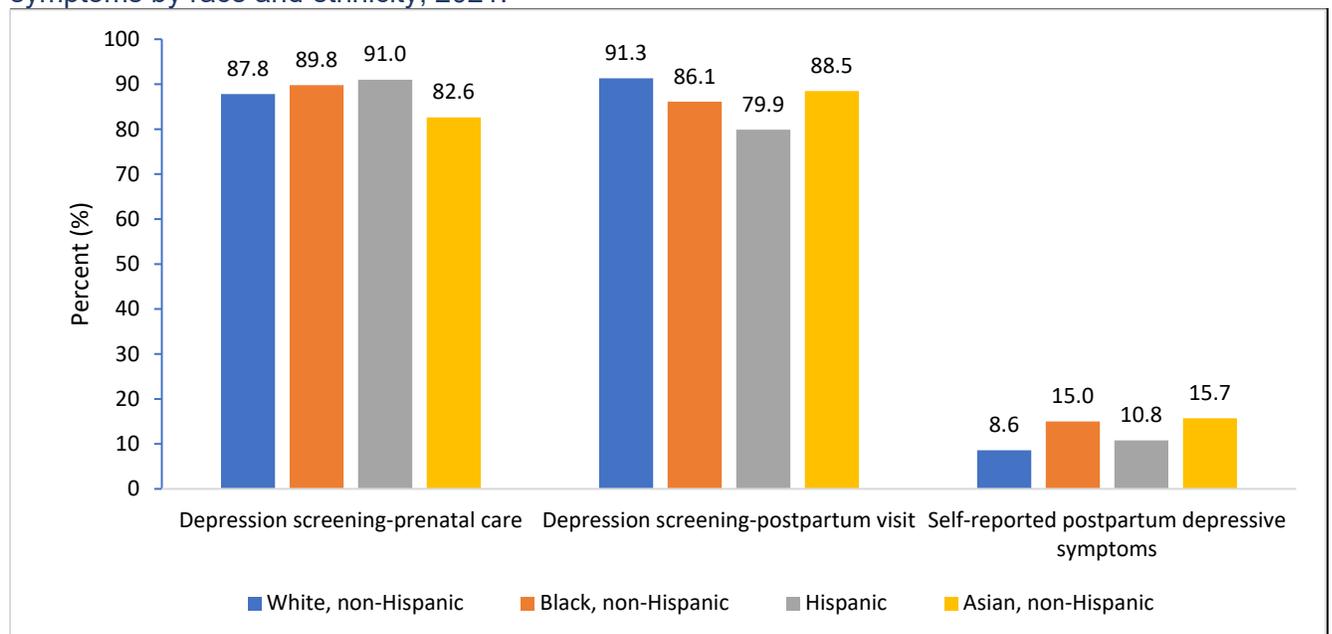
Figure 2. Prevalence of reasons for not taking family leave after birth by race and ethnicity, 2021.



Postpartum Depressive Symptoms and Screenings

PRAMS data are used by a variety of MCH programs, policy makers and initiatives including: [An Act Relative to Postpartum Depression](#) (PPD), Chapter 313 of the Acts of 2010, which helped establish a Special Legislative Commission on PPD and requires health care providers and health plans to report PPD screening. MDPH includes PRAMS data on PPD screening and postpartum depressive symptoms in the annual legislative report, as well as uses these data for program evaluation. PRAMS data on postpartum depressive symptoms are also used to inform the MDPH Title V priority on mental health and emotional well-being and is a National Outcome Measure (NOM-24) for Title V. **Based on 2021 data, a higher prevalence of postpartum depressive symptoms was observed among Black non-Hispanic and Asian non-Hispanic respondents (15.0% and 15.7% respectively) compared to White non-Hispanic respondents (8.6%). Although people of color were more likely to report postpartum depressive symptoms compared to White people, Black and Hispanic people were less likely to receive depression screening during either prenatal care or postpartum visit.** Additional data on postpartum depressive symptoms and screening are available [here](#).

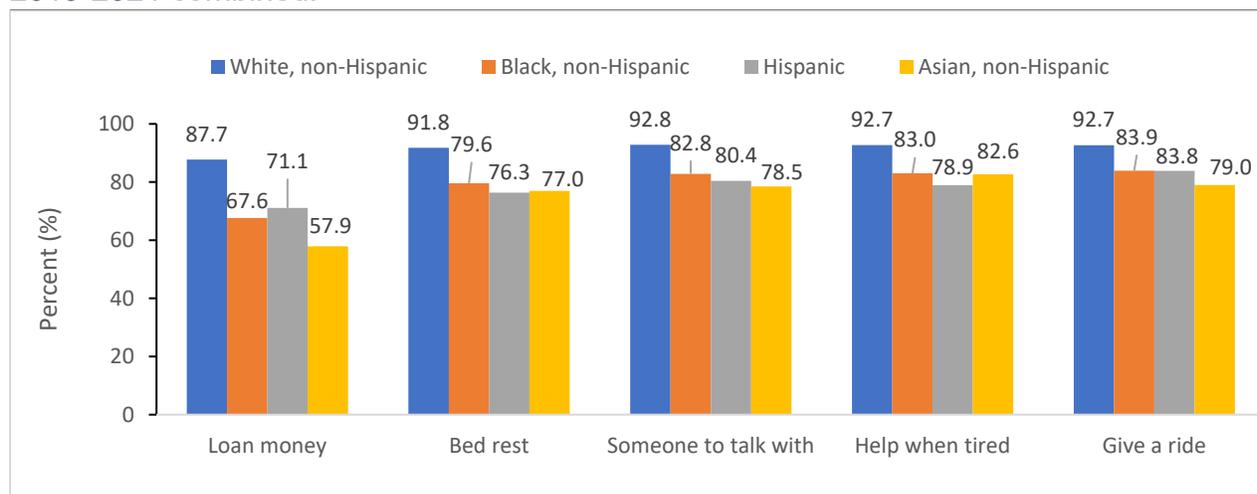
Figure 3. Prevalence of depression screening and self-reported postpartum depressive symptoms by race and ethnicity, 2021.



Social, Emotional, and Financial Support Among Pregnant People

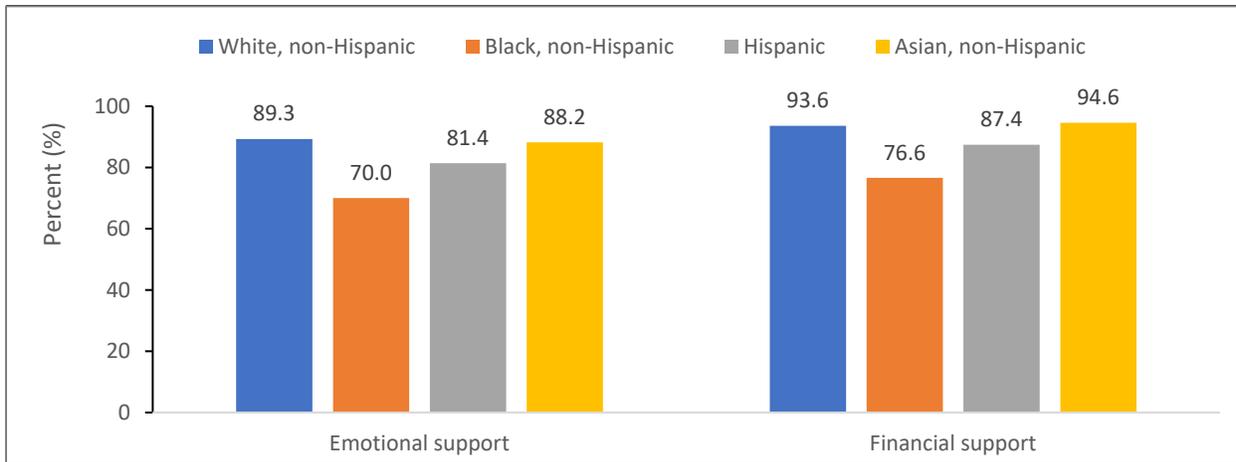
PRAMS data are a unique source for information on social support and partner support among pregnant and postpartum people and are used to monitor the Title V priority “Strengthen the capacity of the health system to promote mental health and emotional well-being.” Across all five measures of social support (i.e., someone to loan new parent \$50, someone to help if sick and in bed, someone to talk with about problems, someone to help if frustrated with new baby, someone to give new parent and baby a ride to doctor’s office), **people of color reported less support compared to White non-Hispanics, with percentages between 57-84% compared to between 87-93% of respondents in 2019-2021, respectively.** Additional data on social and partner support and stressful life events are available [here](#).

Figure 4. Prevalence of different types of social support after delivery, by race and ethnicity, 2019-2021 combined.



Starting in 2017, MA PRAMS began collecting data on a respondent’s emotional support from their partner and financial support from infant’s father. **In 2021, 86% of respondents reported having their partner’s emotional support (up from 81% in 2017), while financial support from their infant’s father increased from nearly 88% in 2017 to 91% in 2021, with prevalence increases seen across race and ethnicity groups.** Additional data on emotional support and father’s financial support are available [here](#).

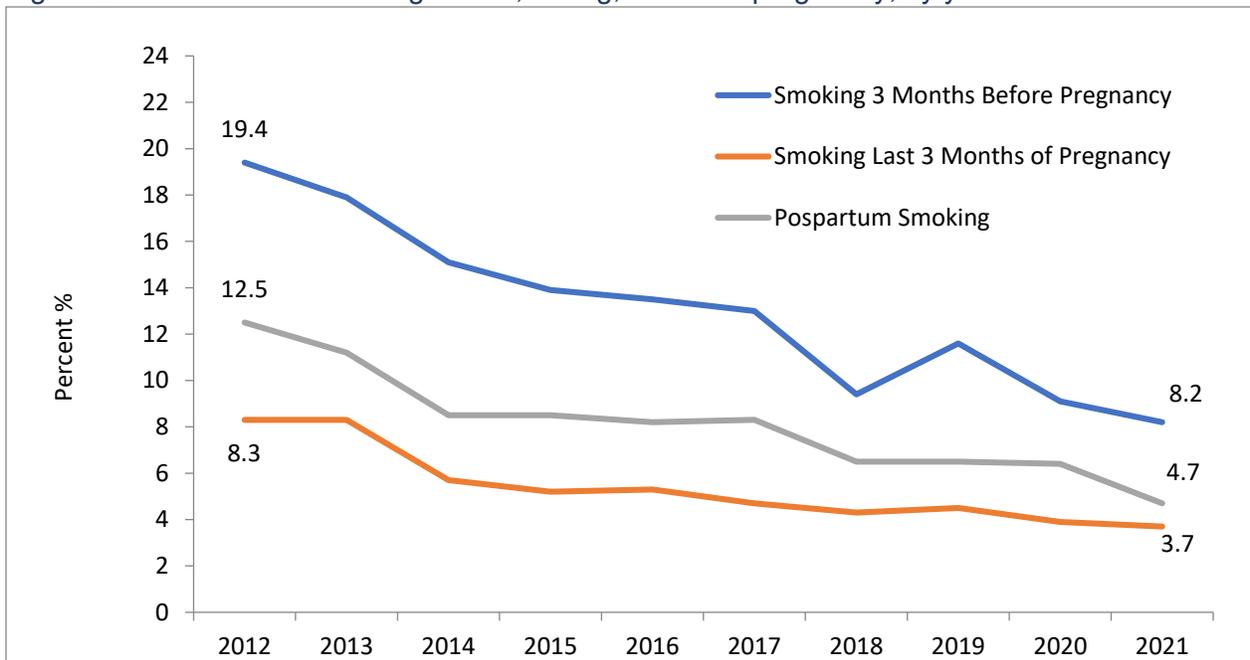
Figure 5. Prevalence of emotional support from respondent’s partner and financial support from infant’s father after delivery, by race and ethnicity, 2021.



Smoking and Other Substance Use During Pregnancy

Massachusetts also relies on PRAMS data to inform its Title V priority “Prevent the use of substances, including alcohol, tobacco, marijuana and opioids, among youth and pregnant people.” MA PRAMS has asked questions on alcohol consumption and smoking since 2007 and added questions on vaping in 2016. **During the last decade, smoking in the last three months of pregnancy has declined from 8.3% in 2012 to 4.5% in 2019 and 3.7% in 2021.** However, e-cigarette use in the last three months of pregnancy has increased from 0.9% in 2019 to 1.6% in 2021. Additional data on smoking, e-cigarette and alcohol use are available [here](#).

Figure 6. Prevalence of smoking before, during, and after pregnancy, by year.



In FY19-20, MA added supplemental survey questions on perinatal substance use, including opioids and marijuana, to PRAMS and conducted a call-back survey of respondents who reported using substances in the perinatal period, providing a unique source of data on

medications during pregnancy. **Marijuana use was reported by 3.8% of respondents while the use of prescription pain relievers was reported by 6.0% of respondents in 2021.** Approximately 60% of respondents who used prescription pain relievers during pregnancy said that the prescriptions came from their obstetrician, midwife, or prenatal care provider, with another 19-20% reported receiving their prescription from the Emergency Department, and 16% received their prescriptions from their primary care physician. Notably, between 10-20% of respondents said they took prescription pain relievers during pregnancy without having received a prescription for them. Additional data on substance use, including prescription pain medication and marijuana use, are available [here](#).

Figure 7. Prevalence of prescription pain relief during pregnancy, 2019-2021.

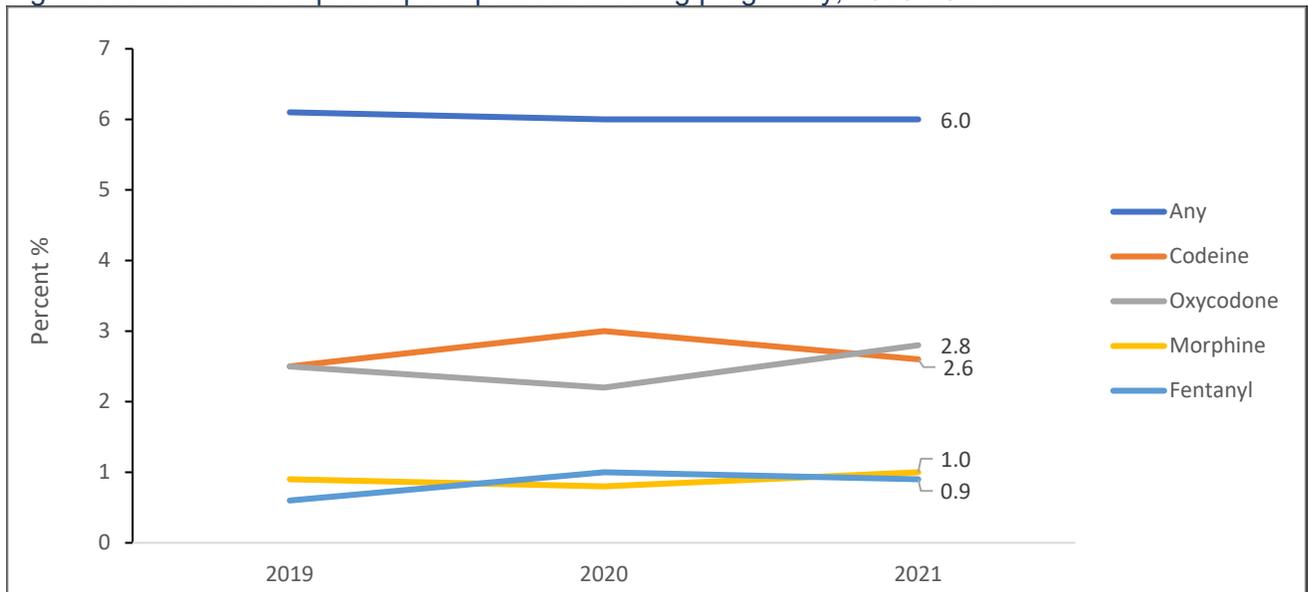
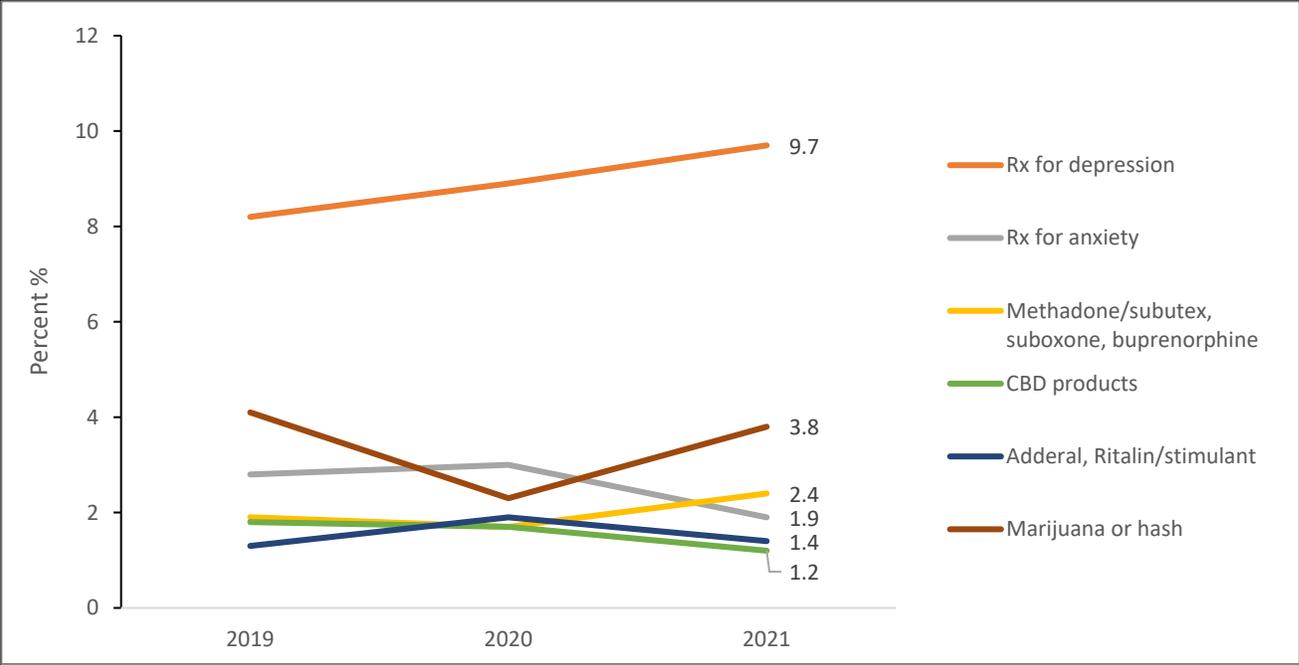


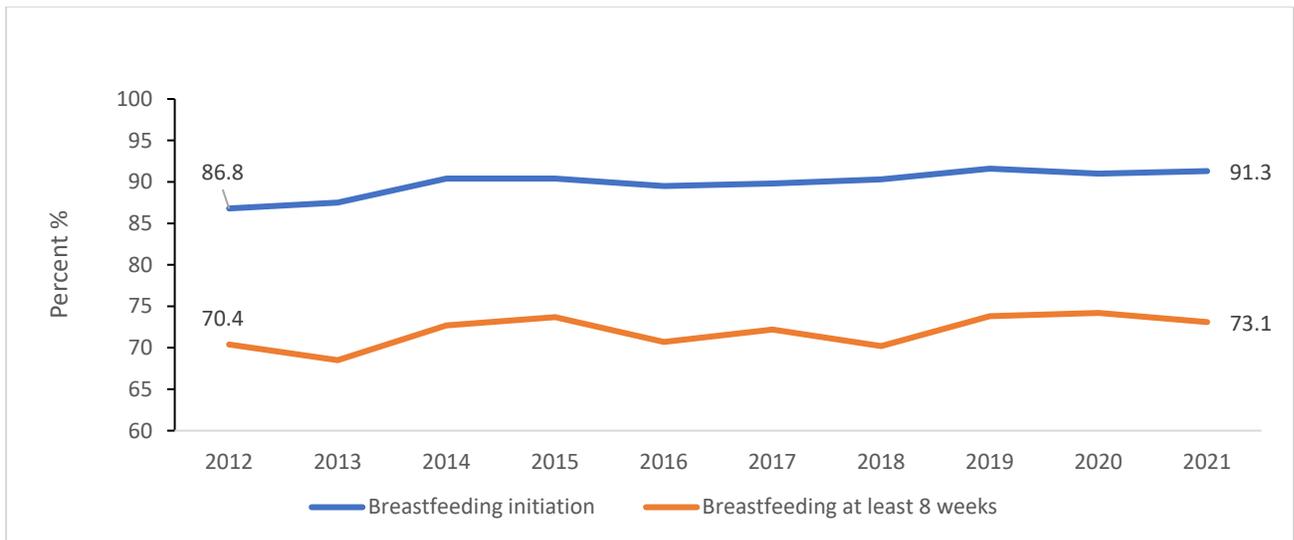
Figure 8. Prevalence of other prescriptions used in pregnancy, 2019-2021.



Breastfeeding

Although the majority of MA respondents initiate breastfeeding, **PRAMS 2021 data show that by eight weeks postpartum, the proportion of new parents reporting any breastfeeding was 66.8% for Hispanics, statistically lower than Asian non-Hispanics (82.7%). White non-Hispanic parents (73.3%) and Black non-Hispanic parents (76.5%) had comparable rates.** Parents with lower socioeconomic status were also less likely to breastfeed at eight weeks; among parents with Medicaid, 63.5% breastfed for eight weeks, compared to 80.7% with private insurance, and among parents at $\leq 100\%$ federal poverty level vs. $>100\%$, rates were 64.1% and 77.6% respectively. Additional data on breastfeeding are available [here](#).

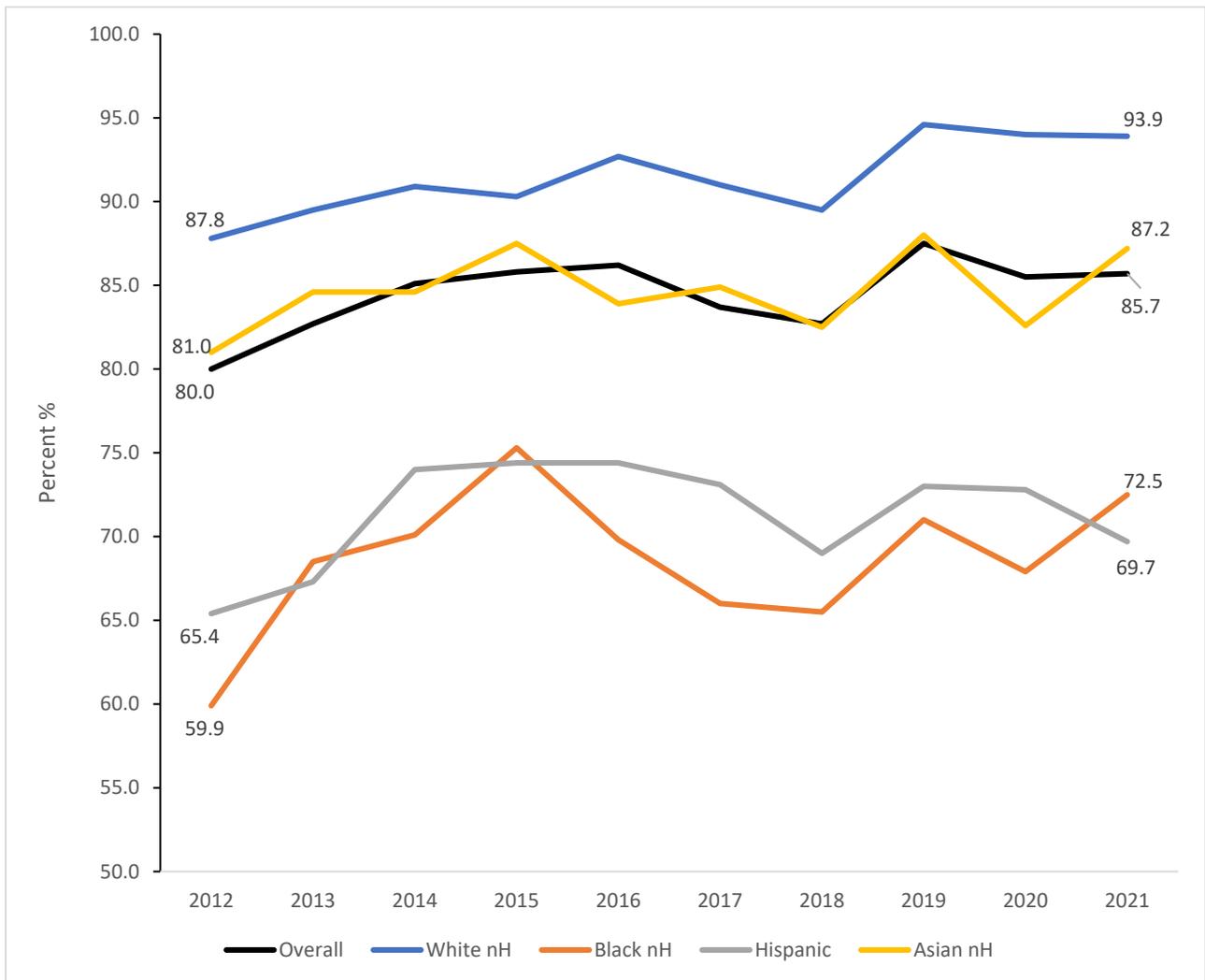
Figure 9. Prevalence of breastfeeding initiation and duration at least eight weeks, 2012-2021.



Infant Safe Sleep

According to data from MA PRAMS, while the prevalence of supine (laid on the back) sleep positioning has increased from 80.0% in 2012 to 85.7% in 2021, disparities continue to persist. For example, in 2021, **fewer non-US-born respondents (76.8%) placed their infant supine to sleep compared with US-born respondents (89.9%). Furthermore, Black non-Hispanic (72.5%) and Hispanic (69.7%) infants had a lower prevalence of supine sleep position than White non-Hispanic infants (93.9%).** Additional data on safe sleep are available [here](#).

Figure 10. Prevalence of infant supine sleep position, 2012-2021.



Oral Health

MA PRAMS data were used to inform the development of the [Massachusetts Oral Health Practice Guidelines for Pregnancy and Early Childhood](#). The aim of the Guidelines was to motivate providers to promote oral health care among pregnant people and young children. While maintaining good oral hygiene is important prior to and during pregnancy and can help prevent or reduce the severity of oral health problems such as gingivitis, gingival hyperplasia, and pyogenic granuloma, change in practice has been challenging. PRAMS data showed a slight decrease in the percentage of receiving cleanings during pregnancy from 2019 to 2020, likely due to reduced access during the COVID-19 pandemic, from 58.8% to 51.1% respectively. Prevalence of teeth cleaning started to increase in 2021, with 52.7% of respondents reporting a cleaning during pregnancy. **Inequities in dental cleaning persist across racial and ethnic groups, with fewer people of color reporting a dental cleaning**; 38.7% of Black non-Hispanic, 42.8% of Hispanic, and 43.7% of Asian non-Hispanic reporting a dental cleaning, compared to White non-Hispanic respondents (58.7%). The most common reason for not visiting a dentist during pregnancy was that the pregnant people did not think it was safe (17.2% in 2021). Additional data on oral health are available [here](#).

Further tables are presented by topic in the [Appendix](#). MA PRAMS data reports for earlier years are available on the MA PRAMS website [here](#) and on the MA Population Health Information Tool website for PRAMS [here](#).

Contents

Acknowledgments	3
Introduction.....	4
Highlights of the data	5
The Impact of Racism on Stress.....	5
Figure 1. Prevalence of reactions to racism during the twelve months before delivery, by race and ethnicity, 2021.....	5
Factors Affecting Maternity Leave	6
Figure 2. Prevalence of reasons for not taking family leave after birth by race and ethnicity, 2021.....	6
Postpartum Depressive Symptoms and Screenings.....	7
Figure 3. Prevalence of depression screening and self-reported postpartum depressive symptoms by race and ethnicity, 2021.....	7
Social, Emotional, and Financial Support Among Pregnant People.....	8
Figure 4. Prevalence of different types of social support after delivery, by race and ethnicity, 2019-2021 combined.....	8
Figure 5. Prevalence of emotional support from respondent's partner and financial support from infant's father after delivery, by race and ethnicity, 2021.....	8
Smoking and Other Substance Use During Pregnancy	9
Figure 6. Prevalence of smoking before, during, and after pregnancy, by year.....	9
Figure 7. Prevalence of prescription pain relief during pregnancy, 2019-2021.....	10
Figure 8. Prevalence of other prescriptions used in pregnancy, 2019-2021.....	10
Breastfeeding	12
Figure 9. Prevalence of breastfeeding initiation and duration at least eight weeks, 2012-2021.....	12
Infant Safe Sleep	13
Figure 10. Prevalence of infant supine sleep position, 2012-2021.....	13
Oral Health	14
PRAMS Appendix.....	19
Table 1. Prevalence of racism by sociodemographic characteristics and race/ethnicity, MA PRAMS, 2019	20
Table 2. Prevalence of racism by sociodemographic characteristics and race/ethnicity, MA PRAMS, 2020	21
Table 3. Prevalence of racism by sociodemographic characteristics and race/ethnicity, MA PRAMS, 2021	22
Table 4. Prevalence of feeling stressed due to racial/ethnic background by sociodemographic characteristics and race/ethnicity, MA PRAMS, 2019	23

Table 5. Prevalence of feeling stressed due to racial/ethnic background by sociodemographic characteristics and race/ethnicity, MA PRAMS, 2020	24
Table 6. Prevalence of feeling stressed due to racial/ethnic background by sociodemographic characteristics and race/ethnicity, MA PRAMS, 2021	25
Table 7. Prevalence of feeling upset due to treatment based on racial/ethnic background by sociodemographic characteristics and race/ethnicity, MA PRAMS, 2019.....	26
Table 8. Prevalence of feeling upset due to treatment based on racial/ethnic background by sociodemographic characteristics and race/ethnicity, MA PRAMS, 2020.....	27
Table 9. Prevalence of feeling upset due to treatment based on racial/ethnic background by sociodemographic characteristics and race/ethnicity, MA PRAMS, 2021.....	28
Table 10. Prevalence of feeling physical symptoms due to treatment based on to racial/ethnic background by sociodemographic characteristics and race/ethnicity, MA PRAMS, 2019	29
Table 11. Prevalence of feeling physical symptoms due to treatment based on racial/ethnic background by sociodemographic characteristics, MA PRAMS, 2020	30
Table 12. Prevalence of feeling physical symptoms due to treatment based on racial/ethnic background by sociodemographic characteristics, MA PRAMS, 2021	31
Figure 11. Prevalence of reactions to racism during the 12 months before delivery, MA PRAMS 2019	32
Figure 12. Prevalence of reactions to racism during the 12 months before delivery, MA PRAMS 2020-2021 combined	32
Figure 13. Prevalence of time spent thinking about race, MA PRAMS 2019.....	33
Figure 14. Prevalence of time spent thinking about race, MA PRAMS 2020-2021.....	33
Table 13. Prevalence of any maternity leave and type of leave, by sociodemographic characteristics, MA PRAMS, 2019	34
Table 14. Prevalence of any maternity leave and type of leave, by sociodemographic characteristics, MA PRAMS, 2020	35
Table 15. Prevalence of any maternity leave and type of leave, by sociodemographic characteristics, MA PRAMS, 2021	36
Table 16. Prevalence of reasons for no leave by race/ethnicity, MA PRAMS, 2019.....	37
Table 17. Prevalence of reasons for no leave by race/ethnicity, MA PRAMS, 2020.....	37
Table 18. Prevalence of reasons for no leave by race/ethnicity, MA PRAMS, 2021.....	37
Table 19. Prevalence of depression screening and self-reported postpartum depressive symptoms by sociodemographic characteristics, MA PRAMS, 2019.....	38
Table 20. Prevalence of depression screening and self-reported postpartum depressive symptoms by sociodemographic characteristics, MA PRAMS, 2020.....	39
Table 21. Prevalence of depression screening and self-reported postpartum depressive symptoms by sociodemographic characteristics, MA PRAMS, 2021	40
Table 22. Prevalence of different types of social support after delivery by sociodemographic characteristics, MA PRAMS, 2019	41

Table 23. Prevalence of different types of social support after delivery by sociodemographic characteristics, MA PRAMS, 2020	42
Table 24. Prevalence of different types of social support after delivery by sociodemographic characteristics, MA PRAMS, 2021	43
Table 25. Prevalence of emotional support from respondent’s partner and financial support from infant’s father after delivery by sociodemographic characteristics, MA PRAMS, 2019–2021	44
Table 26. Prevalence of categories of stressors in the 12 months before delivery, by sociodemographic characteristics, MA PRAMS, 2019	45
Table 27. Prevalence of categories of stressors in the 12 months before delivery, by sociodemographic characteristics, MA PRAMS, 2020	46
Table 28. Prevalence of categories of stressors in the 12 months before delivery, by sociodemographic characteristics, MA PRAMS, 2021	47
Figure 15. Prevalence of individual stressful life events during the 12 months before delivery, MA PRAMS, 2019-2021	48
.....	48
Table 29. Prevalence of stressors in the 12 months before delivery, by race/ethnicity, MA PRAMS, 2019	49
Table 30. Prevalence of stressors in the 12 months before delivery, by race/ethnicity, MA PRAMS, 2020	50
Table 31. Prevalence of stressors in the 12 months before delivery, by race/ethnicity, MA PRAMS, 2021	51
Table 32. Prevalence of smoking prior to pregnancy, during pregnancy, and postpartum by sociodemographic characteristics, MA PRAMS, 2019	52
Table 33. Prevalence of smoking prior to pregnancy, during pregnancy, and postpartum by sociodemographic characteristics, MA PRAMS, 2020	53
Table 34. Prevalence of smoking prior to pregnancy, during pregnancy, and postpartum by sociodemographic characteristics, MA PRAMS, 2021	54
Table 35. Prevalence of smoking prior to pregnancy by sociodemographic characteristics, MA PRAMS, 2019-2021	55
Table 36. Prevalence of smoking during pregnancy by sociodemographic characteristics, MA PRAMS, 2019-2021	56
Table 37. Prevalence of smoking postpartum by sociodemographic characteristics, MA PRAMS, 2019-2021	57
Table 38. Prevalence of smoking relapse by sociodemographic characteristics, MA PRAMS, 2019-2021	58
Table 39. Prevalence of e-smoking prior to pregnancy and during pregnancy, by sociodemographic characteristics, MA PRAMS, 2019	59
Table 40. Prevalence of e-smoking prior to pregnancy and during pregnancy, by sociodemographic characteristics, MA PRAMS, 2020	60
Table 41. Prevalence of e-smoking prior to pregnancy and during pregnancy, by sociodemographic characteristics, MA PRAMS, 2021	61

Table 42. Prevalence of e-smoking two years prior to pregnancy, by sociodemographic characteristics, MA PRAMS, 2019-2021	62
Table 43. Prevalence of e-smoking three months prior to pregnancy, by sociodemographic characteristics, MA PRAMS, 2019-2021	63
Table 44. Prevalence of e-smoking during last three months of pregnancy, by sociodemographic characteristics, MA PRAMS, 2019-2021	64
Table 45. Prevalence of drinking alcohol in the three months prior to pregnancy by sociodemographic characteristics, MA PRAMS, 2019-2021	65
Table 46. Prescription Pain Medication Use and Other Substance Use During Pregnancy	66
Table 47. Prevalence of breastfeeding initiation and duration of at least 8 weeks by sociodemographic characteristics, MA PRAMS, 2019-2021	68
Figure 16. Hospital Breastfeeding Practices, MA PRAMS 2019-2021	69
Table 48. Prevalence of infant safe sleep behaviors by sociodemographic characteristics, MA PRAMS, 2019.....	70
Table 49. Prevalence of infant safe sleep behaviors by sociodemographic characteristics, MA PRAMS, 2020.....	71
Table 50. Prevalence of infant safe sleep behaviors by sociodemographic characteristics, MA PRAMS, 2021.....	72
Table 51. Prevalence of reporting oral health care and knowledge by type and sociodemographic characteristics, MA PRAMS, 2019	73
Table 52. Prevalence of reporting oral health care and knowledge by type and sociodemographic characteristics, MA PRAMS, 2020	74
Table 53. Prevalence of reporting oral health care and knowledge by type and sociodemographic characteristics, MA PRAMS, 2021	75
Table 54. Prevalence of reasons for not going to the dentist during pregnancy, MA PRAMS, 2019-2021 .	76
Table 55. Prevalence of enrollment in WIC during pregnancy by sociodemographic characteristics, MA PRAMS, 2019-2021	77
Table 56. Prevalence of unintended pregnancy and of being unsure about becoming pregnant by sociodemographic characteristics, MA PRAMS, 2019-2021	78
Table 57. Prevalence of receiving influenza vaccination before or during pregnancy and Tdap vaccination during pregnancy by sociodemographic characteristics, MA PRAMS, 2019-2021.....	79
Table 58. Prevalence of being offered an HIV test and receiving an HIV test during pregnancy, by sociodemographic characteristics, MA PRAMS, 2019-2021	80
Table 59. Prevalence of reasons why respondents did not have an HIV test during their most recent pregnancy or delivery, MA PRAMS, 2019-2021.....	81
Table 60. Prevalence of cesarean and vaginal delivery by sociodemographic characteristics, MA PRAMS, 2019-2021	82
Table 61. Prevalence of postpartum visit by sociodemographic characteristics, MA PRAMS, 2019-2021 .	83

Table 62. Prevalence of types of postpartum contraception by sociodemographic characteristics, MA PRAMS, 2019	84
Table 63. Prevalence of types of postpartum contraception by sociodemographic characteristics, MA PRAMS, 2020	85
Table 64. Prevalence of types of postpartum contraception by sociodemographic characteristics, MA PRAMS, 2021	86
Table 65. Sample Size, Response Rates, and Total Births, MA PRAMS, 2007–2021	87
Table 66. Overall characteristics by year for respondents ¹ , MA PRAMS 2019-2021	88
Table 67. Details of Sample Characteristics, MA PRAMS 2019.....	89
Table 68. Details of Sample Characteristics, MA PRAMS 2020.....	90
Table 69. Details of Sample Characteristics, MA PRAMS 2021.....	91
Massachusetts Title V Performance Measures for Selected Title V Priorities, Healthy People 2030 Objectives, and MA PRAMS 2019-2021	92
PRAMS Sampling Methodology.....	95
Limitations	96
PRAMS Advisory Committee Members	97

PRAMS Appendix

[PRAMS](#) is a collaborative surveillance project of the Centers for Disease Control and Prevention (CDC) and state health departments. PRAMS collects state-specific, population-based data on respondents’ attitudes and experiences before, during, and shortly after pregnancy. MA PRAMS oversamples by race and Hispanic ethnicity to ensure adequate representation of racial and ethnic minority birth parents, and birth parents are sampled for participation between two and six months postpartum.

All percentages in this report are weighted (see [PRAMS Methodology](#)) to represent the Massachusetts birthing population. In the Appendix of the report, additional tables are presented detailing percentage responses to PRAMS questions and their 95% confidence intervals.

This is the eighth PRAMS report for Massachusetts since MA PRAMS began in 2007.

Table 1. Prevalence of racism by sociodemographic characteristics and race/ethnicity, MA PRAMS, 2019

Characteristic	White non-Hispanic		Black non-Hispanic		Hispanic		Asian non-Hispanic	
	n ¹	Percentage (95% CI)						
Total	1,117	2.8 (1.6-4.9)	1,826	28.7 (23.9-34.1)	2,236	17.7 (14.2-21.8)	885	15.6 (12.0-20.0)
Age (years)								
<20	Insufficient data ²		Insufficient data ²		240	36.0 (17.5-60.0)	0	. (-.)
20-29	470	4.6 (2.1-10)	698	29.2 (21.7-38.1)	1,199	18.0 (13.2-24.0)	119	8.9 (4.1-18.3)
30-39	553	2.0 (0.9-4.7)	914	29.0 (22.8-36.1)	722	14.7 (10.1-20.9)	765	18.9 (14.4-24.5)
40+	0	0 (-.)	105	18.5 (9.2-33.9)	Insufficient data ²		0	0 (-.)
Education								
<High school	Insufficient data ²		246	36.8 (16.8-62.7)	597	20.3 (13.0-30.2)	Insufficient data ²	
High school diploma	Insufficient data ²		254	19.5 (11.4-31.2)	406	11.5 (6.8-19.0)	Insufficient data ²	
Some college	Insufficient data ²		638	26.1 (19.5-33.9)	930	23.6 (16.8-32.0)	Insufficient data ²	
College graduate	511	2.0 (0.9-4.6)	643	37.4 (28.9-46.6)	277	13.2 (7.3-22.8)	766	18.6 (14.2-23.9)
Insurance type								
Private	456	1.5 (0.7-3.4)	660	31.1 (23.6-39.7)	470	16.9 (10.7-25.5)	689	17.5 (13.2-22.9)
Medicaid/MassHealth	394	4.8 (1.8-12.1)	1,027	26.7 (20.3-34.2)	1,427	16.3 (12.3-21.4)	136	10.6 (4.9-21.4)
All other	Insufficient data ²		114	46.7 (23.8-71.1)	Insufficient data ²		Insufficient data ²	
Household poverty level								
≤100% FPL	505	12.3 (5.2-26.3)	505	25.2 (17.8-34.4)	1,157	20.6 (15.1-27.4)	102	14.4 (6.1-30.3)
>100% FPL	612	1.7 (0.8-3.6)	1,170	30.6 (24.7-37.2)	783	13.6 (9.4-19.3)	748	15.9 (12.1-20.8)
Nativity								
Non-US-born	511	15.4 (6.6-31.9)	790	21.5 (16.3-27.7)	1,194	17.9 (13.2-23.7)	626	14.0 (10.2-18.9)
US-born	606	1.7 (0.8-3.4)	1,036	38.7 (30.1-48.0)	1,017	17.1 (12.3-23.4)	258	21.2 (13.3-32.2)
Marital status								
Unmarried	437	4.8 (2.0-11.3)	982	30.4 (23.0-38.9)	1,470	20.0 (15.1-26.0)	Insufficient data ²	
Married	680	2.2 (1.1-4.6)	844	27.0 (21.1-33.8)	765	14.5 (10.2-20.2)	825	16.2 (12.4-20.8)
WIC participation								
No	650	2.0 (1.0-3.9)	942	35.5 (28.1-43.7)	727	16.8 (11.5-24.0)	724	16.6 (12.6-21.6)
Yes	467	7.3 (2.9-17.1)	884	24.3 (18.0-32.0)	1,509	18.2 (13.8-23.5)	126	9.8 (4.2-21.1)
Disability status								
No	786	2.2 (1.1-4.1)	1,537	27.5 (22.4-33.4)	1,525	14.4 (11.0-18.6)	798	15.3 (11.6-19.9)
Yes	Insufficient data ²		289	37.3 (24.6-52.0)	710	35.3 (24.4-47.9)	86	18.9 (8.2-37.8)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5)

Table 2. Prevalence of racism by sociodemographic characteristics and race/ethnicity, MA PRAMS, 2020

Characteristic	White non-Hispanic		Black non-Hispanic		Hispanic		Asian non-Hispanic	
	n ¹	Percentage (95% CI)						
Total	1,009	2.8 (1.4-5.5)	2,287	37.4 (31.9-43.3)	2,157	16.7 (13.1-21.1)	1,080	18.2 (14.2-22.9)
Age (years)								
<20	0	0 (-.)	Insufficient data ²		Insufficient data ²		0	0 (-.)
20-29	Insufficient data ²		864	39.2 (29.8-49.5)	1,080	16.4 (11.4-23.1)	229	15.5 (8.6-26.4)
30-39	758	3.2 (1.4-7.2)	1,093	34.7 (28.4-41.6)	844	17.0 (11.7-24)	780	18.4 (13.9-24)
40+	Insufficient data ²		276	40.9 (20.9-64.6)	Insufficient data ²		Insufficient data ²	
Education								
<High school	0	0 (-.)	192	37.8 (21.6-57.3)	272	9.4 (4.1-19.8)	0	0 (-.)
High school diploma	Insufficient data ²		326	25.6 (16.5-37.4)	403	11.0 (6.0-19.3)	Insufficient data ²	
Some college	Insufficient data ²		652	32.9 (24.5-42.5)	838	24.7 (17.4-33.8)	Insufficient data ²	
College graduate	777	3.1 (1.5-6.5)	1,001	45.9 (36.6-55.5)	644	25.6 (16.4-37.6)	871	19.1 (14.7-24.4)
Insurance type								
Private	490	1.8 (0.8-3.9)	845	47.6 (38.4-56.9)	640	23.1 (15.4-33.1)	900	20.9 (16.1-26.7)
Medicaid/MassHealth	Insufficient data ²		1,325	34.8 (27.4-42.9)	1,426	15.2 (11.1-20.4)	181	14.9 (7.5-27.4)
All other	0	0 (-.)	Insufficient data ²		0	0 (-.)	0	0 (-.)
Household poverty level								
≤100% FPL	Insufficient data ²		758	39.1 (30.1-49.0)	935	18.8 (12.7-26.9)	155	17.1 (7.7-33.6)
>100% FPL	811	2.6 (1.2-5.2)	1,418	40.3 (33.0-48.1)	1,064	17.4 (12.5-23.7)	926	18.7 (14.5-23.9)
Nativity								
Non-US-born	Insufficient data ²		1,060	26.7 (21.2-33.1)	936	11.9 (8.0-17.4)	794	16.4 (12.2-21.7)
US-born	672	2.1 (0.9-4.7)	1,227	57.2 (47.1-66.7)	1,221	24.0 (17.6-31.9)	286	25.8 (16.3-38.1)
Marital status								
Unmarried	Insufficient data ²		1,197	41.7 (32.9-51.0)	1,357	19.2 (14.1-25.6)	Insufficient data ²	
Married	853	3.0 (1.4-6.5)	1,090	33.7 (27.2-40.8)	800	13.6 (9.0-20.1)	1,009	18.5 (14.4-23.5)
WIC participation								
No	789	2.6 (1.2-5.4)	905	39.3 (31.6-47.6)	1,005	22.9 (16.1-31.5)	1,009	20.3 (15.8-25.7)
Yes	Insufficient data ²		1,367	36.7 (29.2-45.0)	1,151	13.6 (9.6-18.7)	Insufficient data ²	
Disability status								
No	887	2.7 (1.3-5.7)	1,776	34.5 (28.5-41.0)	1,335	12.2 (9.0-16.3)	1,010	18.3 (14.2-23.3)
Yes	Insufficient data ²		484	53.0 (39.3- 66.2)	791	41.8 (28.0- 57.0)	Insufficient data ²	

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5)

Table 3. Prevalence of racism by sociodemographic characteristics and race/ethnicity, MA PRAMS, 2021

Characteristic	White non-Hispanic		Black non-Hispanic		Hispanic		Asian non-Hispanic	
	n ¹	Percentage (95% CI)						
Total	1,361	3.5 (2.1-5.7)	2,266	36.6 (30.9-42.8)	2,304	17.4 (13.7-21.7)	1,454	28.9 (23.6-35.0)
Age (years)								
<20	0	0 (-.)	Insufficient data ²		Insufficient data ²		0	0 (-.)
20-29	Insufficient data ²		745	32.8 (24.0-43.0)	874	13.1 (8.7-19.2)	196	19.3 (9.8-34.4)
30-39	1,007	3.4 (1.8-6.1)	1,174	36.8 (29.9-44.3)	1,252	22.6 (16.8-29.8)	1,221	32.7 (26.3-39.8)
40+	Insufficient data ²		251	53.6 (26.2-78.9)	Insufficient data ²		Insufficient data ²	
Education								
<High school	0	0 (-.)	Insufficient data ²		307	10.9 (6.0-18.9)	Insufficient data ²	
High school diploma	Insufficient data ²		347	22.8 (13.2-36.5)	545	15.1 (9.1-24.1)	Insufficient data ²	
Some college	Insufficient data ²		729	36.3 (28.0-45.5)	609	17.2 (10.6-26.9)	Insufficient data ²	
College graduate	964	3.5 (1.9-6.1)	987	48 (37.9-58.3)	814	27.3 (18.8-38.0)	1,276	32.1 (26.1-38.8)
Insurance type								
Private	663	2.3 (1.2-4.5)	1,006	47.2 (38.4-56.1)	804	23.7 (16.0-33.7)	1,150	30.9 (24.8-37.9)
Medicaid	598	7.2 (3.1-15.8)	1,178	32.4 (24.6-41.3)	1,256	14.0 (10.2-19.1)	232	24.5 (13.0-41.4)
Other	0	0 (-.)	0	0 (-.)	Insufficient data ²		Insufficient data ²	
Household poverty level								
≤100% FPL	236	6.6 (1.9-20.1)	757	32.3 (23.4-42.7)	863	17.9 (12.1-25.7)	142	28.6 (12.2-53.5)
>100% FPL	1,025	2.9 (1.6-5.3)	1,462	40.5 (33.0-48.4)	1,381	19.6 (14.5-25.9)	1,257	29.2 (23.5-35.6)
Nativity								
Non-US-born	716	15.9 (7.6-30.3)	1,035	28.8 (21.7-37.1)	1,362	16.8 (12.4-22.2)	914	23.9 (18.2-30.8)
US-born	645	1.8 (0.9-3.7)	1,231	47.6 (38.4-56.9)	942	18.3 (12.5-25.9)	539	44.8 (32.9-57.4)
Marital status								
Unmarried	Insufficient data ²		1,147	35.8 (28.0-44.5)	1,021	14.8 (10.4-20.6)	143	25.9 (12.4-46.3)
Married	1,182	4.0 (2.3-6.7)	1,119	37.5 (29.4-46.4)	1,284	20.2 (14.7-26.9)	1,310	29.3 (23.7-35.7)
WIC participation								
No	864	2.6 (1.4-4.7)	1,146	40.8 (32.1-50.2)	1,345	26.5 (19.8-34.6)	1,275	31.0 (25.1-37.6)
Yes	497	8.2 (3.2-19.4)	1,105	32.8 (25.6-41.0)	960	11.8 (8.1-16.9)	160	18.7 (8.5-36.5)
Disability status								
No	864	2.4 (1.3-4.4)	1,725	34.7 (28.4-41.6)	1,457	13.1 (9.7-17.4)	1,310	29.3 (23.6-35.8)
Yes	Insufficient data ²		525	44.6 (31.2-58.8)	810	40.0 (27.5-54.0)	143	25.8 (12.6-45.6)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5).

Table 4. Prevalence of feeling stressed due to racial/ethnic background by sociodemographic characteristics and race/ethnicity, MA PRAMS, 2019

Characteristic	White non-Hispanic		Black non-Hispanic		Hispanic		Asian non-Hispanic	
	n ¹	Percentage (95% CI)						
Total	710	1.8 (0.9-3.7)	1,125	17.6 (13.6-22.6)	1,014	8.0 (5.7-11.2)	695	12.2 (9.1-16.3)
Age (years)								
<20	0	0 (-.)	Insufficient data ²		Insufficient data ²		0	. (-.)
20-29	Insufficient data ²		431	18.1 (12.4-25.7)	626	9.4 (6.0-14.4)	119	8.9 (4.1-18.3)
30-39	459	1.7 (0.7-4.3)	511	16.1 (11.4-22.3)	286	5.9 (3.2-10.6)	576	14.2 (10.3-19.3)
40+	0	0 (-.)	89	15.7 (7.3-30.6)	Insufficient data ²		0	0 (-.)
Education								
<High school	Insufficient data ²		Insufficient data ²		192	6.5 (3.0-13.8)	Insufficient data ²	
High school diploma	Insufficient data ²		133	10.2 (4.7-21.0)	170	4.9 (2.0-11.3)	Insufficient data ²	
Some college	Insufficient data ²		397	16.2 (11.1-23.2)	425	10.8 (6.2-18.0)	Insufficient data ²	
College graduate	417	1.6 (0.6-4.1)	441	25.4 (18.2-34.2)	228	10.8 (5.5-20.1)	577	13.9 (10.2-18.8)
Insurance type								
Private	337	1.1 (0.4-2.9)	454	21.4 (15.2-29.2)	228	8.1 (4.1-15.3)	517	13.2 (9.5-18.1)
Medicaid	Insufficient data ²		601	15.6 (10.3-23.0)	701	8.0 (5.3-12.1)	118	9.0 (3.9-19.7)
Other	Insufficient data ²							
Household poverty level								
≤100% FPL	Insufficient data ²		279	13.9 (8.4-22.3)	531	9.5 (5.8-14.9)	Insufficient data ²	
>100% FPL	455	1.3 (0.5-3.1)	695	18.1 (13.6-23.6)	414	7.2 (4.2-12.1)	610	13.1 (9.5-17.6)
Nativity								
Non-US-born	Insufficient data ²		463	12.5 (8.6-17.9)	479	7.2 (4.4-11.6)	471	10.5 (7.3-15.1)
US-born	387	1.1 (0.4-2.7)	662	24.7 (17.4-33.9)	511	8.6 (5.2-13.8)	224	18.4 (11.1-29.0)
Marital status								
Unmarried	Insufficient data ²		586	18.1 (12.0-26.4)	653	8.9 (5.6-13.6)	Insufficient data ²	
Married	443	1.5 (0.6-3.5)	539	17.2 (12.4-23.3)	362	6.9 (4.1-11.5)	670	13.1 (9.7-17.5)
WIC participation								
No	455	1.4 (0.6-3.3)	584	21.9 (16.1-29.0)	316	7.3 (4.0-13.2)	569	13.1 (9.5-17.8)
Yes	Insufficient data ²		541	14.9 (9.6-22.4)	698	8.4 (5.5-12.6)	126	9.6 (4.1-20.7)
Disability status								
No	592	1.6 (0.8-3.5)	1,014	18.1 (13.7-23.6)	634	6.0 (3.9-9.1)	661	12.6 (9.3-17.0)
Yes	Insufficient data ²		111	14.3 (7.3-26.2)	380	19.2 (11.0-31.4)	Insufficient data ²	

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5).

Table 5. Prevalence of feeling stressed due to racial/ethnic background by sociodemographic characteristics and race/ethnicity, MA PRAMS, 2020

Characteristic	White non-Hispanic		Black non-Hispanic		Hispanic		Asian non-Hispanic	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	774	2.1 (0.9-4.8)	1,746	28.4 (23.2-34.2)	1,050	8.1 (5.7-11.3)	857	14.4 (10.9-18.8)
Age (years)								
<20	0	0 (-.)		Insufficient data ²		Insufficient data ²	0	0 (-.)
20-29		Insufficient data ²	713	32.2 (23.5-42.3)	412	6.2 (3.6-10.7)	207	14 (7.5-24.7)
30-39	657	2.7 (1.1-6.8)	786	24.7 (19.3-31.0)	496	9.9 (6.1-15.8)	628	14.8 (10.8-20.0)
40+		Insufficient data ²	219	32.5 (13.4-60.1)		Insufficient data ²		Insufficient data ²
Education								
<High school	0	0 (-.)		Insufficient data ²		Insufficient data ²	0	0 (-.)
High school diploma	0	0 (-.)	210	16.3 (9.0-27.7)	214	5.8 (2.7-11.8)		Insufficient data ²
Some college		Insufficient data ²	511	25.6 (18.1-34.9)	436	12.9 (7.6-20.8)		Insufficient data ²
College graduate	576	2.3 (0.9-5.5)	853	39.1 (30.4-48.5)	318	12.6 (6.9-21.9)	714	15.6 (11.6-20.7)
Insurance type								
Private	255	0.9 (0.3-2.8)	670	37.7 (29.1-47.1)	420	15.2 (9.0-24.4)	764	17.8 (13.3-23.3)
Medicaid		Insufficient data ²	990	25.7 (18.9-33.7)	599	6.3 (4.0-9.9)		Insufficient data ²
Other	0	0 (-.)		Insufficient data ²	0	0 (-.)	0	0 (-.)
Household poverty level								
≤100% FPL		Insufficient data ²	506	25.7 (18.0-35.3)	388	7.7 (4.4-13.2)		Insufficient data ²
>100% FPL	576	1.8 (0.7-4.4)	1,171	33.2 (26.1-41.1)	662	10.8 (7.0-16.3)	785	15.9 (11.9-20.9)
Nativity								
Non-US-born		Insufficient data ²	707	17.7 (13.2-23.3)	450	5.7 (3.3-9.5)	657	13.6 (9.8-18.5)
US-born	437	1.4 (0.5-4.0)	1,039	48.1 (37.9-58.4)	600	11.8 (7.5-18.0)	200	18 (10.2-29.6)
Marital status								
Unmarried		Insufficient data ²	970	33.4 (25.0-43.0)	608	8.6 (5.4-13.4)		Insufficient data ²
Married	652	2.3 (0.9-5.8)	776	23.9 (18.4-30.4)	442	7.5 (4.5-12.2)	801	14.7 (11.0-19.3)
WIC participation								
No	554	1.8 (0.7-4.6)	714	31.0 (24.0-39.1)	625	14.1 (9.1-21.2)	857	17.2 (13.1-22.4)
Yes		Insufficient data ²	1,017	27.0 (20.1-35.3)	425	5.0 (2.9-8.4)	0	0 (-.)
Disability status								
No	652	2.0 (0.8-5.0)	1,014	18.1 (13.7-23.6)	586	5.3 (3.4-8.2)	786	14.3 (10.6-18.9)
Yes		Insufficient data ²	111	14.3 (7.3-26.2)	434	22.9 (13.2-36.8)		Insufficient data ²

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5).

Table 6. Prevalence of feeling stressed due to racial/ethnic background by sociodemographic characteristics and race/ethnicity, MA PRAMS, 2021

Characteristic	White non-Hispanic		Black non-Hispanic		Hispanic		Asian non-Hispanic	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	688	1.7 (0.8-3.6)	1,767	28.3 (23.0-34.4)	1,660	12.5 (9.4-16.5)	952	19.0 (14.6-24.4)
Age (years)								
<20	0	0 (-.)		Insufficient data ²		Insufficient data ²	0	0 (-.)
20-29		Insufficient data ²	614	27.0 (18.9-37.0)	585	8.8 (5.2-14.5)	125	12.2 (5.1-26.7)
30-39	587	2.0 (0.9-4.4)	873	26.9 (20.9-33.9)	963	17.4 (12.2-24.1)	791	21.3 (16.1-27.6)
40+	0	0 (-.)	184	39.3 (13.4-72.9)		Insufficient data ²		Insufficient data ²
Education								
<High school	0	0 (-.)		Insufficient data ²	180	6.4 (2.9-13.4)		Insufficient data ²
High school diploma		Insufficient data ²	276	18.1 (9.7-31.3)	397	11.0 (6.0-19.4)	0	0 (-.)
Some college		Insufficient data ²	493	24.3 (17.3-33.1)	350	10.0 (5.0-19.0)		Insufficient data ²
College graduate	326	1.2 (0.5-2.9)	831	40.4 (30.3-51.4)	703	23.6 (15.6-34)	845	21.4 (16.4-27.4)
Insurance type								
Private	326	1.1 (0.5-2.8)	752	35.2 (27.3-44.1)	656	19.4 (12.4-29.0)	755	20.3 (15.2-26.5)
Medicaid		Insufficient data ²	964	26.3 (18.9-35.2)	826	9.3 (6.1-13.8)	143	15.1 (6.7-30.6)
Other	0	0 (-.)	0	0 (-.)		Insufficient data ²		Insufficient data ²
Household poverty level								
≤100% FPL		Insufficient data ²	595	25.0 (17.2-34.9)	500	10.5 (6.1-17.5)		Insufficient data ²
>100% FPL	587	1.7 (0.8-3.7)	1,141	31.6 (24.4-39.7)	1,130	16.0 (11.4-22)	791	18.4 (13.9-24.1)
Nativity								
Non-US-born		Insufficient data ²	768	21.0 (14.5-29.5)	977	12.0 (8.3-17.0)	610	16.0 (11.4-22.2)
US-born	408	1.2 (0.5-2.8)	999	38.6 (30.1-47.9)	683	13.4 (8.4-20.6)	342	28.4 (18.8-40.5)
Marital status								
Unmarried		Insufficient data ²	882	27.5 (20.5-35.9)	658	9.6 (6.1-14.8)	125	22.6 (10.2-43.1)
Married	509	1.7 (0.8-3.7)	885	29.2 (21.5-38.2)	1,002	15.7 (10.9-22.2)	826	18.6 (14.0-24.2)
WIC participation								
No	426	1.3 (0.6-2.9)	844	30.1 (21.8-39.9)	982	19.4 (13.6-26.9)	844	20.6 (15.7-26.6)
Yes		Insufficient data ²	907	26.5 (20.0-34.3)	678	8.4 (5.3-13.0)		Insufficient data ²
Disability status								
No	326	0.9 (0.4-2.2)	1,337	26.7 (20.8-33.6)	991	8.9 (6.2-12.7)	844	19.0 (14.4-24.6)
Yes		Insufficient data ²	414	34.7 (22.8-48.9)	632	31.2 (20.0-45.3)	107	19.3 (8.1-39.4)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5).

Table 7. Prevalence of feeling upset due to treatment based on racial/ethnic background by sociodemographic characteristics and race/ethnicity, MA PRAMS, 2019

Characteristic	White non-Hispanic		Black non-Hispanic		Hispanic		Asian non-Hispanic	
	n ¹	Percentage (95% CI)						
Total	662	1.7 (0.8-3.4)	1,266	19.9 (16.0-24.4)	1,670	13.1 (10.1-16.9)	516	9.0 (6.4-12.7)
Age (years)								
<20	Insufficient data ²		Insufficient data ²		Insufficient data ²		0	. (-.)
20-29	338	3.3 (1.3-8.3)	555	23.1 (16.4-31.6)	903	13.5 (9.3-19.1)	Insufficient data ²	
30-39	Insufficient data ²		635	20.1 (15.0-26.5)	596	12.2 (8.0-18.1)	499	12.3 (8.7-17.1)
40+	0	0 (-.)	Insufficient data ²		Insufficient data ²		0	0 (-.)
Education								
<High school	Insufficient data ²		152	22.8 (10.4-42.8)	380	12.7 (7.0-21.9)	Insufficient data ²	
High school diploma	Insufficient data ²		165	12.8 (6.5-23.7)	303	8.6 (4.7-15.4)	0	0 (-.)
Some college	Insufficient data ²		460	18.6 (13.0-25.9)	751	19.0 (12.9-27.2)	0	0 (-.)
College graduate	Insufficient data ²		472	27.4 (20.0-36.4)	210	10.0 (5.1-18.7)	465	11.2 (7.9-15.7)
Insurance type								
Private	Insufficient data ²		536	25.3 (18.6-33.5)	377	13.3 (8.0-21.2)	414	10.5 (7.2-15.1)
Medicaid	Insufficient data ²		647	16.8 (12.1-22.7)	1,090	12.5 (8.9-17.2)	Insufficient data ²	
Other	0	0 (-.)	Insufficient data ²		0	0 (-.)	Insufficient data ²	
Household poverty level								
≤100% FPL	Insufficient data ²		340	17.1 (11.0-25.7)	948	16.8 (11.8-23.4)	Insufficient data ²	
>100% FPL	386	1.1 (0.4-2.8)	869	22.6 (17.6-28.6)	561	9.7 (6.3-14.8)	439	9.4 (6.4-13.4)
Nativity								
Non-US-born	Insufficient data ²		498	13.5 (9.5-19.0)	790	11.7 (8.0-16.9)	292	6.5 (4.0-10.3)
US-born	262	0.7 (0.3-2.0)	768	28.5 (21.6-36.7)	855	14.4 (10.0-20.3)	224	18.4 (11.1-29)
Marital status								
Unmarried	Insufficient data ²		558	17.2 (12.2-23.7)	1,147	15.6 (11.2-21.2)	Insufficient data ²	
Married	492	1.6 (0.7-3.8)	707	22.6 (17.2-29.2)	523	9.8 (6.3-14.8)	456	8.9 (6.2-12.7)
WIC participation								
No	424	1.3 (0.5-3.0)	761	28.4 (21.7-36.1)	486	11.3 (7.1-17.4)	431	9.9 (6.8-14.1)
Yes	Insufficient data ²		505	14.0 (9.7-19.7)	1,183	14.2 (10.3-19.1)	Insufficient data ²	
Disability status								
No	449	1.2 (0.5-2.8)	1,063	18.9 (14.9-23.7)	1,043	9.8 (7.0-13.5)	464	8.8 (6.1-12.6)
Yes	Insufficient data ²		203	26.8 (15.7-41.7)	627	31.1 (20.8-43.8)	Insufficient data ²	

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5).

Table 8. Prevalence of feeling upset due to treatment based on racial/ethnic background by sociodemographic characteristics and race/ethnicity, MA PRAMS, 2020

Characteristic	White non-Hispanic		Black non-Hispanic		Hispanic		Asian non-Hispanic	
	n ¹	Percentage (95% CI)						
Total	609	1.7 (0.7-3.9)	1,763	28.9 (23.7-34.7)	1,614	12.4 (9.3-16.4)	639	10.8 (7.8-14.7)
Age (years)								
<20	0	0 (-.)	Insufficient data ²		Insufficient data ²		0	0 (-.)
20-29	Insufficient data ²		617	28.4 (20.0-38.5)	763	11.4 (7.3-17.5)	Insufficient data ²	
30-39	459	1.9 (0.7-5.3)	846	26.7 (21.1-33.2)	618	12.4 (8.0-18.8)	481	11.4 (8.0-16.1)
40+	Insufficient data ²		246	36.5 (16.8-62.2)	Insufficient data ²		Insufficient data ²	
Education								
<High school	0	0 (-.)	183	34.9 (19.4-54.4)	Insufficient data ²		0	0 (-.)
High school diploma	Insufficient data ²		227	17.8 (10.3-29.0)	314	8.5 (4.2-16.7)	Insufficient data ²	
Some college	Insufficient data ²		467	23.5 (16.2-32.8)	618	18.2 (12.0-26.8)	Insufficient data ²	
College graduate	377	1.5 (0.6-3.7)	771	35.8 (27.5-45.1)	553	22.0 (13.3-34.1)	546	12.0 (8.5-16.5)
Insurance type								
Private	289	1.0 (0.4-2.8)	685	38.5 (29.9-48.0)	451	16.3 (9.9-25.6)	530	12.4 (8.8-17.3)
Medicaid	Insufficient data ²		977	25.7 (19.0-33.9)	1,163	12.2 (8.6-17.2)	109	9 (3.7-20.2)
Other	0	0 (-.)	Insufficient data ²		0	0 (-.)	0	0 (-.)
Household poverty level								
≤100% FPL	0	0 (-.)	566	29.0 (20.9-38.6)	747	14.9 (9.5-22.8)	Insufficient data ²	
>100% FPL	609	1.9 (0.8-4.4)	1,129	32.3 (25.3-40.3)	799	12.9 (8.8-18.6)	568	11.6 (8.3-16.0)
Nativity								
Non-US-born	Insufficient data ²		778	19.8 (15.0-25.7)	612	7.7 (4.7-12.5)	423	8.8 (5.9-13.0)
US-born	471	1.5 (0.5-4.0)	985	45.6 (35.5-56.1)	1,001	19.7 (13.8-27.3)	216	19.4 (11.4-31.2)
Marital status								
Unmarried	Insufficient data ²		1,029	35.6 (27.1-45.2)	986	14.0 (9.7-19.7)	Insufficient data ²	
Married	554	2 (0.8-4.9)	734	22.9 (17.5-29.3)	628	10.5 (6.4-16.8)	601	11.1 (7.9-15.3)
WIC participation								
No	588	2 (0.8-4.7)	742	32.2 (25.0-40.4)	762	17.4 (11.4-25.6)	584	11.8 (8.5-16.2)
Yes	Insufficient data ²		1,022	27.5 (20.6-35.8)	851	9.9 (6.6-14.6)	Insufficient data ²	
Disability status								
No	487	1.5 (0.5-3.9)	1,336	26.0 (20.5-32.4)	988	9.0 (6.3-12.7)	569	10.4 (7.3-14.5)
Yes	Insufficient data ²		400	43.8 (30.8-57.7)	626	32 (19.9-47.2)	Insufficient data ²	

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5).

Table 9. Prevalence of feeling upset due to treatment based on racial/ethnic background by sociodemographic characteristics and race/ethnicity, MA PRAMS, 2021

Characteristic	White non-Hispanic		Black non-Hispanic		Hispanic		Asian non-Hispanic	
	n ¹	Percentage (95% CI)						
Total	828	2.1 (1.1-3.9)	1,923	31.1 (25.6-37.2)	1,625	12.2 (9.2-16.1)	861	17.1 (12.8-22.5)
Age (years)								
<20	0	0 (-.)	Insufficient data ²		Insufficient data ²		0	0 (-.)
20-29	Insufficient data ²		578	25.7 (17.8-35.6)	595	8.9 (5.4-14.4)	125	12.2 (5.1-26.7)
30-39	609	2.0 (1.0-4.2)	1,049	32.7 (26.1-40.1)	926	16.7 (11.7-23.4)	718	19.2 (14.1-25.6)
40+	Insufficient data ²		235	50.3 (23.0-77.4)	Insufficient data ²		Insufficient data ²	
Education								
<High school	0	0 (-.)	Insufficient data ²		210	7.4 (3.6-14.7)	Insufficient data ²	
High school diploma	Insufficient data ²		276	18.1 (9.7-31.3)	360	10.0 (5.2-18.2)	Insufficient data ²	
Some college	0	0 (-.)	611	30.2 (22.5-39.2)	508	14.4 (8.5-23.4)	0	0 (-.)
College graduate	727	2.6 (1.3-5.1)	869	42.8 (32.6-53.6)	518	17.4 (10.6-27.2)	754	19 (14.2-25.0)
Insurance type								
Private	426	1.5 (0.6-3.3)	919	43.6 (35.0-52.6)	592	17.5 (11.0-26.6)	664	17.9 (13.0-24.0)
Medicaid	Insufficient data ²		973	26.7 (19.4-35.7)	900	10.1 (6.8-14.7)	142	15.1 (6.3-31.8)
Other	0	0 (-.)	0	0 (-.)	Insufficient data ²		Insufficient data ²	
Household poverty level								
≤100% FPL	Insufficient data ²		655	27.9 (19.6-38.1)	648	13.5 (8.4-20.8)	Insufficient data ²	
>100% FPL	527	1.5 (0.7-3.2)	1,221	34.0 (26.8-42.1)	947	13.4 (9.3-19.0)	772	17.9 (13.3-23.7)
Nativity								
Non-US-born	Insufficient data ²		902	25.1 (18.2-33.5)	1,044	12.8 (9.0-17.9)	501	13.1 (8.8-19.2)
US-born	408	1.2 (0.5-2.8)	1,021	39.5 (30.9-48.8)	582	11.3 (6.9-18.0)	359	29.9 (19.8-42.4)
Marital status								
Unmarried	0	0 (-.)	929	29.2 (22.0-37.7)	762	11.0 (7.3-16.4)	Insufficient data ²	
Married	828	2.8 (1.5-5.2)	994	33.1 (25.2-42.1)	864	13.6 (9.2-19.6)	789	17.7 (13.1-23.4)
WIC participation								
No	627	1.9 (0.9-3.8)	1,008	36.2 (27.7-45.8)	991	19.6 (13.8-27.0)	718	17.5 (12.9-23.2)
Yes	Insufficient data ²		900	26.6 (20.0-34.5)	634	7.8 (4.8-12.3)	Insufficient data ²	
Disability status								
No	627	1.8 (0.9-3.6)	1,513	30.5 (24.4-37.3)	926	8.3 (5.7-11.9)	789	17.7 (13.0-23.5)
Yes	Insufficient data ²		410	35.0 (22.8-49.6)	662	32.7 (21.2-46.7)	Insufficient data ²	

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5).

Table 10. Prevalence of feeling physical symptoms due to treatment based on to racial/ethnic background by sociodemographic characteristics and race/ethnicity, MA PRAMS, 2019

Characteristic	White non-Hispanic		Black non-Hispanic		Hispanic		Asian non-Hispanic	
	n ¹	Percentage (95% CI)						
Total	Insufficient data ²		403	6.3 (4.3-9.2)	972	7.6 (5.4-10.7)	129	2.3 (1.1-4.6)
Age (years)								
<20	0	0 (-.)	0	0 (-.)	Insufficient data ²		0	. (-.)
20-29	Insufficient data ²		178	7.4 (4.1-13.0)	432	6.5 (3.8-10.9)	Insufficient data ²	
30-39	0	0 (-.)	213	6.8 (4.1-11.1)	395	8.0 (4.8-13.1)	111	2.8 (1.3-5.9)
40+	0	0 (-.)	Insufficient data ²		Insufficient data ²		0	0 (-.)
Education								
<High school	0	0 (-.)	Insufficient data ²		379	12.6 (7.1-21.4)	Insufficient data ²	
High school diploma	0	0 (-.)	Insufficient data ²		Insufficient data ²		0	0 (-.)
Some college	Insufficient data ²		136	5.6 (3.0-10.2)	381	9.7 (5.5-16.3)	0	0 (-.)
College graduate	0	0 (-.)	174	10.1 (5.9-16.9)	Insufficient data ²		103	2.5 (1.2-5.4)
Insurance type								
Private	0	0 (-.)	206	9.7 (5.9-15.8)	153	5.4 (2.5-11.5)	103	2.6 (1.2-5.6)
Medicaid	Insufficient data ²		181	4.7 (2.6-8.3)	668	7.6 (4.9-11.6)	Insufficient data ²	
Other	0	0 (-.)	Insufficient data ²		0	0 (-.)	0	0 (-.)
Household poverty level								
≤100% FPL	Insufficient data ²		165	8.3 (4.5-14.8)	542	9.6 (5.9-15.1)	0	0 (-.)
>100% FPL	0	0 (-.)	222	5.8 (3.5-9.4)	287	5.0 (2.7-9.0)	129	2.7 (1.3-5.6)
Nativity								
Non-US-born	0	0 (-.)	117	3.2 (1.6-6.2)	562	8.4 (5.3-13.0)	Insufficient data ²	
US-born	Insufficient data ²		286	10.7 (6.8-16.5)	385	6.4 (3.7-11.0)	Insufficient data ²	
Marital status								
Unmarried	0	0 (-.)	200	6.2 (3.5-10.7)	591	8.0 (5.0-12.5)	0	0 (-.)
Married	Insufficient data ²		203	6.5 (3.9-10.6)	381	7.2 (4.3-11.7)	129	2.5 (1.2-5.1)
WIC participation								
No	0	0 (-.)	267	10 (6.4-15.3)	254	5.9 (3.1-10.9)	103	2.4 (1.1-5.1)
Yes	Insufficient data ²		137	3.8 (1.9-7.4)	718	8.6 (5.7-12.7)	Insufficient data ²	
Disability status								
No	0	0 (-.)	286	5.1 (3.3-7.8)	658	6.2 (4.1-9.4)	111	2.1 (1.0-4.6)
Yes	Insufficient data ²		117	15.5 (7.5-29.3)	314	15.3 (8.3-26.3)	Insufficient data ²	

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5).

Table 11. Prevalence of feeling physical symptoms due to treatment based on racial/ethnic background by sociodemographic characteristics, MA PRAMS, 2020

Characteristic	White non-Hispanic		Black non-Hispanic		Hispanic		Asian non-Hispanic	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total		Insufficient data ²	829	13.7 (9.6-19.1)	836	6.4 (4.3-9.6)	217	3.7 (2.0-6.5)
Age (years)								
<20	0	0 (-.)		Insufficient data ²		Insufficient data ²	0	0 (-.)
20-29	0	0 (-.)	262	12.0 (6.8-20.4)	520	7.8 (4.6-13.0)	0	0 (-.)
30-39		Insufficient data ²	396	12.5 (8.8-17.6)	241	4.8 (2.2-10.0)	217	5.2 (2.9-9.1)
40+		Insufficient data ²		Insufficient data ²		Insufficient data ²	0	0 (-.)
Education								
<High school	0	0 (-.)	81	16.0 (6.6-34)		Insufficient data ²	0	0 (-.)
High school diploma	0	0 (-.)	114	8.9 (4.0-18.6)	262	7.1 (3.3-14.4)		Insufficient data ²
Some college	0	0 (-.)	215	10.8 (6.2-18.3)	257	7.6 (3.9-14.4)		Insufficient data ²
College graduate		Insufficient data ²	304	14.2 (9.0-21.7)	196	7.8 (3.5-16.2)	162	3.6 (1.9-6.6)
Insurance type								
Private		Insufficient data ²	220	12.5 (7.5-20.0)	198	7.3 (3.3-15.3)	201	4.7 (2.5-8.6)
Medicaid		Insufficient data ²	565	14.9 (9.3-23.1)	199	6 (3.7-9.7)		Insufficient data ²
Other	0	0 (-.)		Insufficient data ²	0	0 (-.)	0	0 (-.)
Household poverty level								
≤100% FPL	0	0 (-.)	321	16.6 (10.5-25.2)	451	9.0 (5.2-15.1)		Insufficient data ²
>100% FPL		Insufficient data ²	481	13.8 (8.3-22.3)	263	4.3 (2.0-8.8)	168	3.4 (1.8-6.4)
Nativity								
Non-US-born		Insufficient data ²	331	8.4 (5.5-12.7)	301	3.8 (1.9-7.5)	142	2.9 (1.4-6.1)
US-born		Insufficient data ²	498	23.2 (14.2-35.6)	535	10.5 (6.3-17.0)		Insufficient data ²
Marital status								
Unmarried		Insufficient data ²	496	17.3 (10.3-27.6)	626	8.9 (5.5-14.0)	0	0 (-.)
Married		Insufficient data ²	334	10.4 (7.0-15.4)	210	3.5 (1.6-7.6)	217	4.0 (2.2-7.1)
WIC participation								
No		Insufficient data ²	220	9.6 (5.8-15.6)	383	8.7 (5.0-14.7)	201	4.1 (2.2-7.4)
Yes		Insufficient data ²	609	16.5 (10.6-24.8)	453	5.3 (2.9-9.4)		Insufficient data ²
Disability status								
No		Insufficient data ²	563	11.0 (6.8-17.2)	589	5.4 (3.3-8.7)	217	4.0 (2.2-7.1)
Yes		Insufficient data ²	240	26.2 (16.0-39.9)	247	12.6 (6.1-24.4)	0	0 (-.)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5).

Table 12. Prevalence of feeling physical symptoms due to treatment based on racial/ethnic background by sociodemographic characteristics, MA PRAMS, 2021

Characteristic	White non-Hispanic		Black non-Hispanic		Hispanic		Asian non-Hispanic	
	n ¹	Percentage (95% CI)						
Total	Insufficient data ²		855	13.9 (9.5-19.8)	880	6.6 (4.5-9.7)	250	5.0 (2.7-9.0)
Age (years)								
<20	Insufficient data ²		Insufficient data ²		Insufficient data ²		0	0 (-.)
20-29	Insufficient data ²		278	12.4 (6.9-21.3)	316	4.7 (2.3-9.3)	Insufficient data ²	
30-39	Insufficient data ²		368	11.5 (7.5-17.3)	490	8.8 (5.3-14.3)	197	5.3 (2.7-10.0)
40+	Insufficient data ²							
Education								
<High school	Insufficient data ²		Insufficient data ²		157	5.6 (2.3-12.6)	0	0 (-.)
High school diploma	Insufficient data ²		Insufficient data ²		296	8.2 (4.2-15.5)	Insufficient data ²	
Some college	Insufficient data ²		255	12.7 (7.7-20.1)	212	6.0 (2.5-13.9)	0	0 (-.)
College graduate	Insufficient data ²		302	14.9 (6.8-29.6)	185	6.2 (2.6-14.0)	179	4.5 (2.4-8.6)
Insurance type								
Private	Insufficient data ²		236	11.2 (6.8-18.0)	222	6.6 (3.0-13.7)	143	3.9 (1.8-8.0)
Medicaid	Insufficient data ²		603	16.6 (10.2-25.9)	554	6.2 (3.7-10.1)	Insufficient data ²	
Other	Insufficient data ²		0	0 (-.)	Insufficient data ²		0	0 (-.)
Household poverty level								
≤100% FPL	Insufficient data ²		399	17 (10.5-26.5)	383	8.0 (4.3-14.3)	Insufficient data ²	
>100% FPL	Insufficient data ²		440	12.3 (6.8-21.2)	437	6.2 (3.6-10.5)	179	4.2 (2.2-7.9)
Nativity								
Non-US-born	Insufficient data ²		429	12.0 (6.5-21.2)	557	6.8 (4.2-10.9)	143	3.8 (1.7-8.3)
US-born	Insufficient data ²		426	16.5 (10.5-24.8)	323	6.3 (3.1-12.1)	107	8.9 (3.7-20.1)
Marital status								
Unmarried	Insufficient data ²		468	14.7 (9.4-22.4)	349	5.0 (2.7-9.1)	Insufficient data ²	
Married	Insufficient data ²		387	13.0 (6.8-23.2)	531	8.3 (5.0-13.6)	215	4.8 (2.6-8.9)
WIC participation								
No	Insufficient data ²		347	12.5 (6.0-24.0)	504	9.9 (6.0-16.0)	161	3.9 (2.0-7.8)
Yes	Insufficient data ²		493	14.7 (9.6-21.7)	376	4.6 (2.5-8.5)	Insufficient data ²	
Disability status								
No	Insufficient data ²		565	11.4 (6.9-18.2)	423	3.8 (2.2-6.5)	214	4.8 (2.5-9.2)
Yes	Insufficient data ²		290	25.1 (14.4-40.1)	457	22.6 (13.2-35.9)	Insufficient data ²	

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5).

Figure 11. Prevalence of reactions to racism during the 12 months before delivery, MA PRAMS 2019

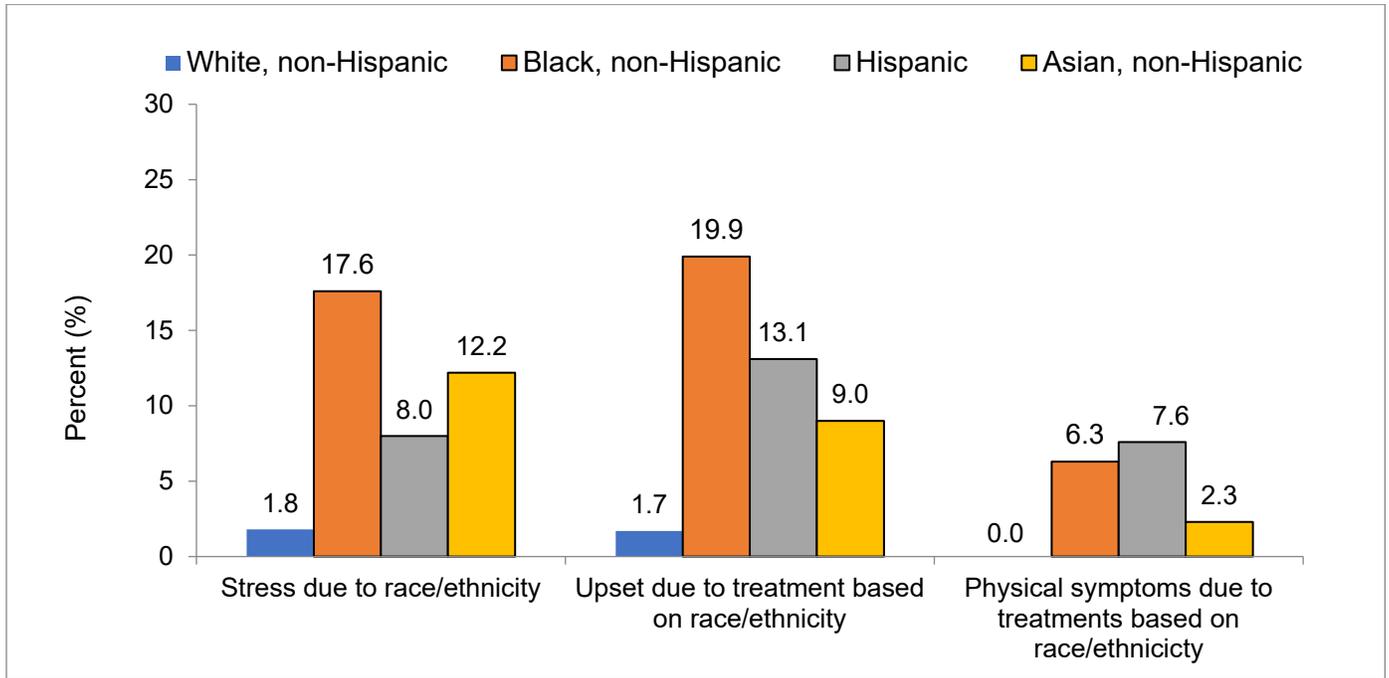


Figure 12. Prevalence of reactions to racism during the 12 months before delivery, MA PRAMS 2020-2021 combined

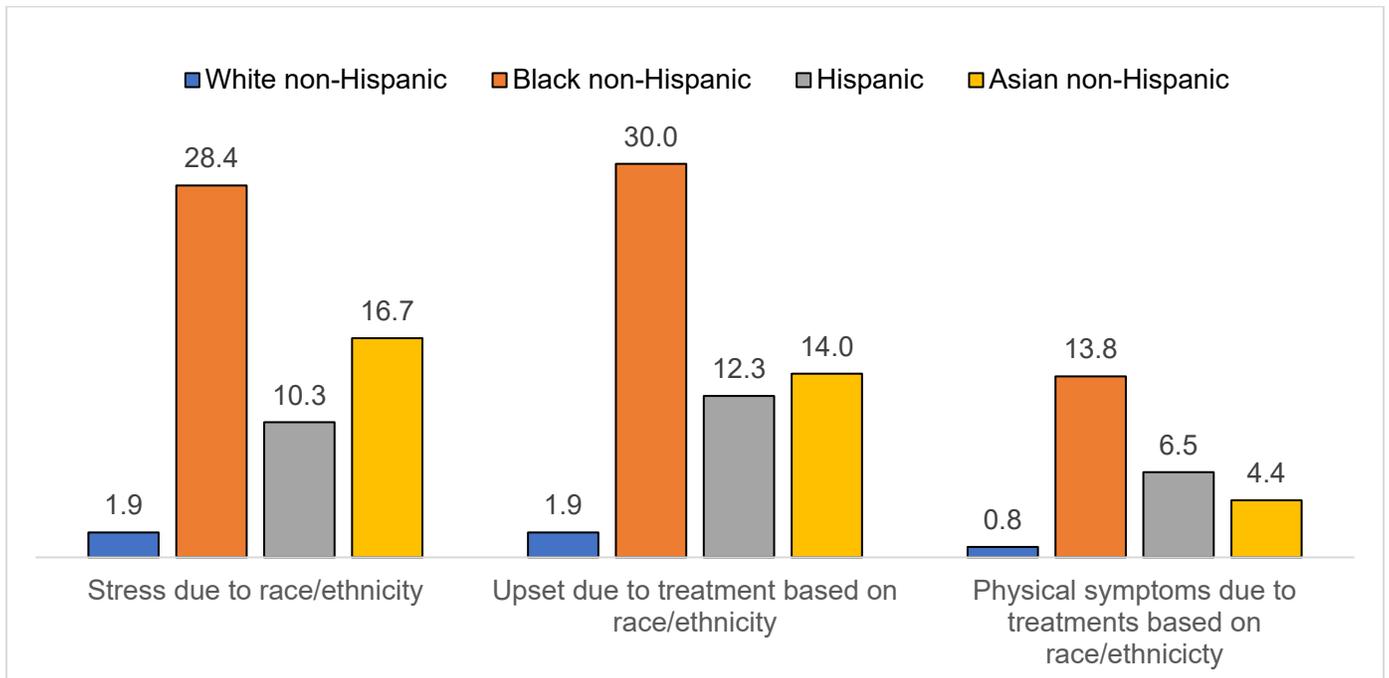


Figure 13. Prevalence of time spent thinking about race, MA PRAMS 2019.

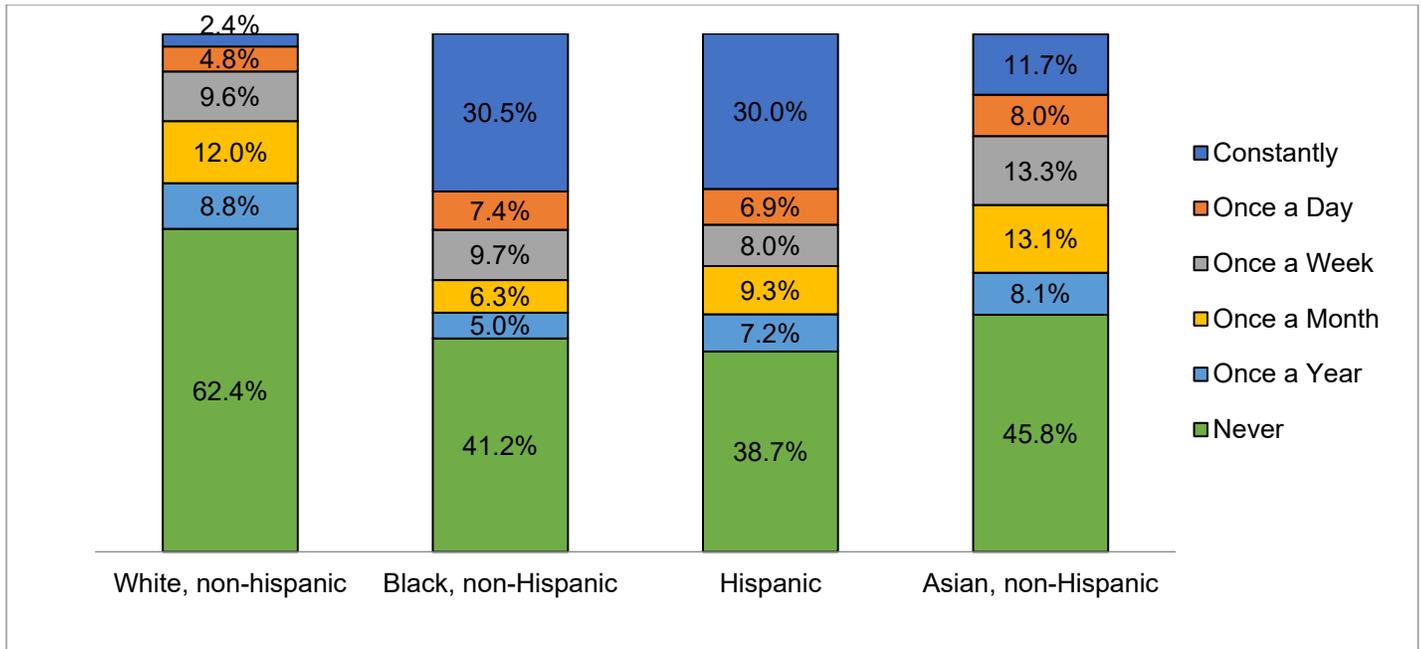


Figure 14. Prevalence of time spent thinking about race, MA PRAMS 2020-2021.

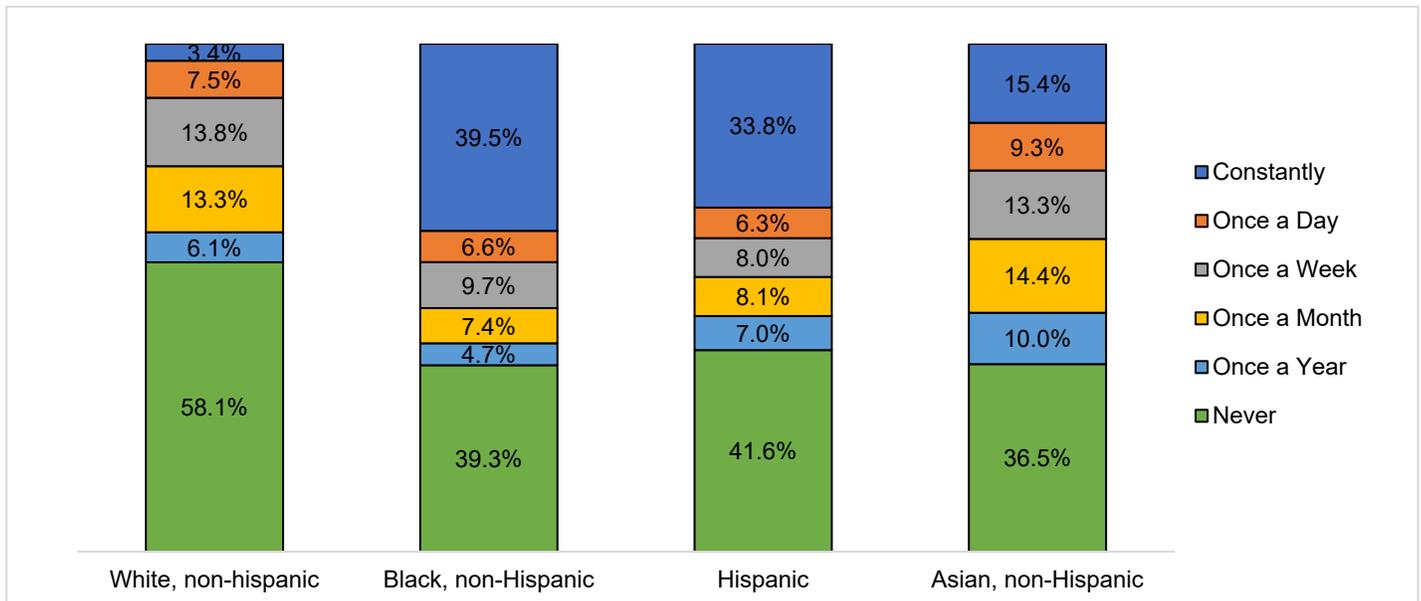


Table 13. Prevalence of any maternity leave and type of leave, by sociodemographic characteristics, MA PRAMS, 2019

Characteristic	Paid leave only		Unpaid leave only		Both paid and unpaid leave		No leave	
	n ¹	Percentage (95% CI)						
Total	17,584	40.7 (36.8-44.6)	17,136	39.6 (35.8-43.6)	6,596	15.2 (12.6-18.4)	1,936	4.5 (3.3-6.1)
Race/ethnicity								
White, non-Hispanic	12,465	42.8 (37.4-48.4)	10,869	37.4 (32.1-42.9)	4,986	17.1 (13.4-21.7)	778	2.7 (1.4-4.9)
Black, non-Hispanic	1,246	31.5 (25.0-38.9)	1,964	49.7 (42.5-57.0)	517	13.1 (9.4-18.0)	222	5.6 (3.2-9.8)
Hispanic	1,681	28.7 (22.7-35.4)	3,060	52.2 (45.0-59.2)	647	11.0 (7.3-16.4)	476	8.1 (4.9-13.2)
Asian, non-Hispanic	1,847	54.4 (47.2-61.4)	822	24.2 (18.6-30.9)	403	11.9 (8.0-17.3)	323	9.5 (5.9-15.1)
Other, non-Hispanic	119	31.2 (14.7-54.6)	195	51.1 (29.4-72.3)	Insufficient data ²		Insufficient data ²	
Age (years)								
<20	Insufficient data ²		Insufficient data ²		0	0 (-.)	0	0 (-.)
20-29	2,930	26.2 (20.4-33.0)	6,652	59.5 (52.3-66.2)	1,213	10.8 (7.2-15.9)	395	3.5 (2.0-6.1)
30-39	13,794	46.7 (41.8-51.7)	9,421	31.9 (27.5-36.6)	4,967	16.8 (13.4-20.9)	1,362	4.6 (3.1-6.8)
40+	818	34.1 (20.4-51.1)	983	41 (26.3-57.5)	415	17.3 (7.9-33.9)	180	7.5 (2.5-20.5)
Education								
<High school	153	10.2 (4.3-22.1)	1,058	70.2 (54.7-82.2)	115	7.6 (3.0-17.9)	181	12.0 (5.3-25.0)
High school diploma	952	21.4 (13.9-31.3)	2,683	60.2 (49.7-69.8)	413	9.3 (4.6-17.7)	409	9.2 (5.5-14.9)
Some college	3,017	30.4 (23.6-38.3)	5,532	55.8 (47.8-63.5)	1,035	10.4 (6.6-16.0)	330	3.3 (1.8-6.0)
College graduate	12,845	49.2 (43.9-54.6)	7,337	28.1 (23.6-33.2)	4,889	18.7 (14.9-23.3)	1,016	3.9 (2.3-6.5)
Insurance type								
Private	15,660	49.9 (45.0-54.8)	8,783	28.0 (23.8-32.6)	5,770	18.4 (14.9-22.4)	1,163	3.7 (2.3-5.9)
Medicaid	1,552	15.1 (11.2-20.1)	7,464	72.7 (66.7-78.0)	612	6.0 (3.4-10.3)	633	6.2 (4.1-9.2)
Other	Insufficient data ²		733	78.8 (60.0-90.2)	Insufficient data ²		Insufficient data ²	
Household poverty level								
≤100% FPL	680	13.7 (9.1-20.1)	3,578	72.1 (64.0-79.0)	157	3.2 (1.4-7.2)	548	11 (7.1-16.8)
>100% FPL	16,758	44.6 (40.3-49.0)	13,143	35.0 (30.9-39.2)	6,349	16.9 (13.8-20.4)	1,346	3.6 (2.4-5.4)
Nativity							0	(-)
Non-US-born	3409	33.3 (28.0-39.1)	4613	45.1 (39.2-51.2)	1264	12.4 (8.7-17.2)	942	9.2 (6.7-12.6)
US-born	14175	42.9 (38.2-47.8)	12523	37.9 (33.3-42.7)	5331	16.1 (12.9-20.0)	994	3 (1.8-5.1)
Marital status								
Unmarried	3,126	28.1 (21.9-35.1)	6,415	57.6 (50.4-64.5)	1,107	9.9 (6.7-14.5)	491	4.4 (2.7-7.1)
Married	14,458	45.0 (40.4-49.8)	10,720	33.4 (29.1-38.0)	5,489	17.1 (13.7-21.1)	1,445	4.5 (3.0-6.6)
WIC participation								
No	15,914	47.7 (43.0-52.4)	10,387	31.1 (26.9-35.7)	5,841	17.5 (14.2-21.4)	1,234	3.7 (2.4-5.8)
Yes	1,541	16.2 (12.3-20.9)	6,682	70.1 (64.1-75.4)	627	6.6 (4.1-10.3)	686	7.2 (4.9-10.5)
Disability status								
No	16,156	40.9 (36.9-45.1)	15,296	38.7 (34.8-42.9)	6,166	15.6 (12.8-19.0)	1,870	4.7 (3.4-6.5)
Yes	1,428	37.9 (25.9-51.6)	1,840	48.9 (36.0-61.9)	429	11.4 (6.0-20.7)	Insufficient data ²	

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5).

Table 14. Prevalence of any maternity leave and type of leave, by sociodemographic characteristics, MA PRAMS, 2020

Characteristic	Paid leave only		Unpaid leave only		Both paid and unpaid leave		No leave	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	18,726	47.5 (43.0-51.9)	13,082	33.2 (29.1-37.5)	5,172	13.1 (10.4-16.4)	2,475	6.3 (4.5-8.7)
Race/ethnicity								
White, non-Hispanic	13,488	50.2 (44.0-56.3)	8,114	30.2 (24.7-36.3)	3,844	14.3 (10.6-19.0)	1,427	5.3 (3.1-9.0)
Black, non-Hispanic	1,197	37.8 (31.2-44.8)	1,446	45.6 (38.7-52.8)	262	8.3 (5.1-13.1)	265	8.3 (5.3-13.0)
Hispanic	1,935	37.9 (30.5-46.0)	2,245	44.0 (36.1-52.2)	392	7.7 (4.4-13.0)	531	10.4 (6.1-17.1)
Asian, non-Hispanic	2,005	54.9 (47.6-62.0)	1,043	28.5 (22.4-35.5)	375	10.3 (6.6-15.6)	230	6.3 (3.4-11.4)
Age (years)								
<20	0	0 (-.)	Insufficient data ²		Insufficient data ²		Insufficient data ²	
20-29	3,223	33.0 (25.1-42.0)	4,819	49.4 (40.5-58.3)	872	8.9 (5.0-15.4)	843	8.6 (4.8-15)
30-39	14,197	53.3 (47.8-58.7)	7,026	26.4 (21.8-31.5)	4,053	15.2 (11.7-19.6)	1,363	5.1 (3.2-8.0)
40+	1,306	47.2 (31.9-63.0)	1,099	39.7 (25.3-56.2)	Insufficient data ²		132	4.8 (1.0-19.2)
Education								
<High school	233	20.6 (10.3-36.9)	395	35.0 (19.4-54.7)	Insufficient data ²		403	35.7 (19.2-56.4)
High school diploma	503	14.7 (7.5-26.9)	2,457	71.7 (58.3-82.1)	Insufficient data ²		352	10.3 (4.8-20.7)
Some college	2,631	35.8 (26.6-46.3)	3,558	48.5 (38.5-58.5)	592	8.1 (4.3-14.7)	562	7.7 (3.9-14.4)
College graduate	15,359	56.5 (51.0-61.9)	6,397	23.5 (19.2-28.5)	4,266	15.7 (12.1-20.2)	1,158	4.3 (2.4-7.4)
Insurance type								
Private	16,561	54.7 (49.5-59.8)	7,821	25.8 (21.5-30.6)	4,648	15.3 (11.9-19.5)	1,257	4.1 (2.5-6.7)
Medicaid	1,753	21.3 (15.1-29.1)	4,823	58.6 (49.6-67.1)	491	6.0 (3.4-10.4)	1,163	14.1 (8.7-22.1)
Other	250	45.1 (13.6-81.1)	Insufficient data ²		Insufficient data ²		0	0 (-.)
Household poverty level								
≤100% FPL	332	9.9 (5.8-16.4)	2,159	64.4 (50.9-75.9)	162	4.8 (2.2-10.4)	702	20.9 (11.1-35.9)
>100% FPL	17,903	51.5 (46.7-56.3)	10,412	30.0 (25.7-34.6)	4,760	13.7 (10.7-17.4)	1,665	4.8 (3.2-7.2)
Nativity								
Non-US-born	4,351	42.7 (36.3-49.4)	3,886	38.1 (31.9-44.8)	1,100	10.8 (7.0-16.2)	857	8.4 (5.0-13.9)
US-born	14,375	49.1 (43.6-54.7)	9,197	31.4 (26.5-36.9)	4,072	13.9 (10.6-18.1)	1,618	5.5 (3.6-8.5)
Marital status								
Unmarried	2,780	33.1 (24.8-42.5)	4,269	50.8 (41.3-60.3)	650	7.7 (4.1-14.3)	699	8.3 (4.7-14.3)
Married	15,946	51.3 (46.3-56.3)	8,813	28.4 (24.1-33.1)	4,521	14.6 (11.3-18.5)	1,776	5.7 (3.8-8.6)
WIC participation								
No	16,936	53.2 (48.1-58.2)	8,697	27.3 (23.0-32.1)	4,765	15.0 (11.7-19.0)	1,438	4.5 (2.9-7.0)
Yes	1,790	23.6 (16.7-32.3)	4,358	57.4 (48.0-66.3)	407	5.4 (3.2-8.8)	1,037	13.7 (8.2-21.8)
Disability status								
No	17,483	48.5 (43.9-53.2)	11,344	31.5 (27.3-35.9)	4,968	13.8 (10.8-17.4)	2,258	6.3 (4.4-8.9)
Yes	1,243	37.1 (24.0-52.4)	1,722	51.4 (36.3-66.2)	203	6.1 (2.1-16.2)	Insufficient data ²	

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5).

Table 15. Prevalence of any maternity leave and type of leave, by sociodemographic characteristics, MA PRAMS, 2021

Characteristic	Paid leave only		Unpaid leave only		Both paid and unpaid leave		No leave	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	28,236	66.2 (61.8-70.3)	8,713	20.4 (17.0-24.3)	3,457	8.1 (5.9-11.0)	2,267	5.3 (3.7-7.6)
Race/ethnicity								
White, non-Hispanic	20,015	68.2 (62.2-73.6)	5,268	17.9 (13.7-23.2)	2,851	9.7 (6.7-14.0)	1,221	4.2 (2.3-7.5)
Black, non-Hispanic	2,006	59.9 (52.2-67.1)	902	26.9 (20.5-34.5)	228	6.8 (4.1-11.1)	214	6.4 (3.4-11.7)
Hispanic	2,999	57.0 (48.5-65.1)	1,432	27.2 (20.3-35.5)	252	4.8 (2.3-9.6)	581	11.0 (6.7-17.7)
Asian, non-Hispanic	2,228	69.3 (61.7-76.0)	609	19.0 (13.4-26.1)	126	3.9 (1.9-7.9)	251	7.8 (4.6-13.1)
Age (years)								
<20		Insufficient data ²		Insufficient data ²		Insufficient data ²		Insufficient data ²
20-29	4,459	48.5 (39.2-57.9)	3,011	32.8 (24.6-42.0)	781	8.5 (4.1-16.9)	942	10.2 (5.9-17.2)
30-39	22,538	71.0 (66.0-75.6)	5,351	16.9 (13.2-21.3)	2,675	8.4 (5.9-11.9)	1,159	3.7 (2.2-6.1)
40+	1,239	76.2 (53.5-89.9)	250	15.4 (5.1-38.2)		Insufficient data ²		Insufficient data ²
Education								
<High school	519	44.6 (24.0-67.2)	329	28.3 (14.6-47.7)		Insufficient data ²	286	24.5 (10.6-47)
High school diploma	1,131	35.7 (22.3-51.6)	1,356	42.8 (27.7-59.3)		Insufficient data ²	660	20.8 (9.6-39.3)
Some college	3,598	52.2 (41.2-63.0)	2,580	37.4 (27.3-48.8)	286	4.1 (1.3-12.1)	429	6.2 (3.2-11.8)
College graduate	22,584	74.0 (69.0-78.4)	3,964	13.0 (9.8-17.0)	3,116	10.2 (7.3-14.1)	863	2.8 (1.6-5.0)
Insurance type								
Private	23,786	73.8 (68.9-78.2)	4,489	13.9 (10.6-18.1)	3,219	10 (7.2-13.8)	736	2.3 (1.2-4.2)
Medicaid	3,311	41.2 (31.9-51.1)	3,382	42.1 (32.6-52.1)	104	1.3 (0.5-3.1)	1,246	15.5 (9.7-23.8)
Other	703	47.5 (25.7-70.2)	578	39.0 (19.3-63.1)		Insufficient data ²		Insufficient data ²
Household poverty level								
≤100% FPL	1,160	39.4 (26.3-54.2)	1,269	43.1 (29.6-57.8)		Insufficient data ²	473	16.1 (8.6-28)
>100% FPL	26,809	68.2 (63.6-72.5)	7,285	18.5 (15.1-22.6)	3,417	8.7 (6.3-11.9)	1,776	4.5 (2.9-6.9)
Nativity								
Non-US-born	5,796	59.1 (51.9-65.9)	2,205	22.5 (17.2-28.8)	459	4.7 (2.7-8.1)	1,349	13.8 (9.1-20.2)
US-born	22,440	68.3 (63.0-73.2)	6,508	19.8 (15.7-24.6)	2,997	9.1 (6.4-12.9)	918	2.8 (1.5-5.2)
Marital status								
Unmarried	4,865	51.0 (40.9-61.0)	3,325	34.8 (25.8-45.1)	736	7.7 (3.3-16.9)	617	6.5 (3.4-12.0)
Married	23,371	70.5 (65.8-74.9)	5,388	16.3 (12.9-20.3)	2,720	8.2 (5.9-11.4)	1,650	5.0 (3.2-7.6)
WIC participation								
No	25,180	70.5 (65.7-74.9)	6,052	16.9 (13.4-21.1)	3,192	8.9 (6.4-12.3)	1,298	3.6 (2.1-6.1)
Yes	3,019	43.8 (34.1-53.9)	2,661	38.6 (29.2-48.9)	247	3.6 (1.0-12.4)	969	14.1 (8.9-21.5)
Disability status								
No	26,454	68.2 (63.6-72.4)	7,134	18.4 (15.0-22.3)	3,304	8.5 (6.1-11.7)	1,921	4.9 (3.3-7.3)
Yes	1,644	44.9 (31.4-59.3)	1,515	41.4 (27.8-56.5)		Insufficient data ²	346	9.5 (3.9-21.1)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5).

Table 16. Prevalence of reasons for no leave by race/ethnicity, MA PRAMS, 2019

Reasons for not taking leave	Total		White non-Hispanic		Black non-Hispanic		Hispanic		Asian non-Hispanic	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Could not afford	10,333	24.8 (21.5-28.5)	6,592	23.2 (18.8-28.3)	1,266	35.8 (28.6-43.8)	1,524	27.1 (21.1-34.0)	641	20.4 (15.0-27.2)
Afraid to lose job	5,868	14.3 (11.6-17.5)	4,063	14.5 (10.9-19.1)	625	18.1 (12.0-26.4)	529	9.4 (5.9-14.7)	584	18.4 (13.4-24.8)
Too much work	4,676	11.4 (9.0-14.4)	3,322	12.0 (8.7-16.2)	327	9.4 (4.6-18.3)	326	5.8 (3.3-10.0)	549	17.6 (12.6-23.9)
No paid leave	12,898	31.2 (27.5-35.1)	8,403	30.0 (25.1-35.5)	1,374	38.7 (31.3-46.6)	2,139	37.2 (30.5-44.5)	634	20.3 (15.0-27.0)
No flexible schedule	6,553	16.0 (13.3-19.1)	3,687	13.2 (9.8-17.6)	879	25.2 (19.5-31.8)	1,198	21.6 (16.2-28.2)	525	16.9 (12.1-23.0)
Not enough leave time	9,990	24.4 (21.0-28.2)	6,477	23.2 (18.7-28.5)	1,317	37.6 (30.2-45.6)	1,360	24.7 (18.8-31.8)	644	20.8 (15.4-27.3)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5).²Insufficient data to report (0<n<5)

Table 17. Prevalence of reasons for no leave by race/ethnicity, MA PRAMS, 2020

Reasons for not taking leave	Total		White non-Hispanic		Black non-Hispanic		Hispanic		Asian non-Hispanic	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Could not afford	8,188	21.2 (17.8-25.1)	5,077	19.0 (14.5-24.4)	786	26.5 (20.6-33.5)	1,352	28.3 (21.4-36.4)	916	26.5 (20.3-33.8)
Afraid to lose job	6,992	18.1 (15.0-21.7)	4,344	16.2 (12.2-21.3)	640	21.6 (16.2-28.3)	1,003	21.0 (15.0-28.6)	927	26.4 (20.3-33.7)
Too much work	3,721	9.6 (7.4-12.6)	2,579	9.6 (6.6-13.8)	205	7.0 (4.1-11.6)	451	9.5 (5.6-15.9)	412	11.9 (7.9-17.6)
No paid leave	10,839	28.1 (24.2-32.4)	7,421	27.7 (22.5-33.7)	929	31.9 (25.4-39.2)	1,484	30.9 (23.6-39.3)	826	23.9 (18.1-30.9)
No flexible schedule	5,557	14.5 (11.6-17.9)	3,232	12.1 (8.5-17.0)	527	18.0 (13.0-24.2)	1,163	24.9 (18.2-32.9)	558	16.2 (11.4-22.4)
Not enough leave time	6,886	18.0 (14.9-21.6)	4,664	17.5 (13.4-22.5)	801	27.0 (21.0-34.0)	712	15.5 (10.3-22.7)	630	18.3 (13.2-25.0)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5).²Insufficient data to report (0<n<5)

Table 18. Prevalence of reasons for no leave by race/ethnicity, MA PRAMS, 2021

Reasons for not taking leave	Total		White non-Hispanic		Black non-Hispanic		Hispanic		Asian non-Hispanic	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Could not afford	7,464	18.3 (15.0-22.2)	4,419	15.6 (11.0-20.3)	740	24.1 (17.0-31.2)	1,284	25.8 (18.3-33.3)	592	19.6 (13.1-26.1)
Afraid to lose job	4,285	10.5 (8.0-13.6)	2,671	9.5 (5.7-13.2)	402	13.1 (7.8-18.4)	656	13.0 (7.2-18.8)	538	17.8 (11.5-24.1)
Too much work	5,299	13.0 (10.2-16.4)	3,683	13.0 (9.0-17.1)	330	10.8 (5.9-15.7)	511	10.2 (5.1-15.2)	486	16.1 (10.6-21.6)
No paid leave	8,748	21.3 (17.8-25.4)	5,454	19.3 (14.3-24.3)	644	21.0 (14.5-27.4)	1,378	27.3 (19.6-34.9)	663	21.9 (15.2-28.6)
No flexible schedule	6,181	15.1 (12.1-18.7)	3,922	13.9 (9.7-18.1)	413	13.4 (8.3-18.6)	1,129	22.1 (15.0-29.1)	270	8.9 (4.7-13.2)
Not enough leave time	6,293	15.5 (12.4-19.2)	4,215	15.0 (10.5-19.5)	551	18.3 (11.8-24.8)	827	16.8 (10.4-23.3)	413	13.7 (8.2-19.2)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5).²Insufficient data to report (0<n<5)

Table 19. Prevalence of depression screening and self-reported postpartum depressive symptoms by sociodemographic characteristics, MA PRAMS, 2019

Characteristic	Depression screening during prenatal care		Depression screening during postpartum visit		Self-reported postpartum depressive symptoms ³	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	56,364	86.9 (84.6-88.9)	57,556	87.8 (85.7-89.6)	6,732	10.2 (8.6-12.0)
Race/ethnicity						
White, non-Hispanic	33,677	86.1 (82.4-89.1)	35,550	90.4 (87.1-92.9)	2,726	6.9 (4.8-9.7)
Black, non-Hispanic	5,785	91.4 (88.1-93.9)	5,463	85.2 (79.8-89.3)	1,072	16.7 (13.1-21.1)
Hispanic	11,291	90.3 (87.0-92.9)	10,434	81.4 (77.3-85.0)	1,786	13.9 (10.8-17.7)
Asian, non-Hispanic	4,409	78.6 (73.6-82.9)	4,950	87.0 (82.6-90.4)	1,015	17.7 (13.7-22.4)
Other, non-Hispanic	492	86.6 (66.6-95.5)	525	83.7 (66.3-93.1)	94	15.0 (6.4-31.5)
Age (years)						
<20	972	93.3 (76.1-98.4)	754	72.4 (52.7-86.1)	144	13.9 (5.1-32.8)
20-29	18,452	88.9 (85.1-91.9)	17,629	84.3 (80.2-87.8)	2,725	13 (10.1-16.6)
30-39	33,604	84.9 (81.6-87.7)	36,005	89.7 (87.0-91.9)	3,701	9.1 (7.2-11.5)
40+	3,336	96.0 (91.9-98.0)	3,169	90.4 (81.6-95.2)	162	4.6 (2.3-8.9)
Education						
<High school	4,091	87.8 (78.6-93.4)	3,544	73.1 (63.6-80.8)	662	13.7 (9.2-19.9)
High school diploma	8,520	89.1 (84.2-92.6)	7,706	80.5 (74.2-85.6)	1,408	14.7 (10.4-20.2)
Some college	13,965	91.1 (86.6-94.2)	14,117	89.7 (85.6-92.7)	2,051	1.03 (9.5-17.6)
College graduate	28,148	83.9 (80.2-87.1)	30,609	90.9 (87.8-93.2)	2,309	6.8 (5.0-9.1)
Insurance type						
Private	32,949	84.7 (81.3-87.6)	35,987	91.6 (88.9-93.7)	2,746	6.9 (5.2-9.2)
Medicaid	20,580	91.3 (88.2-93.6)	19,017	83.2 (79.4-86.4)	3,335	14.5 (11.6-18.0)
Other	1,464	86.0 (66.9-94.9)	1,390	78.7 (61.5-89.5)	190	10.8 (4.8-22.5)
Household poverty level						
≤100% FPL	11,502	89.8 (85.4-92.9)	10,509	80.4 (7.05-84.8)	2,074	15.7 (12.1-20.2)
>100% FPL	42,573	86.1 (83.3-88.6)	45,164	90.3 (87.9-92.2)	4,241	8.4 (6.7-10.5)
Nativity						
Non-US-born	16,125	87.4 (83.9-90.2)	15,862	84.1 (80.7-87.0)	2,891	15.2 (12.5-18.4)
US-born	40,213	86.7 (83.7-89.2)	41,669	89.3 (86.5-91.5)	3,841	8.2 (6.3-10.5)
Marital status						
Unmarried	18,772	90.3 (86.5-93.1)	17,466	83.2 (79.0-86.7)	2,712	12.9 (10.0-16.4)
Married	37,591	85.3 (82.3-87.9)	40,090	89.9 (87.5-91.9)	4,020	8.9 (7.2-11.1)
WIC participation						
No	38,267	85.6 (82.6-88.2)	40,472	90.3 (87.7-92.3)	3,735	8.3 (6.5-10.5)
Yes	17,837	89.9 (86.5-92.6)	16,738	82.3 (78.3-85.7)	2,997	14.6 (11.6-18.1)
Disability status						
No	49,813	86.5 (84.0-88.7)	51,389	87.8 (85.5-89.8)	5,202	8.8 (7.3-10.7)
Yes	6,075	90.5 (84.6-94.3)	5,967	88.1 (81.1-92.7)	1,479	21.7 (15.5-29.6)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5); ³reported 'Always or Often'

Table 20. Prevalence of depression screening and self-reported postpartum depressive symptoms by sociodemographic characteristics, MA PRAMS, 2020

Characteristic	Depression screening during prenatal care		Depression screening during postpartum visit		Self-reported postpartum depressive symptoms ³	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	54,096	86.8 (84.3-89.0)	52,959	84.2 (81.6-86.5)	6,314	10.0 (8.1-12.2)
Race/ethnicity						
White, non-Hispanic	30,831	85.9 (81.6-89.3)	32,258	87.9 (83.7-91.1)	2,635	7.2 (4.7-10.9)
Black, non-Hispanic	5,620	91.3 (87.8-93.9)	4,753	77.9 (73.1-82.1)	1,005	16.3 (12.0-21.7)
Hispanic	11,923	90.7 (87.0-93.4)	9,986	77.1 (72.2-81.3)	1,261	9.7 (6.9-13.3)
Asian, non-Hispanic	4,532	77.9 (72.6-82.4)	5,012	84.9 (80.0-88.7)	1,199	20.0 (15.7-25.2)
Other, non-Hispanic	322	79.2 (51.6-93.1)	341	91.3 (71.1-97.8)	109	29.2 (12.4-54.7)
Age (years)						
<20	1,279	88.3 (66.5-96.6)	1,063	76.6 (56.3-89.3)	305	21.9 (9.5-42.8)
20-29	18,596	91.5 (87.4-94.4)	16,380	80.0 (74.8-84.5)	2,546	12.4 (9.0-16.9)
30-39	30,788	84.3 (80.7-87.3)	31,900	86.3 (83.0-89.1)	2,922	7.9 (5.8-10.7)
40+	3,434	85.7 (73.4-92.9)	3,616	87.9 (79.7-93.1)	541	13.1 (6.6-24.4)
Education						
<High school	4,147	87.9 (79.6-93.1)	3,464	74.4 (64.5-82.3)	750	16.0 (9.8-25.0)
High school diploma	8,447	90.8 (84.0-94.9)	6,937	73.3 (64.8-80.3)	1,448	15.1 (9.7-22.9)
Some college	11,730	90.9 (84.3-94.9)	10,710	82.1 (74.9-87.5)	1,533	11.7 (7.3-18.5)
College graduate	28,555	83.8 (80.0-86.9)	30,893	89.4 (86.3-91.9)	2,401	6.9 (5.1-9.3)
Insurance type						
Private	31,146	85.3 (81.7-88.3)	33,021	88.5 (85.2-91.1)	2,676	7.2 (5.3-9.5)
Medicaid	20,796	92.3 (89.0-94.7)	17,904	79.9 (75.4-83.8)	3,233	14.3 (10.7-18.9)
Other	727	62.9 (36.3-83.4)	1,009	78.6 (57.4-90.9)	Insufficient data ²	
Household poverty level						
≤100% FPL	9,631	85.0 (77.9-90.1)	7,958	68.1 (60.5-74.7)	1,690	14.4 (9.9-20.3)
>100% FPL	40,319	86.8 (83.8-89.3)	42,045	88.6 (85.8-90.9)	3,863	8.1 (6.2-10.6)
Nativity						
Non-US-born	18,469	86.4 (82.8-89.3)	17,176	80.1 (76.3-83.4)	3,114	14.4 (11.3-18.2)
US-born	35,627	87.1 (83.5-89.9)	35,783	86.3 (82.7-89.2)	3,200	7.7 (5.6-10.6)
Marital status						
Unmarried	17,366	90.9 (86.3-94.1)	15,219	79.4 (73.8-84.0)	2,699	14.1 (10.3-19)
Married	36,730	85.0 (81.8-87.7)	37,740	86.3 (83.3-88.8)	3,615	8.2 (6.3-10.7)
WIC participation						
No	35,349	85.3 (82.0-88.1)	36,982	86.8 (83.7-89.4)	3,021	7.1 (5.3-9.3)
Yes	18,517	93.5 (90.3-95.8)	15,895	78.6 (73.6-82.9)	3,256	16 (11.9-21.1)
Disability status						
No	47,704	86.9 (84.3-89.1)	47,501	84.9 (82.1-87.3)	4,210	7.5 (5.9-9.4)
Yes	5,455	85.0 (73.2-92.2)	5,290	78.2 (68.7-85.5)	1,982	29.2 (19.9-40.7)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5); ³reported 'Always or Often'

Table 21. Prevalence of depression screening and self-reported postpartum depressive symptoms by sociodemographic characteristics, MA PRAMS, 2021

Characteristic	Depression screening during prenatal care		Depression screening during postpartum visit		Self-reported postpartum depressive symptoms ³	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	58,198	88.6 (86.2-90.6)	57,865	88.3 (86.0-90.2)	6,789	10.4 (8.4-12.7)
Race/ethnicity						
White, non-Hispanic	34,598	87.8 (84.0-90.8)	35,712	91.3 (87.8-93.9)	3,351	8.6 (5.9-12.3)
Black, non-Hispanic	5,535	89.8 (85.6-92.8)	5,359	86.1 (81.3-89.8)	940	15.0 (11.2-19.7)
Hispanic	12,089	91.0 (87.3-93.7)	10,696	79.9 (75.4-83.8)	1,440	10.8 (7.9-14.5)
Asian, non-Hispanic	4,091	82.6 (77.0-87.1)	4,431	88.5 (83.7-92.1)	789	15.7 (11.6-20.8)
Other, non-Hispanic	339	100 (-.)	250	82.4 (49.7-95.7)	Insufficient data ²	
Age (years)						
<20	959	89.1 (73.5-96.0)	820	76.2 (58.3-88.0)	157	14.6 (6.1-31.0)
20-29	16,580	88.6 (84.3-91.9)	15,978	86.0 (81.3-89.6)	1,921	10.4 (7.3-14.5)
30-39	38,603	88.7 (85.5-91.2)	39,217	90.2 (87.4-92.4)	4,372	10.0 (7.6-13.1)
40+	2,056	86.7 (70.6-94.6)	1,850	76.4 (60.0-87.5)	338	14.5 (6.9-28)
Education						
<High school	3,999	89.3 (78.9-94.9)	3,489	77.9 (69.9-84.2)	729	16.3 (10.0-25.3)
High school diploma	8,800	91.8 (86.5-95.2)	7,991	84.4 (77.4-89.5)	1,561	16.4 (10.4-24.9)
Some college	11,805	92.3 (87.0-95.5)	10,952	84.7 (78.1-89.6)	1,672	12.9 (8.5-19.1)
College graduate	32,293	86.3 (82.7-89.2)	34,282	91.9 (89.0-94.1)	2,791	7.5 (5.4-10.3)
Insurance type						
Private	34,111	87.0(83.5-89.8)	36,447	93.4 (90.8-95.3)	2,881	7.4 (5.3-10.1)
Medicaid	20,397	90.8 (87.1-93.5)	17,837	79.4 (74.6-83.5)	3,208	14.3 (10.7-18.8)
Other	1,734	91.0 (72.9-97.4)	1,707	87.9 (71.5-95.5)	454	23.4 (9.6-46.8)
Household poverty level						
≤100% FPL	10,206	90.0 (84.5-93.7)	9,303	80.8 (74.4-85.8)	2,188	19.0 (13.7-25.8)
>100% FPL	44,848	88.2 (85.3-90.5)	46,265	90.8 (88.2-92.8)	4,252	8.3 (6.4-10.8)
Nativity						
Non-US-born	18,348	89.4 (86.2-91.9)	16,933	81.3 (77.0-84.9)	2,494	12.0 (9.3-15.3)
US-born	39,850	88.2 (85.0-90.9)	40,932	91.5 (88.8-93.6)	4,295	9.6 (7.2-12.7)
Marital status						
Unmarried	18,175	88.4 (83.5-91.9)	16,913	82.8 (77.8-86.9)	3,012	14.7 (10.6-20.1)
Married	40,023	88.7 (85.8-91.0)	40,952	90.7 (88.2-92.7)	3,777	8.4 (6.5-10.8)
WIC participation						
No	40,771	87.6 (84.5-90.1)	42,118	90.5 (87.8-92.7)	3,671	7.9 (5.9-10.4)
Yes	17,224	91.6 (87.7-94.4)	15,611	82.6 (78.1-86.3)	3,118	16.5 (12.4-21.8)
Disability status						
No	50,293	87.9 (85.3-90.2)	51,455	89.6 (87.4-91.5)	4,094	7.1 (5.5-9.2)
Yes	7,068	93.5 (88.3-96.5)	6,067	79.2 (69.3-86.5)	2,634	34.4 (25.5-44.5)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5); ³reported 'Always or Often'

Table 22. Prevalence of different types of social support after delivery by sociodemographic characteristics, MA PRAMS, 2019

Characteristic	Loan money ³		Bed rest ⁴		Someone to talk with ⁵		Help when tired/frustrated ⁶		Give ride ⁷	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	51,471	79.9 (77.5-82.1)	55,928	86.7 (84.6-88.5)	56,698	88.0 (86.1-89.7)	56,998	88.5 (86.6-90.2)	56,951	88.3 (86.3-90.0)
Race/ethnicity										
White, non-Hispanic	34,168	87.5 (83.9-90.4)	35,849	91.8 (88.7-94.2)	36,195	92.7 (89.8-94.9)	36,200	93.0 (90.0-95.2)	35,830	91.8 (88.7-94.2)
Black, non-Hispanic	4,043	65.9 (59.9-71.5)	5,038	81.6 (77.0-85.4)	5,127	83.8 (79.4-87.4)	5,162	84.2 (79.9-87.7)	5,216	84.9 (80.7-88.3)
Hispanic	9,092	73.5 (68.8-77.6)	9,702	78.1 (73.7-81.9)	10,015	80.6 (76.3-84.3)	9,970	80.3 (76.0-84.0)	10,398	83.5 (79.5-86.9)
Asian, non-Hispanic	3,133	56.8 (51.1-62.4)	4,130	74.7 (69.3-79.4)	4,139	75.2 (69.9-79.8)	4,506	80.5 (75.5-84.7)	4,285	77.1 (71.9-81.6)
Other, non-Hispanic	399	69.1 (49.5-83.6)	500	89.3 (71.6-96.5)	474	84.8 (65.9-94.2)	449	80.3 (60.7-91.5)	474	84.8 (65.9-94.2)
Age (years)										
<20	725	69.6 (47.2-85.4)	876	84.2 (64.7-93.9)	840	80.7 (60.9-91.8)	882	84.8 (65.4-94.2)	904	86.9 (69.3-95.1)
20-29	15,056	74.0 (69.2-78.3)	17,537	86.2 (82.7-89.1)	17,721	87.3 (83.7-90.2)	17,678	87.0 (83.4-90.0)	17,805	87.6 (84.0-90.5)
30-39	32,949	83.1 (80.2-85.7)	34,517	86.9 (84.1-89.3)	35,216	88.7 (86.2-90.9)	35,488	89.5 (87.0-91.6)	35,349	89.0 (86.4-91.1)
40+	2,741	80.6 (70.3-87.9)	2,998	87.7 (78.1-93.4)	2,921	85.8 (75.9-92.1)	2,950	86.3 (76.1-92.5)	2,893	84.6 (72.6-91.9)
Education										
<High school	2,552	56.6 (47.1-65.6)	3,338	73.6 (64.9-80.8)	3,361	75.0 (66.0-82.2)	3,502	77.2 (68.6-84.0)	3,577	79.8 (71.2-86.3)
High school diploma	6,529	72.0 (65.0-78.8)	7,186	79.1 (72.5-84.4)	7,645	84.3 (79.0-88.4)	7,499	82.7 (76.5-87.5)	7,754	85.4 (79.9-89.6)
Some college	11,677	75.6 (69.9-80.5)	12,919	83.6 (78.6-87.6)	13,274	86.1 (81.3-89.8)	13,180	85.7 (81.0-89.3)	13,251	85.7 (81.1-89.4)
College graduate	29,272	87.1 (84.0-89.6)	30,921	91.8 (89.3-93.8)	30,816	91.5 (88.9-93.5)	31,159	92.6 (90.1-94.5)	30,767	91.2 (88.4-93.4)
Insurance type										
Private	34,282	87.8 (85.1-90.1)	36,155	92.6 (90.3-94.4)	36,181	92.6 (90.3-94.4)	36,496	93.6 (91.5-95.3)	36,288	92.8 (90.5-94.6)
Medicaid	15,167	69.0 (64.4-73.2)	17,293	78.4 (74.3-81.9)	17,821	81.1 (77.3-84.4)	17,961	81.4 (77.6-84.7)	18,062	82.0 (78.1-85.4)
Other	1,083	63.0 (44.0-78.7)	1,366	78.8 (61.5-89.6)	1,486	86.5 (74.2-93.4)	1,371	79.8 (62.5-90.4)	1,453	84.6 (66.9-93.7)
Household poverty level										
≤100% FPL	8,351	66.7 (60.6-72.4)	9,587	76.1 (70.5-80.9)	10,261	81.9 (77.0-86.0)	9,941	79.4 (74.0-84.0)	9,823	78.2 (72.6-83.0)
>100% FPL	41,638	84.0 (81.4-86.4)	44,413	89.6 (87.4-91.5)	44,562	90.0 (87.7-91.8)	45,160	91.2 (89.1-92.9)	44,980	90.8 (88.6-92.5)
Nativity										
Non-US-born	11,113	61.1 (56.8-65.3)	13,588	74.5 (70.6-78.0)	13,989	77.0 (73.2-80.4)	14,322	78.5 (74.8-81.8)	14,501	79.4 (75.6-82.7)
US-born	40,333	87.3 (84.3-89.7)	42,315	91.5 (89.0-93.5)	42,684	92.3 (90.0-94.1)	42,652	92.4 (90.1-94.3)	42,426	91.8 (89.4-93.7)
Marital status										
Unmarried	15,727	77.7 (73.0-81.8)	16,798	82.8 (78.5-86.5)	17,560	86.5 (82.7-89.5)	17,258	85.2 (81.0-88.6)	17,337	85.3 (81.1-88.7)
Married	35,743	80.9 (78.1-83.5)	39,131	88.5 (86.2-90.4)	39,138	88.7 (86.4-90.7)	39,740	90.0 (87.9-91.8)	39,614	89.7 (87.4-91.6)
WIC participation										
No	38,065	85.9 (83.1-88.2)	40,568	91.4 (89.1-93.3)	40,649	91.6 (89.3-93.4)	41,281	93.2 (91.1-94.8)	40,859	92.1 (89.8-93.8)
Yes	13,084	66.4 (61.7-70.9)	15,020	76.1 (71.8-80.0)	15,727	80.0 (76.0-83.5)	15,395	78.2 (73.9-81.9)	15,741	79.8 (75.5-83.4)
Disability status										
No	46,756	80.8 (78.3-83.1)	50,948	88.0 (85.9-89.8)	51,541	89.2 (87.2-90.9)	51,658	89.4 (87.4-91.1)	51,726	89.3 (87.3-91.1)
Yes		71.7 (62.6-79.4)	4,937	75.3 (66.8-82.2)	5,089	77.6 (69.4-84.1)	5,296	80.8 (73.1-86.6)	5,182	79.3 (71.2-85.6)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5); ³Loan Money=having someone who could loan money; ⁴Help while on Bed Rest=having someone to help while being sick and needed to be in bed; ⁵Someone to talk with=having someone to talk with about their problems; ⁶Help when tired/frustrated=having someone's help while being tired and feeling frustrated with the new baby; ⁷Give ride=having someone to give a ride to see a doctor.

Table 23. Prevalence of different types of social support after delivery by sociodemographic characteristics, MA PRAMS, 2020

Characteristic	Loan money ³		Bed rest ⁴		Someone to talk with ⁵		Help when tired/frustrated ⁶		Give ride ⁷	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	48,139	77.7 (74.9-80.3)	52,648	85.1 (82.8-87.2)	54,183	87.4 (85.1-89.3)	53,947	86.9 (84.6-88.8)	55,057	88.6 (86.5-90.4)
Race/ethnicity										
White, non-Hispanic	31,255	85.8 (81.4-89.4)	33,237	91.5 (87.8-94.2)	33,761	92.7 (89.1-95.2)	33,737	92.7 (89.1-95.1)	33,756	92.7 (89.3-95.1)
Black, non-Hispanic	3,812	64.1 (58.1-69.6)	4,595	77.4 (71.7-82.3)	4,692	79.2 (73.6-83.9)	4,802	80.9 (76.1-84.8)	4,928	83.0 (78.5-86.7)
Hispanic	8,807	69.8 (64.6-74.6)	9,244	73.2 (68.0-77.9)	9,903	78.0 (73.2-82.2)	9,480	74.6 (69.5-79.1)	10,482	82.0 (77.4-85.9)
Asian, non-Hispanic	3,268	57.1 (51.2-62.8)	4,407	77.0 (71.6-81.6)	4,686	81.4 (76.3-85.6)	4,866	84.0 (79.2-87.9)	4,707	81.5 (76.4-85.7)
Other, non-Hispanic	259	69.3 (43.7-86.8)	297	79.4 (52.3-93.2)	274	77.7 (49.3-92.6)	295	79.0 (51.5-93.0)	317	84.8 (55.7-96.1)
Age (years)										
<20	1,129	85.1 (69.7-93.4)	1,149	86.6 (69.2-94.9)	1,135	85.5 (69.6-93.9)	1,021	76.9 (55.1-90.0)	1,210	91.1 (77.2-96.9)
20-29	14,275	71.5 (65.7-76.6)	16,333	82.0 (77.3-85.8)	17,232	86.4 (82.3-89.6)	16,817	84.2 (79.6-87.9)	17,219	85.9 (81.4-89.5)
30-39	29,743	81.5 (78.1-84.4)	31,766	87.1 (84.0-89.7)	32,299	88.2 (85.1-90.7)	32,754	89.2 (86.5-91.5)	33,176	90.4 (87.8-92.5)
40+	2,992	72.6 (60.3-82.3)	3,400	82.5 (71.9-89.7)	3,517	85.7 (75.8-91.9)	3,355	82.0 (71.2-89.4)	3,452	84.4 (73.6-91.3)
Education										
<High school	2,700	63.9 (53.5-73.1)	3,053	70.0 (59.8-78.6)	3,155	73.9 (64.2-81.7)	2,941	67.5 (57.3-76.2)	3,201	73.1 (62.9-81.3)
High school diploma	5,928	63.7 (54.3-72.1)	7,387	80.4 (72.8-86.2)	7,870	84.5 (77.6-89.6)	7,767	83.1 (75.9-88.5)	8,060	85.7 (78.6-90.7)
Some college	9,664	74.9 (68.0-80.7)	10,557	81.8 (75.4-86.9)	10,967	85.1 (78.8-89.8)	10,876	84.4 (77.9-89.2)	11,342	88.1 (82.5-92.0)
College graduate	29,021	84.4 (81.1-87.2)	30,801	89.9 (86.9-92.2)	31,284	90.9 (88.1-93.1)	31,550	91.7 (89.3-93.7)	31,591	91.8 (89.2-93.9)
Insurance type										
Private	31,706	85.4 (82.3-88.1)	34,407	93.0 (90.7-94.7)	34,697	93.5 (91.3-95.2)	34,280	92.3 (89.8-94.2)	34,497	93.0 (90.6-94.8)
Medicaid	14,718	67.7 (62.5-72.6)	16,044	73.7 (68.7-78.2)	17,172	78.7 (74.0-82.8)	17,153	78.5 (73.9-82.4)	18,003	81.9 (77.5-85.7)
Other	818	64.4 (43.2-81.2)	923	74.9 (53.3-88.7)	923	72.7 (51.4-87.1)	1,058	83.4 (60.9-94.2)	968	78.0 (56.0-90.8)
Household poverty level										
≤100% FPL	6,270	55.1 (47.3-62.6)	7,996	70.6 (62.8-77.4)	8,552	74.6 (66.9-81.0)	8,402	73.2 (66.1-79.3)	8,918	77.8 (70.9-83.5)
>100% FPL	39,465	84.2 (81.5-86.6)	41,806	89.4 (87.1-91.3)	42,710	91.2 (89.2-92.9)	42,589	90.8 (88.5-92.7)	42,935	91.5 (89.3-93.3)
Nativity										
Non-US-born	12,366	58.7 (54.0-63.3)	15,488	73.6 (69.2-77.5)	16,340	77.6 (73.4-81.3)	16,864	79.6 (76.0-82.8)	17,415	82.3 (78.8-85.3)
US-born	35,773	87.5 (84.1-90.3)	37,159	91.1 (88.2-93.4)	37,844	92.4 (89.7-94.5)	37,083	90.6 (87.6-93.0)	37,641	91.9 (89.0-94.0)
Marital status										
Unmarried	14,230	76.7 (71.2-81.4)	15,159	81.8 (76.8-85.9)	15,720	84.1 (79.3-88.0)	15,304	82.2 (77.2-86.3)	16,051	85.8 (81.1-89.6)
Married	33,909	78.2 (74.8-81.2)	37,489	86.6 (83.8-88.9)	38,464	88.8 (86.2-91.0)	38,643	88.9 (86.4-91.0)	39,006	89.8 (87.4-91.8)
WIC participation										
No	34,898	83.1 (80.0-85.8)	37,700	90.0 (87.6-92.0)	38,360	91.3 (89.0-93.1)	38,255	90.9 (88.4-92.9)	38,363	91.2 (88.8-93.2)
Yes	13,199	66.6 (60.9-71.8)	14,906	75.2 (69.7-79.9)	15,744	79.3 (74.1-83.6)	15,635	78.6 (73.8-82.8)	16,637	83.3 (78.7-87.0)
Disability status										
No	43,405	78.6 (75.7-81.3)	47,785	86.8 (84.4-88.8)	48,874	88.5 (86.2-90.4)	48,725	88.2 (85.9-90.1)	49,639	89.8 (87.7-91.6)
Yes	4,676	70.2 (59.8-78.9)	4,806	71.8 (61.2-80.4)	5,251	78.4 (68.8-85.7)	5,165	76.4 (66.4-84.2)	5,327	78.8 (68.7-86.3)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5); ³Loan Money=having someone who could loan money; ⁴Help while on Bed Rest=having someone to help while being sick and needed to be in bed; ⁵Someone to talk with=having someone to talk with about their problems; ⁶Help when tired/frustrated=having someone's help while being tired and feeling frustrated with the new baby; ⁷Give ride=having someone to give a ride to see a doctor

Table 24. Prevalence of different types of social support after delivery by sociodemographic characteristics, MA PRAMS, 2021

Characteristic	Loan money ³		Bed rest ⁴		Someone to talk with ⁵		Help when tired/frustrated ⁶		Give ride ⁷	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	52,786	81.9 (79.4-84.2)	56,188	87.1 (84.9-89.1)	57,542	89.2 (87.1-91.0)	57,148	88.9 (86.7-90.8)	58,085	90.0 (88-91.7)
Race/ethnicity										
White, non-Hispanic	34,729	89.9 (86.1-92.8)	35,570	92.1 (88.6-94.6)	35,954	93.1 (89.7-95.5)	35,671	92.4 (88.9-94.8)	36,111	93.5 (90.2-95.7)
Black, non-Hispanic	4,375	72.9 (67.3-77.9)	4,772	79.8 (74.6-84.2)	5,093	85.5 (80.7-89.3)	5,010	84.0 (79.2-87.9)	5,002	83.9 (78.9-87.9)
Hispanic	9,124	70.0 (64.8-74.6)	10,156	77.7 (72.9-81.9)	10,822	82.6 (78.1-86.3)	10,579	81.9 (77.3-85.8)	11,318	86.0 (81.8-89.3)
Asian, non-Hispanic	2,961	59.8 (53.4-65.9)	3,948	79.2 (73.3-84.0)	3,930	78.8 (72.9-83.7)	4,146	83.4 (77.8-87.8)	3,877	78.3 (72.3-83.3)
Other, non-Hispanic	179	62.6 (32.7-85.2)	197	68.9 (36.8-89.4)	197	68.9 (36.8-89.4)	197	68.9 (36.8-89.4)	232	81.3 (47.6-95.4)
Age (years)										
<20	759	74.6 (55.9-87.2)	943	87.6 (70.9-95.3)	861	82.3 (65.2-92.0)	921	90.6 (74.4-97.0)	974	90.5 (74.2-96.9)
20-29	13,996	76.2 (71.1-80.6)	15,105	82.7 (78.2-86.4)	15,729	85.6 (81.2-89.2)	15,747	86.3 (82.0-89.7)	16,038	87.3 (83.5-90.4)
30-39	36,114	84.4 (81.3-87.1)	38,194	89.1 (86.3-91.5)	38,955	91.0 (88.4-93.1)	38,485	90.0 (87.2-92.3)	39,143	91.4 (88.8-93.5)
40+	1,917	84.1 (68.2-92.9)	1,946	85.4 (69.0-93.9)	1,996	87.5 (70.3-95.4)	1,996	87.5 (70.3-95.4)	1,930	84.6 (68.3-93.4)
Education										
<High school	2,340	54.5 (44.5-64.2)	3,001	70.2 (60.0-78.7)	3,156	74.1 (63.9-82.2)	3,222	75.7 (65.5-83.6)	3,438	79.7 (69.6-87.1)
High school diploma	6,318	67.9 (59.1-75.6)	7,153	76.6 (68.4-83.1)	7,639	81.7 (73.9-87.6)	7,711	82.8 (75.5-88.3)	7,767	83.4 (76.1-88.9)
Some college	10,228	79.9 (73.3-85.3)	10,846	84.8 (78.7-89.5)	11,296	87.9 (82.0-92.1)	10,945	85.9 (79.7-90.5)	11,447	89.1 (83.8-92.8)
College graduate	32,786	89.2 (86.4-91.4)	34,042	92.6 (90.0-94.5)	34,305	93.3 (90.8-95.1)	34,154	93.0 (90.3-95.0)	34,227	93.1 (90.6-95.0)
Insurance type										
Private	34,819	89.6 (86.8-91.8)	36,273	93.3 (91.0-95.1)	36,381	93.6 (91.2-95.4)	36,177	93.2 (90.6-95.1)	36,570	94.1 (91.7-95.8)
Medicaid	15,150	69.9 (64.8-74.6)	16,887	77.9 (73.0-82.1)	18,012	82.9 (78.4-86.6)	17,737	82.2 (77.6-86.0)	18,475	84.9 (80.8-88.2)
Other	1,341	69.6 (48.6-84.7)	1,386	71.4 (50.3-86.0)	1,456	75.0 (53.2-88.8)	1,491	78.0 (55.1-91.1)	1,368	71.6 (50.2-86.3)
Household poverty level										
≤100% FPL	7,336	65.5 (58.2-72.1)	8,234	74.0 (66.8-80.0)	8,869	79.3 (73.0-84.5)	8,866	79.6 (73.0-84.9)	9,375	83.4 (78.1-87.7)
>100% FPL	44,303	87.8 (85.3-89.9)	46,439	92.0 (89.8-93.7)	46,903	92.9 (90.7-94.6)	46,616	92.6 (90.4-94.3)	46,757	92.7 (90.5-94.4)
Nativity										
Non-US-born	12,524	61.6 (56.8-66.2)	15,580	76.1 (71.8-79.9)	16,415	80.4 (76.4-83.8)	16,176	79.6 (75.4-83.2)	16,228	79.4 (75.1-83.1)
US-born	40,262	91.3 (88.5-93.5)	40,608	92.3 (89.5-94.4)	41,127	93.3 (90.6-95.3)	40,972	93.2 (90.4-95.2)	41,858	94.9 (92.5-96.6)
Marital status										
Unmarried	14,867	75.6 (70.2-80.4)	15,988	81.3 (76.2-85.5)	16,317	83.0 (77.9-87.1)	16,625	84.8 (79.9-88.7)	17,317	87.8 (83.4-91.2)
Married	37,919	84.7 (81.9-87.1)	40,201	89.7 (87.2-91.7)	41,225	92.0 (89.7-93.8)	40,523	90.7 (88.2-92.7)	40,768	91.0 (88.6-92.9)
WIC participation										
No	40,159	87.3 (84.4-89.7)	41,797	90.7 (88.1-92.8)	42,314	91.9 (89.4-93.9)	41,933	91.2 (88.5-93.3)	42,618	92.5 (90.1-94.3)
Yes	12,557	68.5 (63.2-73.4)	14,290	78.2 (73.4-82.3)	15,127	82.6 (78.0-86.3)	15,145	83.2 (78.8-86.9)	15,366	83.8 (79.3-87.5)
Disability status										
No	47,407	83.4 (80.8-85.6)	50,385	88.6 (86.3-90.5)	51,587	90.7 (88.5-92.4)	51,056	90.0 (87.7-91.9)	51,861	91.0 (88.9-92.7)
Yes	5,265	72.2 (62.4-80.2)	5,689	77.8 (69.0-84.6)	5,817	79.5 (70.2-86.5)	5,954	81.8 (73.5-87.9)	6,086	83.6 (74.9-89.7)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5); ³Loan Money=having someone who could loan money; ⁴Help while on Bed Rest=having someone to help while being sick and needed to be in bed; ⁵Someone to talk with=having someone to talk with about their problems; ⁶Help when tired/frustrated=having someone's help while being tired and feeling frustrated with the new baby; ⁷Give ride=having someone to give a ride to see a doctor

Table 25. Prevalence of emotional support from respondent's partner and financial support from infant's father after delivery by sociodemographic characteristics, MA PRAMS, 2019–2021

Characteristic	2019				2020				2021			
	Emotional support ³		Financial support ⁴		Emotional support ³		Financial support ⁴		Emotional support ³		Financial support ⁴	
	n ¹	Percentage (95% CI)										
Total	54,072	82.4 (79.9-84.7)	57,917	89.5 (87.6-91.1)	53,177	84.3 (81.8-86.6)	56,548	90.6 (88.4-92.4)	56,013	85.6 (83.1-87.8)	58,480	91.0 (88.9-92.7)
Race/ethnicity												
White, non-Hispanic	33,594	85.2 (81.3-88.4)	36,315	93.1 (90.1-95.2)	32,487	88.6 (84.5-91.7)	34,291	94.2 (90.5-96.6)	34,880	89.3 (85.3-92.3)	35,801	93.6 (90.0-95.9)
Black, non-Hispanic	4,743	74.5 (69.1-79.3)	4,873	78.4 (73.7-82.6)	4,349	70.5 (64.7-75.7)	4,951	81.8 (77.1-85.6)	4,352	70.0 (64.2-75.2)	4,629	76.6 (71.0-81.4)
Hispanic	9,450	74.4 (69.9-78.5)	10,230	82.2 (78.1-85.7)	9,826	75.6 (70.7-79.9)	10,775	83.7 (79.3-87.4)	10,768	81.4 (76.9-85.1)	11,499	87.4 (83.6-90.4)
Asian, non-Hispanic	5,267	92.5 (88.8-95.0)	5,302	94.3 (90.7-96.6)	5,438	91.4 (87.4-94.2)	5,588	95.3 (91.9-97.4)	4,432	88.2 (83.1-92.0)	4,718	94.6 (90.4-97.1)
Other, non-Hispanic	567	90.5 (74.3-96.9)	559	89.2 (71.6-96.4)	339	90.6 (57.0-98.6)	305	81.6 (50.9-95.0)	250	82.4 (49.7-95.7)	286	100 (-.)
Age (years)												
<20	936	89.9 (74.1-96.5)	757	72.8 (53.6-86.1)	1,037	78.2 (56.1-90.9)	902	68.0 (46.3-83.9)	614	57.0 (36.9-75.1)	589	56.3 (36.0-74.7)
20-29	16,712	80.0 (75.8-83.7)	17,591	85.9 (82.2-88.9)	16,681	81.1 (76.3-85.1)	17,141	85.2 (79.9-89.3)	15,065	81.4 (76.2-85.8)	16,358	89.0 (84.7-92.2)
30-39	33,661	83.7 (80.4-86.6)	36,782	92.3 (90.0-94.2)	31,908	86.2 (82.8-89.1)	34,696	94.2 (91.9-95.9)	38,515	88.8 (85.8-91.2)	39,409	92.7 (90.0-94.7)
40+	2,763	79.3 (65.8-88.4)	2,787	82.9 (69.2-91.3)	3,551	85.6 (75.9-91.8)	3,809	92.1 (84.0-96.3)	1,819	74.6 (58.5-86.0)	2,123	91.7 (77.5-97.2)
Education												
<High school	3,872	81.1 (73.1-87.1)	3,821	83.1 (76.2-88.3)	3,425	73.5 (63.8-81.3)	3,277	74.0 (64.3-81.7)	3,519	78.5 (70.5-84.8)	3,498	79.9 (72.0-86.0)
High school diploma	6,629	69.6 (62.1-76.2)	7,290	79.4 (72.8-84.8)	7,108	74.4 (65.8-81.4)	7,380	78.2 (68.7-85.5)	7,616	80.4 (72.8-86.3)	7,911	85.0 (77.4-90.3)
Some college	12,082	77.1 (71.7-81.7)	13,016	84.5 (79.8-88.2)	10,698	86.2 (82.8-89.1)	11,367	87.8 (81.6-92.1)	10,228	79.2 (71.8-85.1)	10,993	85.6 (78.9-90.5)
College graduate	30,130	89.1 (85.6-91.8)	32,260	95.6 (93.3-97.2)	30,935	89.4 (86.2-92.0)	33,564	97.4 (96.0-98.4)	33,498	90.1 (86.9-92.5)	34,831	95.7 (93.2-97.3)
Insurance type												
Private	35,085	89.0 (85.9-91.5)	37,547	96.1 (94.2-97.4)	33,481	89.6 (86.5-92.0)	36,225	97.3 (95.7-98.3)	35,672	91.3 (88.4-93.5)	36,966	95.9 (93.6-97.4)
Medicaid	16,262	71.4 (66.9-75.6)	17,301	77.9 (73.6-81.6)	17,401	77.5 (72.8-81.6)	17,807	80.6 (75.6-84.9)	16,978	76.3 (71.2-80.8)	18,171	83.3 (78.8-87.0)
Other	1,521	86.4 (69.5-94.7)	1,718	97.7 (90.9-99.4)	885	68.9 (41.5-87.4)	910	71.7 (42.6-89.6)	1,646	84.8 (64.6-94.4)	1,709	88.0 (63.0-96.9)
Household poverty level												
≤100% FPL	8,867	67.9 (61.8-73.5)	9,205	72.1 (66.1-77.4)	8,605	73.1 (65.9-79.3)	9,097	78.2 (71.3-83.8)	8,211	70.9 (64.0-76.9)	8,795	77.9 (71.5-83.2)
>100% FPL	43,291	86.4 (83.6-88.8)	46,624	94.1 (92.3-95.5)	41,781	88.0 (85.3-90.2)	44,474	94.6 (92.3-96.2)	45,503	89.3 (86.5-91.6)	47,247	94.2 (91.8-95.9)
Nativity												
Non-US-born	16,005	85.4 (82.3-88.0)	16,367	88.8 (86.0-91.1)	18,085	83.6 (79.8-86.7)	19,238	89.9 (86.6-92.4)	17,347	84.5 (81.1-87.3)	17,997	88.6 (85.4-91.2)
US-born	38,067	81.3 (78.0-84.2)	41,550	89.8 (87.3-91.9)	35,092	84.8 (81.3-87.7)	37,310	91.0 (87.9-93.4)	38,665	86.2 (82.7-89.0)	40,483	92.1 (89.2-94.2)
Marital status												
Unmarried	14,036	67.2 (62.1-71.9)	15,073	74.2 (69.4-78.5)	14,376	75.3 (69.9-80.0)	14,336	76.5 (70.6-81.5)	14,428	71.9 (65.9-77.3)	15,111	77.9 (72.2-82.7)
Married	40,035	89.5 (86.8-91.7)	42,844	96.5 (95.1-97.5)	38,801	88.3 (85.3-90.7)	42,212	96.7 (95.0-97.8)	41,584	91.7 (89.4-93.6)	43,369	96.6 (94.9-97.8)
WIC participation												
No	39,223	87.3 (84.3-89.8)	42,029	94.6 (92.5-96.1)	37,734	88.5 (85.5-90.9)	40,298	95.6 (93.4-97.0)	41,539	89.3 (86.5-91.6)	43,143	94.4 (92.0-96.1)
Yes	14,658	72.2 (67.6-76.4)	15,532	78.0 (73.8-81.8)	15,382	75.8 (70.7-80.3)	16,141	80.2 (75.0-84.6)	14,403	76.8 (71.4-81.4)	15,231	82.6 (77.7-86.6)
Disability status												
No	49,491	84.3 (81.7-86.6)	52,860	90.9 (89.0-92.5)	48,559	86.4 (83.8-88.7)	51,080	91.9 (89.6-93.7)	50,728	88.3 (85.8-90.4)	52,143	92.1 (90.0-93.9)
Yes	4,563	66.8 (57.6-74.9)	5,013	77.2 (68.6-84.0)	4,561	67.4 (57.1-76.3)	5,411	80.2 (70.7-87.1)	5,091	66.7 (56.7-75.5)	6,155	83.2 (74.6-89.4)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5); ³Emotional support=birthing person received encouragement and emotional support from their partner always/often; ⁴Financial support=father of baby contributed money, food, clothing, shelter, or health care for new baby always/often

Table 26. Prevalence of categories of stressors in the 12 months before delivery, by sociodemographic characteristics, MA PRAMS, 2019

Characteristic	Any stressors ³		Emotional stressors ⁴		Financial stressors ⁵		Partner Stressors ⁶		Traumatic Stressors ⁷	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	41,125	62.7 (59.6-65.7)	17,877	27.2 (24.5-30.1)	26,340	40.2 (37.2-43.3)	13,240	20.2 (17.8-22.8)	8,062	12.3 (10.4-14.6)
Race/ethnicity										
White, non-Hispanic	24,133	61.2 (56.4-65.7)	10,973	27.8 (23.7-32.2)	14,653	37.1 (32.6-41.9)	6,679	17.0 (13.6-20.9)	4,956	12.6 (9.8-16.1)
Black, non-Hispanic	4,321	68.1 (62.5-73.2)	1,644	25.7 (21.1-31.0)	3,031	48.1 (42.4-53.8)	2,083	32.8 (27.4-38.8)	747	11.9 (8.3-16.8)
Hispanic	9,028	71.2 (66.6-75.4)	3,877	30.4 (26.0-35.1)	6,242	49.6 (44.7-54.5)	3,536	27.8 (23.6-32.4)	1,988	15.8 (12.5-19.9)
Asian, non-Hispanic	2,589	45.4 (39.9-50.9)	944	16.5 (12.8-21.0)	1,678	29.2 (24.4-34.5)	582	10.2 (7.3-14.1)	Insufficient data ²	
Other, non-Hispanic	416	66.3 (47.4-81.1)	178	28.4 (15.0-47.2)	323	51.5 (33.7-68.8)	136	21.6 (10.1-40.2)	Insufficient data ²	
Age (years)										
<20	678	65.1 (45.6-80.7)	277	26.6 (12.1-48.8)	604	60.6 (40.8-77.5)	406	39.0 (21.5-59.9)	250	24.0 (10.0-47.4)
20-29	14,622	68.5 (63.6-73.0)	6,700	32.1 (27.4-37.2)	10,714	51.4 (46.2-56.5)	5,210	25.0 (21.0-29.5)	3,983	19.2 (15.2-23.9)
30-39	22,630	55.5 (51.4-59.6)	10,142	25.1 (21.7-28.9)	13,834	34.5 (30.7-38.5)	6,753	16.8 (13.9-20.1)	3,711	9.3 (7.1-12.0)
40+	2,164	61.1 (48.0-72.9)	758	21.5 (11.9-35.8)	1,187	33.9 (22.2-47.9)	871	24.9 (14.5-39.5)	Insufficient data ²	
Education										
<High school	3,037	59.6 (50.6-68.0)	1,445	29.5 (21.7-38.9)	2,287	48.1 (38.9-57.4)	1,087	22.4 (15.6-31.0)	1,052	21.8 (14.1-32.0)
High school diploma	6,595	67.6 (60.8-73.7)	2,611	27.7 (21.3-35.1)	4,934	52.5 (45.0-59.8)	2,558	26.8 (20.9-33.8)	1,820	19.3 (13.5-26.8)
Some college	10,918	68.8 (62.7-74.3)	4,993	31.6 (26.0-37.8)	7,322	46.8 (40.7-53.1)	4,447	28.6 (23.4-34.5)	2,801	18.0 (13.6-23.4)
College graduate	18,185	53.2 (48.6-57.8)	8,494	25.1 (21.3-29.3)	10,821	31.9 (27.8-36.4)	4,533	13.4 (10.5-16.9)	1,889	5.6 (3.8-8.1)
Insurance type										
Private	22,634	57.6 (53.2-61.8)	10,281	26.1 (22.4-30.0)	13,443	34.2 (30.2-38.4)	5,997	15.2 (12.3-18.6)	2,708	6.9 (5.0-9.4)
Medicaid	16,517	72.3 (68.1-76.2)	6,739	29.4 (25.2-34.0)	13,148	57.9 (53.3-62.4)	6,388	28.2 (24.2-32.5)	4,826	21.3 (17.3-25.9)
Other	893	50.0 (33.0-67.0)	407	22.8 (11.9-39.2)	811	45.4 (29.1-62.8)	293	16.4 (7.7-31.8)	Insufficient data ²	
Household poverty level										
≤100% FPL	9,628	73.0 (67.6-77.8)	4,102	31.5 (26.0-37.5)	7,328	56.7 (50.7-62.6)	4,044	31.4 (26.0-37.3)	3,419	26.4 (20.9-32.9)
>100% FPL	28,993	57.5 (53.7-61.1)	13,167	26.2 (23.1-29.7)	17,798	35.6 (32.1-39.2)	8,700	17.4 (14.7-20.4)	4,247	8.5 (6.7-10.8)
Nativity										
Non-US-born	10,514	54.2 (49.9-58.4)	3,994	21.1 (17.9-24.7)	7,680	41.1 (36.9-45.5)	3,283	17.4 (14.6-20.7)	1,060	5.7 (4.0-8.0)
US-born	29,555	62.5 (58.5-66.4)	13,883	29.6 (26.1-33.4)	18,635	39.8 (36.0-43.8)	9,958	21.3 (18.3-24.7)	7,002	15 (12.4-18.1)
Marital status										
Unmarried	15,392	72.3 (67.5-76.6)	6,287	29.9 (25.4-34.9)	11,111	53.1 (47.9-58.3)	6,287	29.9 (25.5-34.7)	4,746	22.7 (18.4-27.6)
Married	24,701	54.4 (50.5-58.3)	11,590	25.9 (22.6-29.5)	15,229	34.2 (30.6-37.9)	6,954	15.6 (12.9-18.7)	3,316	7.5 (5.6-9.9)
Disability status										
No	34,594	58.6 (55.3-61.8)	14,761	25.2 (22.4-28.2)	22,666	38.8 (35.6-42.1)	11,071	18.9 (16.5-21.6)	6,603	11.3 (9.3-13.7)
Yes	5,242	76.7 (67.9-83.7)	2,892	42.5 (33.5-52.0)	3,573	52.9 (43.6-62.1)	1,958	29.3 (22.0-37.8)	1,433	21.5 (14.8-30.0)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5); ³Any of 14 stressful life events during the 12 months prior to birth of new infant; ⁴Emotional stressors: A close family member was very sick and had to go into the hospital; I was apart from my husband or partner due to military deployment or extended work-related travel; Someone very close to me died; ⁵Financial stressors: I moved to a new address; My husband or partner lost his job; I lost my job even though I wanted to go on working; My husband, partner, or I had a cut in work hours or pay; I had problems paying the rent, mortgage, or other bills; ⁶ Partner stressors: I got separated or divorced from my husband or partner; I argued with my husband or partner more than usual; My husband or partner said he didn't want me to be pregnant; ⁷Traumatic stressors: I was homeless or had to sleep outside in a car, or in a shelter; My husband, partner or I went to jail; . Someone very close to me had a problem with drinking or drugs.

Table 27. Prevalence of categories of stressors in the 12 months before delivery, by sociodemographic characteristics, MA PRAMS, 2020

Characteristic	Any stressors ³		Emotional stressors ⁴		Financial stressors ⁵		Partner Stressors ⁶		Traumatic Stressors ⁷	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	40,626	64.2 (60.8-67.4)	18,337	29 (25.8-32.3)	25,897	41.0 (37.6-44.4)	11,243	17.8 (15.3-20.6)	6,334	10.0 (8.0-12.5)
Race/ethnicity										
White, non-Hispanic	23,202	63.4 (58.0-68.4)	11,422	31.2 (26.3-36.5)	13,389	36.7 (31.6-42.1)	5,575	15.2 (11.6-19.8)	4,184	11.4 (8.3-15.6)
Black, non-Hispanic	4,332	70.6 (65.4-75.3)	1,954	31.4 (26.2-37.2)	2,839	46.1 (40.5-51.9)	1,612	26.1 (21.0-31.8)	625	10.1 (7.2-14.0)
Hispanic	8,753	65.9 (60.7-70.7)	3,413	25.7 (21.4-30.5)	6,560	49.3 (44.0-54.6)	3,168	24.1 (19.7-29.0)	1,260	9.5 (6.8-13.1)
Asian, non-Hispanic	3,295	55.0 (49.2-60.6)	912	15.3 (11.6-19.8)	2,394	40.1 (34.6-45.8)	793	13.3 (9.8-17.7)	131	2.2 (1.0-4.9)
Other, non-Hispanic	281	68.9 (43.5-86.5)	205	52.4 (29.0-74.8)	154	37.9 (18.6-61.8)	Insufficient data ²		Insufficient data ²	
Age (years)										
<20	1,004	69.3 (48.8-84.3)	336	24.5 (10.2-48.1)	827	59.6 (38.3-77.7)	376	27.1 (12.9-48.2)	376	28 (11.9-53.0)
20-29	14,011	66.9 (61.0-72.3)	6,237	30.1 (24.6-36.2)	10,634	51.3 (45.2-57.4)	4,672	22.6 (17.8-28.2)	2,751	13.3 (9.3-18.6)
30-39	21,448	57.1 (52.6-61.5)	10,426	28.1 (24.2-32.5)	13,473	36.5 (32.2-40.9)	5,498	14.9 (11.9-18.4)	2,842	7.7 (5.5-10.7)
40+	2,050	49.2 (36.8-61.7)	1,339	32.4 (21.7-45.3)	963	23.2 (15.1-33.9)	698	16.7 (9.3-28.4)	365	8.8 (3.5-20.5)
Education										
<High school	3,313	66.8 (57.4-75.1)	1,161	24.8 (16.9-34.8)	2,775	58.3 (48.2-67.8)	1,286	27.5 (18.6-38.7)	740	15.6 (8.3-27.2)
High school diploma	6,547	66.0 (57.4-73.6)	3,518	36.0 (27.4-45.5)	4,862	49.7 (40.9-58.6)	2,522	25.9 (18.4-35.0)	2,122	21.8 (14.7-31.1)
Some college	8,296	63.0 (55.4-70.1)	3,892	29.8 (23.2-37.3)	5,975	46.2 (38.5-54.0)	3,147	24.1 (18.1-31.4)	1,634	12.5 (7.9-19.2)
College graduate	19,340	55.6 (50.9-60.2)	9,226	26.7 (22.7-31.2)	11,638	33.8 (29.5-38.3)	4,154	12.0 (9.4-15.2)	1,622	4.7 (3.1-7.2)
Insurance type										
Private	21,778	58.5 (53.9-63.0)	10,490	28.2 (24.1-32.6)	14,279	38.3 (34.0-42.9)	4,012	10.8 (8.3-13.8)	2,023	5.4 (3.7-8.0)
Medicaid	16,442	72.1 (67.2-76.5)	6,978	30.7 (25.6-36.2)	13,724	60.5 (55.1-65.6)	6,510	28.7 (23.8-34.1)	4,084	18.0 (13.6-23.3)
Other	965	76.1 (55.2-89.1)	453	35.3 (15.4-61.9)	606	47.8 (26.9-69.5)	321	25.0 (8.1-55.8)	Insufficient data ²	
Household poverty level										
≤100% FPL	8,712	73.7 (67.4-79.1)	3,499	29.9 (23.3-37.5)	7,091	60.3 (52.8-67.3)	2,969	25.4 (19.6-32.2)	2,040	17.4 (12.1-24.5)
>100% FPL	27,294	57.4 (53.3-61.4)	13,505	28.6 (25.0-32.5)	16,763	35.5 (31.8-39.5)	7,238	15.3 (12.6-18.5)	3,683	7.8 (5.7-10.6)
Nativity										
Non-US-born	13,149	59.3 (54.9-63.6)	5,181	24.0 (20.1-28.2)	9,807	45.3 (40.7-49.9)	3,470	16.1 (13.1-19.5)	1,193	5.5 (3.7-8.3)
US-born	25,364	60.4 (55.8-64.9)	13,156	31.6 (27.3-36.1)	16,090	38.7 (34.3-43.3)	7,773	18.7 (15.3-22.6)	5,141	12.4 (9.5-15.9)
Marital status										
Unmarried	14,378	72.8 (67.0-77.9)	6,653	34.1 (28.3-40.4)	10,863	55.9 (49.5-62.0)	5,890	30.3 (24.9-36.4)	3,977	20.5 (15.4-26.7)
Married	24,135	54.4 (50.3-58.5)	11,684	26.7 (23.1-30.6)	15,034	34.3 (30.5-38.4)	5,353	12.2 (9.7-15.2)	2,357	5.4 (3.8-7.6)
Disability status										
No	32,600	58.0 (54.3-61.5)	14,853	26.6 (23.4-30.0)	21,657	38.8 (35.3-42.4)	8,020	14.4 (12.0-17.1)	4,880	8.7 (6.7-11.3)
Yes	5,535	81.6 (71.9-88.4)	3,370	50.0 (39.2-60.8)	3,907	58.1 (46.9-68.5)	3,107	46.5 (35.8-57.6)	1,290	19.3 (11.5-30.4)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5); ³Any of 14 stressful life events during the 12 months prior to birth of new infant; ⁴Emotional stressors: A close family member was very sick and had to go into the hospital; I was apart from my husband or partner due to military deployment or extended work-related travel; Someone very close to me died; ⁵Financial stressors: I moved to a new address; My husband or partner lost his job; I lost my job even though I wanted to go on working; My husband, partner, or I had a cut in work hours or pay; I had problems paying the rent, mortgage, or other bills; ⁶ Partner stressors: I got separated or divorced from my husband or partner; I argued with my husband or partner more than usual; My husband or partner said he didn't want me to be pregnant; ⁷Traumatic stressors: I was homeless or had to sleep outside in a car, or in a shelter; My husband, partner or I went to jail; . Someone very close to me had a problem with drinking or drugs.

Table 28. Prevalence of categories of stressors in the 12 months before delivery, by sociodemographic characteristics, MA PRAMS, 2021

Characteristic	Any stressors ³		Emotional stressors ⁴		Financial stressors ⁵		Partner Stressors ⁶		Traumatic Stressors ⁷	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	42,341	64.1 (60.7-67.4)	19,410	29.4 (26.4-32.7)	31,022	47.1 (43.6-50.5)	10,961	16.6 (14.2-19.4)	8,599	13 (10.7-15.8)
Race/ethnicity										
White, non-Hispanic	24,507	62.4 (57.1-67.3)	11,694	29.8 (25.2-34.8)	17,286	44.0 (38.8-49.3)	5,785	14.7 (11.2-19.1)	5,656	14.4 (10.9-18.8)
Black, non-Hispanic	4,673	74.0 (68.1-79.2)	2,427	38.6 (32.9-44.6)	3,603	57.2 (51.1-63.0)	1,659	26.1 (21.2-31.7)	875	13.7 (10.1-18.5)
Hispanic	9,586	70.7 (65.7-75.3)	4,120	30.5 (25.8-35.5)	7,476	55.6 (50.3-60.8)	2,599	19.3 (15.5-23.7)	1,653	12.3 (9.2-16.3)
Asian, non-Hispanic	2,762	55.0 (48.6-61.2)	879	17.5 (13.2-22.9)	2,099	41.8 (35.7-48.2)	537	10.7 (7.3-15.5)	179	3.6 (1.8-7.1)
Other, non-Hispanic	179	58.9 (31.1-82.0)	Insufficient data ²		161	53.0 (26.7-77.7)	Insufficient data ²		0	0 (-.)
Age (years)										
<20	861	82.3 (65.2-92.0)	429	39.9 (22.0-60.9)	730	69.8 (51.0-83.6)	350	32.5 (15.8-55.4)	267	25.5 (9.9-51.5)
20-29	12,982	69.1 (63.2-74.5)	5,990	31.9 (26.3-38.1)	10,495	56.0 (49.7-62.0)	3,659	19.5 (14.9-25.1)	3,739	20 (14.9-26.2)
30-39	26,762	61.1 (56.8-65.4)	12,033	27.5 (23.8-31.6)	18,741	42.9 (38.6-47.3)	6,198	14.2 (11.4-17.5)	4,350	9.9 (7.4-13.2)
40+	1,736	71.2 (52.5-84.7)	958	39.3 (24.7-56.1)	1,056	43.3 (28.0-60.1)	753	30.9 (17.6-48.4)	244	10 (3.8-23.7)
Education										
<High school	3,010	66.4 (56.6-74.9)	1,079	24.3 (16.9-33.7)	2,494	55.4 (45.6-64.9)	780	17.4 (11.9-24.9)	543	12.2 (6.7-21.3)
High school diploma	6,766	69.8 (60.9-77.4)	3,141	32.3 (24.5-41.2)	5,634	58.5 (49.4-67.1)	1,576	16.3 (11.0-23.4)	1,922	19.9 (13.2-29)
Some college	9,587	73.7 (65.8-80.3)	4,464	34.4 (27.2-42.3)	7,424	57.2 (49.1-65.0)	3,295	25.3 (18.8-33.1)	3,126	24 (17.2-32.4)
College graduate	22,522	60.1 (55.5-64.6)	10,625	28.4 (24.4-32.8)	15,086	40.3 (35.8-44.9)	5,208	13.9 (10.9-17.6)	2,972	7.9 (5.7-11.0)
Insurance type										
Private	23,920	60.8 (56.2-65.3)	11,402	29.0 (25.0-33.4)	15,671	39.9 (35.5-44.5)	4,859	12.4 (9.6-15.8)	3,194	8.1 (5.8-11.3)
Medicaid	15,855	70.0 (64.7-74.9)	6,802	30.0 (25.2-35.3)	13,039	57.8 (52.2-63.2)	5,042	22.3 (17.9-27.4)	4,516	20.0 (15.4-25.5)
Other	1,340	69.0 (46.6-85.0)	586	30.7 (15.6-51.6)	1,239	63.8 (42.6-80.8)	609	31.3 (15.7-52.8)	376	19.3 (7.7-40.9)
Household poverty level										
≤100% FPL	8,342	71.7 (64.4-78.1)	3,688	31.7 (25.3-39.0)	6,968	59.9 (52.4-67.0)	2,687	23.2 (17.5-30.0)	2,700	23.4 (16.9-31.3)
>100% FPL	32,279	63.0 (59.0-66.9)	14,940	29.2 (25.7-33.0)	22,699	44.4 (40.4-48.4)	7,827	15.3 (12.6-18.5)	5,480	10.7 (8.3-13.8)
Nativity										
Non-US-born	12,837	61.4 (56.5-66.0)	5,022	24.1 (20.3-28.3)	10,281	49.3 (44.5-54.0)	3,229	15.4 (12.5-18.9)	1,482	7.1 (4.9-10.1)
US-born	29,505	65.4 (60.9-69.6)	14,388	31.9 (27.8-36.2)	20,741	46.0 (41.5-50.6)	7,732	17.1 (13.9-20.9)	7,118	15.8 (12.6-19.6)
Marital status										
Unmarried	14,608	70.8 (64.6-76.2)	6,122	29.7 (24.2-35.9)	11,630	56.3 (49.8-62.6)	5,442	26.3 (21.0-32.5)	5,221	25.3 (19.7-31.8)
Married	27,733	61.1 (57.0-65.1)	13,288	29.3 (25.7-33.1)	19,392	42.8 (38.9-46.9)	5,519	12.2 (9.8-15.0)	3,378	7.5 (5.5-10.0)
Disability status										
No	35,222	61.0 (57.3-64.7)	15,909	27.6 (24.4-31.1)	25,212	43.8 (40.1-47.5)	8,043	13.9 (11.5-16.7)	6,100	10.6 (8.3-13.4)
Yes	6,631	86.5 (78.7-91.8)	3,254	42.5 (33.2-52.3)	5,548	72.4 (63.4-79.9)	2,631	34.5 (25.6-44.7)	2,344	30.6 (21.7-41.2)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5); ³Any of 14 stressful life events during the 12 months prior to birth of new infant; ⁴Emotional stressors: A close family member was very sick and had to go into the hospital; I was apart from my husband or partner due to military deployment or extended work-related travel; Someone very close to me died; ⁵Financial stressors: I moved to a new address; My husband or partner lost his job; I lost my job even though I wanted to go on working; My husband, partner, or I had a cut in work hours or pay; I had problems paying the rent, mortgage, or other bills; ⁶ Partner stressors: I got separated or divorced from my husband or partner; I argued with my husband or partner more than usual; My husband or partner said he didn't want me to be pregnant ; ⁷Traumatic stressors: I was homeless or had to sleep outside in a car, or in a shelter; My husband, partner or I went to jail; . Someone very close to me had a problem with drinking or drugs.

Figure 15. Prevalence of individual stressful life events during the 12 months before delivery, MA PRAMS, 2019-2021

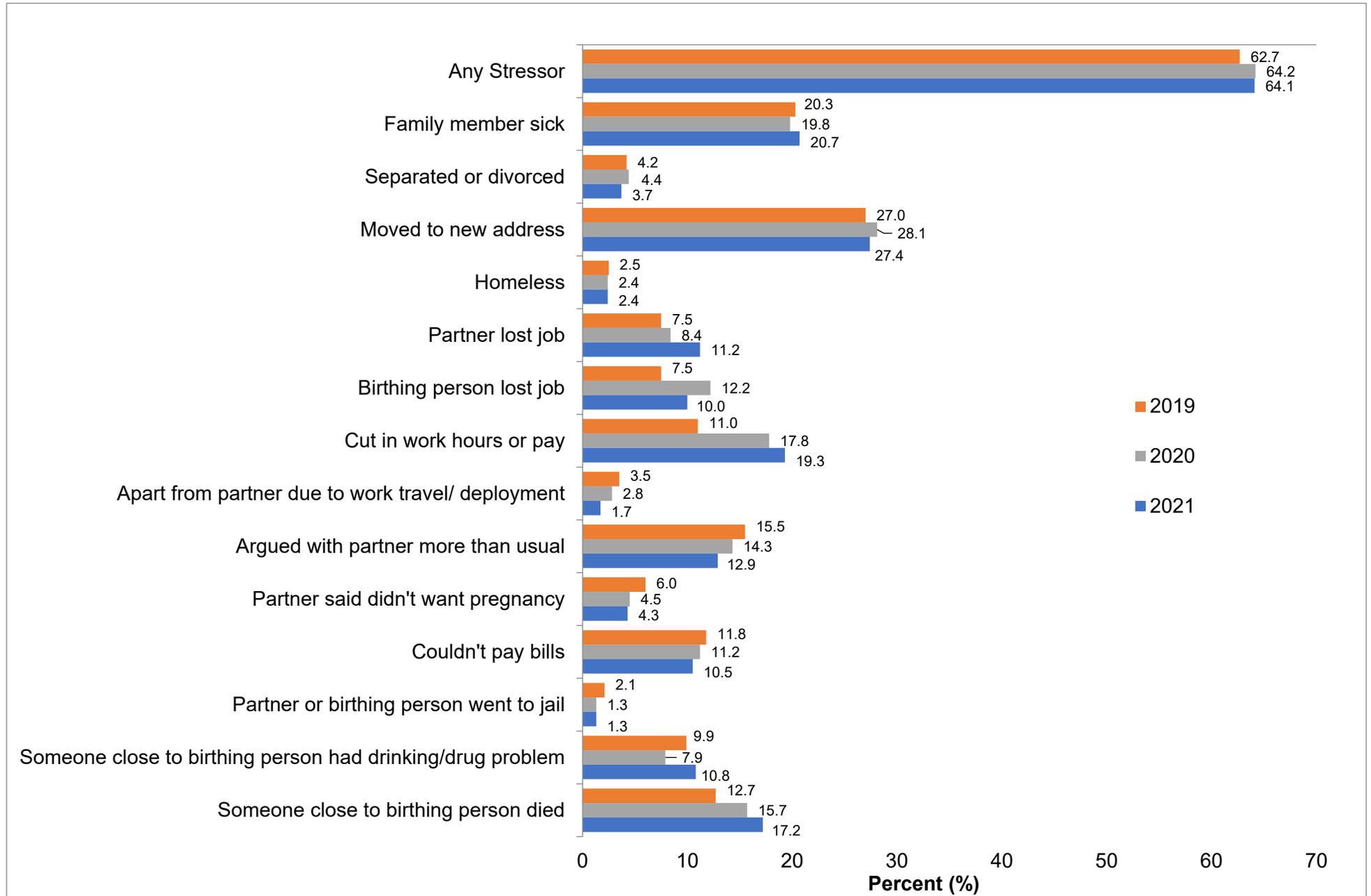


Table 29. Prevalence of stressors in the 12 months before delivery, by race/ethnicity, MA PRAMS, 2019

Stressor	Overall		White non-Hispanic		Black non-Hispanic		Hispanic		Asian non-Hispanic		Other non-Hispanic	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total (Any stressor)	41,125	62.7 (59.6-65.7)	24,133	61.2 (56.4-65.7)	4,321	68.1 (62.5-73.2)	9,028	71.2 (66.6-75.4)	2,589	45.4 (39.9-50.9)	416	66.3 (47.4-81.1)
A close family member was sick /in hospital	13,381	20.3 (17.8-23.0)	9,100	23 (19.2-27.2)	887	13.9 (10.2-18.5)	2,483	19.4 (15.8-23.7)	626	10.9 (7.9-14.8)	136	21.6 (10.1-40.2)
Got separated or divorced from partner	2,782	4.2 (3.3-5.5)	698	1.8 (0.9-3.5)	511	8.0 (4.8-12.9)	1,305	10.2 (7.6-13.7)	Insufficient data ²		Insufficient data ²	
Moved to a new address	17,760	27.0 (24.3-29.8)	10,065	25.4 (21.5-29.7)	1,800	28.4 (23.2-34.3)	4,005	31.5 (27.1-36.3)	1,397	24.3 (19.9-29.4)	230	36.6 (21.4-55.1)
Homeless or had to sleep outside, in car, in shelter	41,125	62.7 (59.6-65.7)	324	0.8 (0.3-2.3)	333	5.2 (3.2-8.3)	738	5.8 (3.8-8.8)	Insufficient data ²		0	0 (-.)
Partner lost job	4,935	7.5 (6.0-9.3)	2,791	7.1 (5.0-9.9)	422	6.6 (4.4-9.9)	1,352	10.8 (8.0-14.2)	129	2.2 (1.1-4.6)	Insufficient data ²	
Birthing person lost job	4,952	7.5 (6.1-9.2)	1,970	5.0 (3.2-7.6)	742	11.7 (8.6-15.8)	1,810	14.3 (11.1-18.1)	188	3.3 (1.8-6.0)	Insufficient data ²	
Partner or birthing person had reduced work/pay	7,185	11.0 (9.2-13.0)	3,671	9.3 (6.9-12.4)	929	14.7 (11.2-19)	2,041	16.2 (12.9-20.2)	241	4.2 (2.6-6.9)	Insufficient data ²	
Apart from partner due to military deployment or extended work-related travel	2,332	3.5 (2.5-4.9)	1,334	3.4 (2.0-5.7)	235	3.7 (2.2-6.1)	437	3.4 (2-5.7)	215	3.7 (2.2-6.4)	0	0 (-.)
Argued with partner more than usual	10,197	15.5 (13.4-17.9)	5,494	13.9 (10.9-17.6)	1,464	23 (18.4-28.3)	2,406	18.9 (15.4-23.1)	497	8.7 (6.1-12.4)	110	17.6 (7.6-35.7)
Partner didn't want birthing person to be pregnant	3,929	6.0 (4.6-7.7)	1,967	5.0 (3.2-7.7)	688	10.8 (7.9-14.6)	1,078	8.5 (6.0-11.8)	Insufficient data ²		Insufficient data ²	
Problems paying rent, mortgage, other bills	7,733	11.8 (9.9-13.9)	4,005	10.2 (7.6-13.5)	1,094	17.1 (13.4-21.5)	2,136	16.8 (13.4-20.9)	153	2.7 (1.3-5.4)	Insufficient data ²	
Partner or birthing person went to jail	1,354	2.1 (1.4-3.2)	535	1.4 (0.6-2.9)	130	2.1 (0.9-4.8)	441	3.5 (2.0-6.0)	0	0 (-.)	Insufficient data ²	
Someone close to birthing person had problem with drinking/drugs	6,518	9.9 (8.1-12.1)	4,749	12.0 (9.3-15.5)	468	7.3 (4.4-12.0)	1,083	8.5 (6.1-11.8)	Insufficient data ²		0	0 (-.)
Someone very close to birthing person died	8,363	12.7 (10.8-14.9)	4,788	12.2 (9.4-15.6)	887	13.9 (10.7-17.8)	2,056	16.1 (12.9-20.1)	300	5.2 (3.2-8.3)	110	17.6 (7.6-35.7)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5)

Table 30. Prevalence of stressors in the 12 months before delivery, by race/ethnicity, MA PRAMS, 2020

Stressor	Overall		White non-Hispanic		Black non-Hispanic		Hispanic		Asian non-Hispanic		Other non-Hispanic	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total (Any stressor)	40,626	64.2 (60.8-67.4)	23,202	63.4 (58.0-68.4)	4,332	70.6 (65.4-75.3)	8,753	65.9 (60.7-70.7)	3,295	55.0 (49.2-60.6)	281	68.9 (43.5-86.5)
A close family member was sick /in hospital	12,522	19.8 (17.0-22.8)	8,660	23.7 (19.3-28.7)	1,069	17.0 (12.8-22.4)	1,892	14.3 (11.1-18.3)	510	8.6 (5.9-12.3)	Insufficient data ²	
Got separated or divorced from partner	2,797	4.4 (3.2-6.1)	1,101	3.0 (1.5-5.9)	501	8.1 (4.7-13.4)	1,101	8.3 (5.7-11.8)	Insufficient data ²		Insufficient data ²	
Moved to a new address	17,812	28.1 (25.1-31.2)	9,532	26 (21.6-31)	1,811	28.9 (24.2-34.2)	3,824	28.7 (24.2-33.7)	1,968	32.8 (27.7-38.3)	116	29.8 (12.7-55.3)
Homeless or had to sleep outside, in car, in shelter	1,513	2.4 (1.5-3.8)	699	1.9 (0.8-4.7)	291	4.6 (2.7-7.9)	489	3.7 (2.0-6.5)	Insufficient data ²		0	0 (-.)
Partner lost job	5,297	8.4 (6.6-10.5)	2,520	6.9 (4.5-10.5)	682	11.0 (8.0-14.8)	1,649	12.4 (9.2-16.4)	274	4.6 (2.6-8.0)	73	17.9 (5.7-44.0)
Birthing person lost job	7,731	12.2 (10.1-14.7)	3,639	9.9 (6.9-14.1)	944	15.2 (11.7-19.4)	2,480	18.7 (14.9-23.2)	551	9.3 (6.3-13.4)	Insufficient data ²	
Partner or birthing person had reduced work/pay	11,197	17.8 (15.2-20.6)	6,132	16.8 (13-21.4)	1,477	24.1 (19.3-29.8)	2,543	19.5 (15.6-24.1)	856	14.4 (10.7-19.1)	Insufficient data ²	
Apart from partner due to military deployment or extended work-related travel	1,783	2.8 (1.8-4.3)	1,022	2.8 (1.4-5.6)	309	5.0 (3.1-8)	233	1.8 (0.8-3.9)	184	3.1 (1.7-5.6)	Insufficient data ²	
Argued with partner more than usual	9,023	14.3 (12.0-16.9)	4,531	12.4 (9.1-16.6)	1,178	18.9 (14.9-23.7)	2,588	19.6 (15.6-24.3)	674	11.3 (8.1-15.5)	Insufficient data ²	
Partner didn't want birthing person to be pregnant	2,847	4.5 (3.3-6.1)	1,345	3.7 (2.0-6.6)	514	8.3 (5.7-11.8)	797	6.0 (3.9-9.3)	148	2.5 (1.1-5.5)	Insufficient data ²	
Problems paying rent, mortgage, other bills	7,051	11.2 (9.3-13.5)	2,840	7.8 (5.2-11.6)	1,159	18.7 (14.9-23.3)	2,618	19.7 (15.8-24.3)	412	6.9 (4.3-11)	Insufficient data ²	
Partner or birthing person went to jail	799	1.3 (0.7-2.4)	Insufficient data ²		114	1.8 (0.8-4.1)	253	1.9 (0.9-3.9)	Insufficient data ²		0	0 (-.)
Someone close to birthing person had a problem with drinking or drugs	5,005	7.9 (6.1-10.2)	3,586	9.8 (6.9-13.7)	430	6.9 (4.6-10.2)	758	5.7 (3.7-8.6)	97	1.6 (0.7-3.8)	Insufficient data ²	
Someone very close to birthing person died	9,948	15.7 (13.2-18.5)	5,758	15.7 (12-20.4)	1,213	19.4 (14.9-24.9)	2,152	16.1 (12.6-20.4)	381	6.4 (4.1-9.9)	115	29.3 (12.5-54.7)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5)

Table 31. Prevalence of stressors in the 12 months before delivery, by race/ethnicity, MA PRAMS, 2021

Stressor	Overall		White non-Hispanic		Black non-Hispanic		Hispanic		Asian non-Hispanic		Other non-Hispanic	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total (Any stressor)	42,341	64.1 (60.7-67.4)	24,507	62.4 (57.1-67.3)	4,673	74 (68.1-79.2)	9,586	70.7 (65.7-75.3)	2,762	55 (48.6-61.2)	179	58.9 (31.1-82.0)
A close family member was sick /in hospital	13,367	20.7 (18-23.7)	9,291	23.6 (19.5-28.4)	1,265	19.8 (15.6-24.8)	2,094	15.5 (12.0-19.6)	682	13.6 (9.8-18.5)	Insufficient data ²	
Got separated or divorced from partner	2,412	3.7 (2.7-5.2)	845	2.1 (1.0-4.8)	557	8.8 (5.9-12.9)	940	7.0 (4.8-10.1)	Insufficient data ²		Insufficient data ²	
Moved to a new address	17,674	27.4 (24.4-30.6)	10,186	25.9 (21.5-30.9)	1,976	31.1 (25.9-36.7)	4,076	30.3 (25.6-35.5)	1,364	27.2 (21.9-33.1)	Insufficient data ²	
Homeless or had to sleep outside, in car, in shelter	1,517	2.4 (1.5-3.7)	Insufficient data ²		280	4.4 (2.4-7.8)	636	4.7 (2.8-7.8)	Insufficient data ²		0	0 (-.)
Partner lost job	7,186	11.2 (9.1-13.7)	4,236	10.8 (7.8-14.7)	644	10.1 (7.1-14.2)	1,949	14.6 (11.2-18.8)	358	7.1 (4.3-11.5)	0	0 (-.)
Birthing person lost job	6,419	10.0 (8.2-12.1)	2,373	6.0 (3.8-9.4)	981	15.3 (11.5-20.1)	2,671	19.8 (15.8-24.5)	323	6.4 (3.9-10.3)	Insufficient data ²	
Partner or birthing person had reduced work/pay	12,380	19.3 (16.6-22.3)	1,557	24.5 (19.9-29.9)	1,557	24.5 (19.9-29.9)	2,917	21.9 (17.8-26.5)	573	11.5 (7.9-16.3)	Insufficient data ²	
Apart from partner due to military deployment or extended work-related travel	1,127	1.7 (1.1-2.7)	437	1.1 (0.4-2.7)	241	3.8 (2.2-6.5)	450	3.3 (1.9-5.8)	0	0 (-.)	0	0 (-.)
Argued with partner more than usual	8,341	12.9 (10.7-15.5)	4,783	12.2 (9.0-16.3)	1,171	18.4 (14.2-23.5)	1,868	13.8 (10.6-17.9)	Insufficient data ²		Insufficient data ²	
Partner didn't want birthing person to be pregnant	2,738	4.3 (3.1-5.9)	1,432	3.7 (2.1-6.4)	492	7.7 (5.1-11.5)	689	5.1 (3.2-8.2)	Insufficient data ²		Insufficient data ²	
Problems paying rent, mortgage, other bills	6,779	10.5 (8.6-12.7)	2,627	6.7 (4.3-10.2)	1,064	16.7 (12.8-21.5)	2,750	20.4 (16.5-25)	249	5.0 (2.5-9.6)	Insufficient data ²	
Partner or birthing person went to jail	851	1.3 (0.7-2.4)	Insufficient data ²		223	3.5 (1.7-6.9)	8	289	Insufficient data ²		0	0 (-.)
Someone close to birthing person had a problem with drinking or drugs	6,972	10.8 (8.6-13.5)	5,233	13.3 (9.9-17.6)	525	8.2 (5.5-12.0)	1,052	7.8 (5.4-11.2)	161	3.2 (1.5-6.7)	0	0 (-.)
Someone very close to birthing person died	11,096	17.2 (14.8-19.9)	6,398	16.3 (12.8-20.5)	1,648	25.9 (21-31.5)	2,585	19.2 (15.3-23.7)	448	8.9 (5.8-13.4)	Insufficient data ²	

¹n weighted to reflect birthing population; ²insufficient data to report (0<n<5)

Table 32. Prevalence of smoking prior to pregnancy, during pregnancy, and postpartum by sociodemographic characteristics, MA PRAMS, 2019

Characteristic	Smoking prior to pregnancy ³		Smoking in pregnancy ⁴		Smoking postpartum ⁵		Smoking relapse ⁶	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	7,656	11.6 (9.6-14.0)	2,942	4.5 (3.3-6.0)	4,273	6.5 (5.0-8.3)	1,401	29.5 (19.1-42.7)
Race/ethnicity								
White, non-Hispanic	5,816	14.7 (11.6-18.5)	2,245	5.7 (3.9-8.2)	3,159	8.0 (5.7-11.0)	921	25.7 (13.8-42.7)
Black, non-Hispanic	565	8.8 (6.2-12.3)	181	2.8 (1.5-5.2)	305	4.7 (2.9-7.5)	124	31.2 (15.6-52.8)
Hispanic	754	5.9 (4.0-8.6)	360	2.8 (1.6-4.9)	486	3.8 (2.3-6.2)	152	38.5 (16.9-65.8)
Asian, non-Hispanic	271	4.7 (2.7-8.1)	Insufficient data ²		161	2.8 (1.4-5.7)	Insufficient data ²	
Other, non-Hispanic	Insufficient data ²		Insufficient data ²		Insufficient data ²		Insufficient data ²	
Age (years)								
<20	Insufficient data ²		0	0 (-.)	0	0 (-.)	0	0 (-.)
20-29	3,073	14.6 (11.1-19.1)	1,581	7.5 (5.0-11.1)	2,148	10.2 (7.3-14.2)	723	48.1 (28.0-68.8)
30-39	4,096	10.1 (7.7-13.2)	1,217	3.0 (1.9-4.8)	1,980	4.9 (3.3-7.2)	677	23.5 (11.8-41.4)
40+	434	12.4 (5.2-26.7)	Insufficient data ²		Insufficient data ²		0	0 (-.)
Education								
<High school	530	11.0 (6.2-18.9)	371	7.7 (3.7-15.4)	446	9.3 (4.8-17.0)	Insufficient data ²	
High school diploma	2,023	21.0 (15.0-28.7)	1,034	10.8 (6.4-17.6)	1,257	13.1 (8.5-19.7)	342	34.5 (15.7-59.9)
Some college	2,861	18.1 (13.4-24.0)	1,127	7.1 (4.4-11.2)	1,880	11.9 (8.1-17.2)	643	36.4 (18.3-59.4)
College graduate	2,068	6.1 (4.1-9.0)	373	1.1 (0.4-2.8)	578	1.7 (0.8-3.7)	Insufficient data ²	
Insurance type								
Private	2,737	6.9 (4.9-9.7)	549	1.4 (0.6-3.1)	1,048	2.7 (1.5-4.7)	642	29.3 (14.6-50.3)
Medicaid	4,737	20.6 (16.6-25.2)	2,292	9.9 (7.2-13.6)	3,124	13.6 (10.3-17.7)	759	30.8 (17.3-48.7)
Other	Insufficient data ²		0	0 (-.)	0	0 (-.)	0	0 (-.)
Household poverty level								
≤100% FPL	2,899	22.3 (17.0-28.7)	1,580	12.1 (8.1-17.7)	2,195	16.9 (12.2-22.9)	504	37.9 (19.3-60.8)
>100% FPL	4,570	9.1 (7.1-11.7)	1,200	2.4 (1.5-3.8)	1,916	3.8 (2.6-5.6)	897	26.5 (14.6-43.0)
Nativity								
Non-US-born	828	4.4 (2.6-7.3)	Insufficient data ²		Insufficient data ²		Insufficient data ²	
US-born	6,829	14.6 (11.9-17.7)	2,838	6.0 (4.4-8.2)	3,940	8.4 (6.4-10.9)	1,146	28.5 (17.6-42.8)
Marital status								
Unmarried	4,744	22.6 (18.2-27.6)	2,348	11.2 (8.1-15.2)	3,038	14.5 (10.9-18.9)	735	30.5 (17.0-48.5)
Married	2,912	6.5 (4.6-9.0)	595	1.3 (0.6-2.7)	1,235	2.7 (1.6-4.6)	665	28.5 (14.4-48.7)
WIC participation								
No	3,830	8.5 (6.4-11.2)	938	2.1 (1.2-3.5)	1,714	3.8 (2.5-5.8)	801	27.7 (14.9-45.5)
Yes	3,732	18.3 (14.3-23.1)	2,005	9.8 (6.9-13.8)	2,559	12.5 (9.2-16.9)	600	34.1 (18.0-55.1)
Disability status								
No	5,953	10.2 (8.2-12.6)	2,299	3.9 (2.8-5.5)	3,281	5.6 (4.2-7.5)	1,014	27.5 (16.3-42.5)
Yes	1,678	24.7 (17-34.3)	618	9.1 (4.9-16.2)	968	14.2 (8.5-22.7)	387	36.5 (15.5-64.4)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5); ³Smoking during the 3 months prior to pregnancy; ⁴Smoking in the last 3 months of pregnancy; ⁵Smoking in postpartum period; ⁶Smoking relapse among those who had smoked three months prior to pregnancy but quit in pregnancy.

Table 33. Prevalence of smoking prior to pregnancy, during pregnancy, and postpartum by sociodemographic characteristics, MA PRAMS, 2020

Characteristic	Smoking prior to pregnancy ³		Smoking in pregnancy ⁴		Smoking postpartum ⁵		Smoking relapse ⁶	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	5,824	9.1 (7.1-11.7)	2,472	3.9 (2.5-6.0)	4,070	6.4 (4.6-8.8)	1,425	42.3 (27.1-59.2)
Race/ethnicity								
White, non-Hispanic	4,492	12.2 (8.9-16.6)	2,132	5.8 (3.5-9.4)	3,252	8.9 (5.9-13.0)	921	39.0 (20.0-62.1)
Black, non-Hispanic	262	4.1 (2.5-6.7)	104	1.6 (0.8-3.3)	161	2.5 (1.4-4.7)	Insufficient data ²	
Hispanic	851	6.4 (4.1-9.7)	203	1.5 (0.6-3.7)	642	4.8 (2.8-8.1)	432	66.7 (42.3-84.6)
Asian, non-Hispanic	220	3.6 (1.9-6.9)	Insufficient data ²		Insufficient data ²		0	0 (-.)
Other, non-Hispanic	0	0 (-.)	0	0 (-.)	0	0 (-.)	0	0 (-.)
Age (years)								
<20	400	28.8 (12.6-53.2)	Insufficient data ²		Insufficient data ²		Insufficient data ²	
20-29	2,505	12.1 (8.1-17.7)	1,264	6.1 (3.2-11.1)	2,075	10.0 (6.2-15.6)	606	48.8 (23.4-74.9)
30-39	2,272	6.1 (4.0-9.1)	769	2.1 (0.9-4.5)	1,294	3.5 (1.9-6.3)	557	36.7 (16.6-62.8)
40+	647	15.5 (7.9-28.2)	Insufficient data ²		503	12.1 (5.2-25.5)	Insufficient data ²	
Education								
<High school	601	12.4 (5.7-25.2)	366	7.6 (2.4-21.8)	427	8.8 (3.2-22.4)	Insufficient data ²	
High school diploma	1,819	18.6 (11.9-27.8)	747	7.6 (3.7-15.0)	1,282	13.1 (7.6-21.6)	584	53.7 (24.2-80.8)
Some college	2,035	15.5 (10.1-23.1)	1,259	9.6 (5.1-17.3)	1,793	13.7 (8.3-21.7)	329	42.3 (17.8-71.3)
College graduate	1,335	3.9 (2.3-6.5)	Insufficient data ²		568	1.6 (0.7-4.0)	452	36.6 (14.3-66.6)
Insurance type								
Private	2,034	5.4 (3.6-8.2)	Insufficient data ²		1,199	3.2 (1.7-5.9)	631	37.2 (17.4-62.5)
Medicaid	3,065	13.3 (9.5-18.5)	1,935	8.4 (5.2-13.3)	2,581	11.2 (7.6-16.4)	703	61.4 (36.4-81.5)
Other	Insufficient data ²		0	0 (-.)	Insufficient data ²		0	0 (-.)
Household poverty level								
≤100% FPL	1,586	13.4 (8.5-20.4)	738	6.2 (3.1-12.3)	967	8.2 (4.6-14.2)	255	30.0 (11.5-58.7)
>100% FPL	3,888	8.2 (5.9-11.2)	1,490	3.1 (1.8-5.6)	2,601	5.5 (3.6-8.3)	1,079	44.7 (26.2-64.9)
Nativity								
Non-US-born	740	3.4 (1.5-7.2)	Insufficient data ²		Insufficient data ²		Insufficient data ²	
US-born	5,084	12.2 (9.3-15.8)	2,259	5.4 (3.5-8.4)	3,582	8.6 (6.1-12.0)	1,136	40.0 (24.2-58.2)
Marital status								
Unmarried	3,615	18.4 (13.6-24.5)	1,725	8.8 (5.4-14.1)	2,563	13.1 (8.9-18.8)	880	46.2 (26.4-67.3)
Married	2,210	5.0 (3.2-7.7)	747	1.7 (0.7-4.0)	1,507	3.4 (1.9-6.1)	545	37.3 (16.2-64.6)
WIC participation								
No	2,814	6.6 (4.5-9.6)	885	2.1 (1.0-4.4)	1,607	3.8 (2.2-6.4)	691	35.8 (17.3-59.9)
Yes	3,010	14.5 (10.4-19.9)	1,587	7.6 (4.5-12.6)	2,463	11.8 (7.9-17.4)	734	51.0 (29.0-72.7)
Disability status								
No	4,310	7.7 (5.7-10.2)	1,628	2.9 (1.7-4.9)	2,991	5.3 (3.6-7.8)	1,212	44.9 (27.7-63.4)
Yes	1,469	21.7 (13.0-33.9)	829	12.2 (5.7-24.4)	1,034	15.2 (8-27.1)	183	28.6 (7.4-66.7)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5); ³Smoking during the 3 months prior to pregnancy; ⁴Smoking in the last 3 months of pregnancy; ⁵Smoking in postpartum period; ⁶Smoking relapse among those who had smoked three months prior to pregnancy but quit in pregnancy.

Table 34. Prevalence of smoking prior to pregnancy, during pregnancy, and postpartum by sociodemographic characteristics, MA PRAMS, 2021

Characteristic	Smoking prior to pregnancy ³		Smoking in pregnancy ⁴		Smoking postpartum ⁵		Smoking relapse ⁶	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	5,458	8.2 (6.3-10.8)	2,444	3.7 (2.4-5.6)	3,108	4.7 (3.2-6.8)	815	27.0 (13.6-46.7)
Race/ethnicity								
White, non-Hispanic	4,166	10.6 (7.5-14.8)	1,850	4.7 (2.7-8.0)	2,451	6.2 (3.9-9.8)	601	26.0 (10.4-51.6)
Black, non-Hispanic	311	4.8 (2.7-8.5)	187	2.9 (1.3-6.3)	231	3.6 (1.8-7.0)	Insufficient data ²	
Hispanic	820	6.0 (4.0-9.0)	353	2.6 (1.3-5.0)	390	2.9 (1.5-5.3)	Insufficient data ²	
Asian, non-Hispanic	107	2.1 (0.9-5.1)	Insufficient data ²		Insufficient data ²		0	0 (-.)
Other, non-Hispanic	Insufficient data ²		0	0 (-.)	0	0 (-.)	0	0 (-.)
Age (years)								
<20	Insufficient data ²		Insufficient data ²		0	0 (-.)	0	0 (-.)
20-29	1,703	9.0 (5.6-14.3)	963	5.1 (2.6-10.0)	1,163	6.2 (3.3-11.3)	Insufficient data ²	
30-39	3,561	8.1 (5.8-11.3)	1,450	3.3 (1.9-5.7)	1,945	4.4 (2.8-7.1)	569	26.9 (11.5-51.1)
40+	0	0 (-.)	0	0 (-.)	0	0 (-.)	0	0 (-.)
Education								
<High school	226	4.9 (1.8-12.7)	Insufficient data ²		Insufficient data ²		Insufficient data ²	
High school diploma	1,488	15.3 (9.4-23.9)	644	6.6 (3.2-13.1)	817	8.4 (4.3-15.8)	Insufficient data ²	
Some college	2,266	17.4 (11.5-25.4)	1,319	10.1 (5.5-17.9)	1,568	12.0 (7.0-20.0)	277	29.3 (9.3-62.5)
College graduate	1,443	3.9 (2.2-6.8)	Insufficient data ²		Insufficient data ²		Insufficient data ²	
Insurance type								
Private	1,256	3.2 (1.8-5.7)	Insufficient data ²		578	1.5 (0.6-3.6)	Insufficient data ²	
Medicaid	3,821	16.8 (12.4-22.4)	2,127	9.4 (6.0-14.3)	2,370	10.4 (6.9-15.5)	375	22.1 (8.6-46.2)
Other	Insufficient data ²		Insufficient data ²		0	0 (-.)	0	0 (-.)
Household poverty level								
≤100% FPL	2,114	18.1 (12.1-26.3)	1,324	11.3 (6.5-19.1)	1,405	12 (7.1-19.7)	140	17.7 (6.1-41.6)
>100% FPL	2,949	5.8 (4.0-8.3)	1,084	2.1 (1.1-4.0)	1,470	2.9 (1.6-5.1)	477	25.6 (9.7-52.4)
Nativity								
Non-US-born	485	2.3 (1.2-4.5)	Insufficient data ²		Insufficient data ²		Insufficient data ²	
US-born	4,973	11 (8.3-14.6)	2,360	5.2 (3.4-8.0)	3,019	6.7 (4.5-9.8)	761	29.1 (14.0-51.0)
Marital status								
Unmarried	4,112	19.9 (14.7-26.5)	1,987	9.6 (6.0-15.1)	2,490	12.1 (7.9-18)	636	29.9 (13.0-54.9)
Married	1,346	3.0 (1.8-4.8)	457	1.0 (0.4-2.3)	619	1.4 (0.7-2.7)	Insufficient data ²	
WIC participation								
No	2,521	5.4 (3.6-8.0)	921	2.0 (1.0-3.9)	1,170	2.5 (1.3-4.6)	Insufficient data ²	
Yes	2,937	15.2 (10.7-21.3)	1,523	7.9 (4.6-13.1)	1,939	10.1 (6.3-15.7)	475	33.6 (13.3-62.4)
Disability status								
No	3,789	6.5 (4.7-9.1)	1,336	2.3 (1.3-4.1)	1,740	3.0 (1.8-5.0)	487	19.9 (7.8-42.1)
Yes	1,597	21.3 (13.5-31.8)	1,072	14.3 (7.8-24.7)	1,333	17.8 (10.4-28.7)	328	62.5 (29.5-86.9)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5); ³Smoking during the 3 months prior to pregnancy; ⁴Smoking in the last 3 months of pregnancy; ⁵Smoking in postpartum period; ⁶Smoking relapse among those who had smoked three months prior to pregnancy but quit in pregnancy.

Table 35. Prevalence of smoking prior to pregnancy by sociodemographic characteristics, MA PRAMS, 2019-2021

Characteristic	Smoking prior to pregnancy ³					
	2019		2020		2021	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	7,656	11.6 (9.6-14.0)	5,824	9.1 (7.1-11.7)	5,458	8.2 (6.3-10.8)
Race/ethnicity						
White, non-Hispanic	5,816	14.7 (11.6-18.5)	4,492	12.2 (8.9-16.6)	4,166	10.6 (7.5-14.8)
Black, non-Hispanic	565	8.8 (6.2-12.3)	262	4.1 (2.5-6.7)	311	4.8 (2.7-8.5)
Hispanic	754	5.9 (4.0-8.6)	851	6.4 (4.1-9.7)	820	6.0 (4.0-9.0)
Asian, non-Hispanic	271	4.7 (2.7-8.1)	220	3.6 (1.9-6.9)	107	2.1 (0.9-5.1)
Other, non-Hispanic	Insufficient data ²		0	0 (-.)	Insufficient data ²	
Age (years)						
<20	Insufficient data ²		400	28.8 (12.6-53.2)	Insufficient data ²	
20-29	3,073	14.6 (11.1-19.1)	2,505	12.1 (8.1-17.7)	1,703	9 (5.6-14.3)
30-39	4,096	10.1 (7.7-13.2)	2,272	6.1 (4.0-9.1)	3,561	8.1 (5.8-11.3)
40+	434	12.4 (5.2-26.7)	647	15.5 (7.9-28.2)	0	0 (-.)
Education						
<High school	530	11.0 (6.2-18.9)	601	12.4 (5.7-25.2)	226	4.9 (1.8-12.7)
High school diploma	2,023	21.0 (15.0-28.7)	1,819	18.6 (11.9-27.8)	1,488	15.3 (9.4-23.9)
Some college	2,861	18.1 (13.4-24.0)	2,035	15.5 (10.1-23.1)	2,266	17.4 (11.5-25.4)
College graduate	2,068	6.1 (4.1-9.0)	1,335	3.9 (2.3-6.5)	1,443	3.9 (2.2-6.8)
Insurance type						
Private	2,737	6.9 (4.9-9.7)	2,034	5.4 (3.6-8.2)	1,256	3.2 (1.8-5.7)
Medicaid	4,737	20.6 (16.6-25.2)	3,065	13.3 (9.5-18.5)	3,821	16.8 (12.4-22.4)
Other	Insufficient data ²		Insufficient data ²		Insufficient data ²	
Household poverty level						
≤100% FPL	2,899	22.3 (17.0-28.7)	1,586	13.4 (8.5-20.4)	2,114	18.1 (12.1-26.3)
>100% FPL	4,570	9.1 (7.1-11.7)	3,888	8.2 (5.9-11.2)	2,949	5.8 (4.0-8.3)
Nativity						
Non-US-born	828	4.4 (2.6-7.3)	740	3.4 (1.5-7.2)	485	2.3 (1.2-4.5)
US-born	6,829	14.6 (11.9-17.7)	5,084	12.2 (9.3-15.8)	4,973	11 (8.3-14.6)
Marital status						
Unmarried	4,744	22.6 (18.2-27.6)	3,615	18.4 (13.6-24.5)	4,112	19.9 (14.7-26.5)
Married	2,912	6.5 (4.6-9.0)	2,210	5.0 (3.2-7.7)	1,346	3.0 (1.8-4.8)
WIC participation	0	(-)	0	(-)		
No	3,830	8.5 (6.4-11.2)	2,814	6.6 (4.5-9.6)	2,521	5.4 (3.6-8.0)
Yes	3,732	18.3 (14.3-23.1)	3,010	14.5 (10.4-19.9)	2,937	15.2 (10.7-21.3)
Disability status						
No	5,953	10.2 (8.2-12.6)	4,310	7.7 (5.7-10.2)	3,789	6.5 (4.7-9.1)
Yes	1,678	24.7 (17.0-34.3)	1,469	21.7 (13.0-33.9)	1,597	21.3 (13.5-31.8)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5); ³Smoking during the 3 months prior to pregnancy.

Table 36. Prevalence of smoking during pregnancy by sociodemographic characteristics, MA PRAMS, 2019-2021

Characteristic	Smoking in the last 3 months of pregnancy					
	2019		2020		2021	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	2,942	4.5 (3.3-6.0)	2,472	3.9 (2.5-6.0)	2,444	3.7 (2.4-5.6)
Race/ethnicity						
White, non-Hispanic	2,245	5.7 (3.9-8.2)	2,132	5.8 (3.5-9.4)	1,850	4.7 (2.7-8.0)
Black, non-Hispanic	181	2.8 (1.5-5.2)	104	1.6 (0.8-3.3)	187	2.9 (1.3-6.3)
Hispanic	360	2.8 (1.6-4.9)	203	1.5 (0.6-3.7)	353	2.6 (1.3-5.0)
Asian, non-Hispanic	Insufficient data ²		Insufficient data ²		Insufficient data ²	
Other, non-Hispanic	Insufficient data ²		0	0 (-.)	0	0 (-.)
Age (years)						
<20	0	0 (-.)	Insufficient data ²		Insufficient data ²	
20-29	1,581	7.5 (5.0-11.1)	1,264	6.1 (3.2-11.1)	963	5.1 (2.6-10.0)
30-39	1,217	3.0 (1.9-4.8)	769	2.1 (0.9-4.5)	1,450	3.3 (1.9-5.7)
40+	Insufficient data ²		Insufficient data ²		0	0 (-.)
Education						
<High school	371	7.7 (3.7-15.4)	366	7.6 (2.4-21.8)	Insufficient data ²	
High school diploma	1,034	10.8 (6.4-17.6)	747	7.6 (3.7-15.0)	644	6.6 (3.2-13.1)
Some college	1,127	7.1 (4.4-11.2)	1,259	9.6 (5.1-17.3)	1,319	10.1 (5.5-17.9)
College graduate	373	1.1 (0.4-2.8)	Insufficient data ²		Insufficient data ²	
Insurance type						
Private	549	1.4 (0.6-3.1)	Insufficient data ²		Insufficient data ²	
Medicaid	2,292	9.9 (7.2-13.6)	1,935	8.4 (5.2-13.3)	2,127	9.4 (6.0-14.3)
Other	0	0 (-.)	0	0 (-.)	Insufficient data ²	
Household poverty level						
≤100% FPL	1,580	12.1 (8.1-17.7)	738	6.2 (3.1-12.3)	1,324	11.3 (6.5-19.1)
>100% FPL	1,200	2.4 (1.5-3.8)	1,490	3.1 (1.8-5.6)	1,084	2.1 (1.1-4.0)
Nativity						
Non-US-born	Insufficient data ²		Insufficient data ²		Insufficient data ²	
US-born	2,838	6.0 (4.4-8.2)	2,259	5.4 (3.5-8.4)	2,360	5.2 (3.4-8.0)
Marital status						
Unmarried	2,348	11.2 (8.1-15.2)	1,725	8.8 (5.4-14.1)	1,987	9.6 (6.0-15.1)
Married	595	1.3 (0.6-2.7)	747	1.7 (0.7-4.0)	457	1.0 (0.4-2.3)
WIC participation						
No	938	2.1 (1.2-3.5)	885	2.1 (1.0-4.4)	921	2.0 (1.0-3.9)
Yes	2,005	9.8 (6.9-13.8)	1,587	7.6 (4.5-12.6)	1,523	7.9 (4.6-13.1)
Disability status						
No	2,299	3.9 (2.8-5.5)	1,628	2.9 (1.7-4.9)	1,336	2.3 (1.3-4.1)
Yes	618	9.1 (4.9-16.2)	829	12.2 (5.7-24.4)	1,072	14.3 (7.8-24.7)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5);

Table 37. Prevalence of smoking postpartum by sociodemographic characteristics, MA PRAMS, 2019-2021

Characteristic	Smoking in the postpartum period					
	2019		2020		2021	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	4,273	6.5 (5.0-8.3)	4,070	6.4 (4.6-8.8)	3,108	4.7 (3.2-6.8)
Race/ethnicity						
White, non-Hispanic	3,159	8.0 (5.7-11.0)	3,252	8.9 (5.9-13.0)	2,451	6.2 (3.9-9.8)
Black, non-Hispanic	305	4.7 (2.9-7.5)	161	2.5 (1.4-4.7)	231	3.6 (1.8-7.0)
Hispanic	486	3.8 (2.3-6.2)	642	4.8 (2.8-8.1)	390	2.9 (1.5-5.3)
Asian, non-Hispanic	161	2.8 (1.4-5.7)	Insufficient data ²		Insufficient data ²	
Other, non-Hispanic	Insufficient data ²		0	0 (-.)	0	0 (-.)
Age (years)						
<20	0	0 (-.)	Insufficient data ²		0	0 (-.)
20-29	2,148	10.2 (7.3-14.2)	2,075	10.0 (6.2-15.6)	1,163	6.2 (3.3-11.3)
30-39	1,980	4.9 (3.3-7.2)	1,294	3.5 (1.9-6.3)	1,945	4.4 (2.8-7.1)
40+	Insufficient data ²		503	12.1 (5.2-25.5)	0	0 (-.)
Education						
<High school	446	9.3 (4.8-17.0)	427	8.8 (3.2-22.4)	Insufficient data ²	
High school diploma	1,257	13.1 (8.5-19.7)	1,282	13.1 (7.6-21.6)	817	8.4 (4.3-15.8)
Some college	1,880	11.9 (8.1-17.2)	1,793	13.7 (8.3-21.7)	1,568	12.0 (7.0-20.0)
College graduate	578	1.7 (0.8-3.7)	568	1.6 (0.7-4.0)	Insufficient data ²	
Insurance type						
Private	1,048	2.7 (1.5-4.7)	1,199	3.2 (1.7-5.9)	578	1.5 (0.6-3.6)
Medicaid	3,124	13.6 (10.3-17.7)	2,581	11.2 (7.6-16.4)	2,370	10.4 (6.9-15.5)
Other	0	0 (-.)	Insufficient data ²		0	0 (-.)
Household poverty level						
≤100% FPL	2,195	16.9 (12.2-22.9)	967	8.2 (4.6-14.2)	1,405	12 (7.1-19.7)
>100% FPL	1,916	3.8 (2.6-5.6)	2,601	5.5 (3.6-8.3)	1,470	2.9 (1.6-5.1)
Nativity						
Non-US-born	Insufficient data ²		Insufficient data ²		Insufficient data ²	
US-born	3,940	8.4 (6.4-10.9)	3,582	8.6 (6.1-12.0)	3,019	6.7 (4.5-9.8)
Marital status						
Unmarried	3,038	14.5 (10.9-18.9)	2,563	13.1 (8.9-18.8)	2,490	12.1 (7.9-18)
Married	1,235	2.7 (1.6-4.6)	1,507	3.4 (1.9-6.1)	619	1.4 (0.7-2.7)
WIC participation	0	(-)	0	(-)		
No	1,714	3.8 (2.5-5.8)	1,607	3.8 (2.2-6.4)	1,170	2.5 (1.3-4.6)
Yes	2,559	12.5 (9.2-16.9)	2,463	11.8 (7.9-17.4)	1,939	10.1 (6.3-15.7)
Disability status						
No	3,281	5.6 (4.2-7.5)	2,991	5.3 (3.6-7.8)	1,740	3.0 (1.8-5.0)
Yes	968	14.2 (8.5-22.7)	1,034	15.2 (8.0-27.1)	1,333	17.8 (10.4-28.7)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5);

Table 38. Prevalence of smoking relapse by sociodemographic characteristics, MA PRAMS, 2019-2021

Characteristic	Smoking relapse ³					
	2019		2020		2021	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	1,401	29.5 (19.1-42.7)	1,425	42.3 (27.1-59.2)	815	27.0 (13.6-46.7)
Race/ethnicity						
White, non-Hispanic	921	25.7 (13.8-42.7)	921	39.0 (20.0-62.1)	601	26.0 (10.4-51.6)
Black, non-Hispanic	124	31.2 (15.6-52.8)	Insufficient data ²		Insufficient data ²	
Hispanic	152	38.5 (16.9-65.8)	432	66.7 (42.3-84.6)	Insufficient data ²	
Asian, non-Hispanic	Insufficient data ²		0	0 (-.)	0	0 (-.)
Other, non-Hispanic	Insufficient data ²		0	. (-.)	0	0 (-.)
Age (years)						
<20	0	0 (-.)	Insufficient data ²		0	0 (-.)
20-29	723	48.1 (28.0-68.8)	606	48.8 (23.4-74.9)	Insufficient data ²	
30-39	677	23.5 (11.8-41.4)	557	36.7 (16.6-62.8)	569	26.9 (11.5-51.1)
40+	0	0 (-.)	Insufficient data ²		0	. (-.)
Education						
<High school	Insufficient data ²		Insufficient data ²		Insufficient data ²	
High school diploma	342	34.5 (15.7-59.9)	584	53.7 (24.2-80.8)	Insufficient data ²	
Some college	643	36.4 (18.3-59.4)	329	42.3 (17.8-71.3)	277	29.3 (9.3-62.5)
College graduate	Insufficient data ²		452	36.6 (14.3-66.6)	Insufficient data ²	
Insurance type						
Private	642	29.3 (14.6-50.3)	631	37.2 (17.4-62.5)	Insufficient data ²	
Medicaid	759	30.8 (17.3-48.7)	703	61.4 (36.4-81.5)	375	22.1 (8.6-46.2)
Other	0	0 (-.)	0	0 (-.)	0	0 (-.)
Household poverty level	0	(-)	0	(-)		
≤100% FPL	504	37.9 (19.3-60.8)	255	30.0 (11.5-58.7)	140	17.7 (6.1-41.6)
>100% FPL	897	26.5 (14.6-43.0)	1,079	44.7 (26.2-64.9)	477	25.6 (9.7-52.4)
Nativity	0	(-)	0	(-)		
Non-US-born	Insufficient data ²		Insufficient data ²		Insufficient data ²	
US-born	1,146	28.5 (17.6-42.8)	1,136	40.0 (24.2-58.2)	761	29.1 (14-51)
Marital status	0	(-)	0	(-)		
Unmarried	735	30.5 (17.0-48.5)	880	46.2 (26.4-67.3)	636	29.9 (13.0-54.9)
Married	665	28.5 (14.4-48.7)	545	37.3 (16.2-64.6)	Insufficient data ²	
WIC participation	0	(-)	0	(-)		
No	801	27.7 (14.9-45.5)	691	35.8 (17.3-59.9)	Insufficient data ²	
Yes	600	34.1 (18.0-55.1)	734	51.0 (29.0-72.7)	475	33.6 (13.3-62.4)
Disability status	0	(-)	0	(-)		
No	1,014	27.5 (16.3-42.5)	1,212	44.9 (27.7-63.4)	487	19.9 (7.8-42.1)
Yes	387	36.5 (15.5-64.4)	183	28.6 (7.4-66.7)	328	62.5 (29.5-86.9)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5); ³Smoking relapse among those who had smoked three months prior to pregnancy but quit in pregnancy

Table 39. Prevalence of e-smoking prior to pregnancy and during pregnancy, by sociodemographic characteristics, MA PRAMS, 2019

Characteristic	E-cigarettes/vaping last 2 years ³		E-cigarettes/vaping 3 months prior pregnancy ⁴		E-cigarettes/vaping last 3 months of pregnancy ⁵	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	3,177	4.8 (3.6-6.5)	1,704	2.6 (1.7-3.9)	566	0.9 (0.4-1.8)
Race/ethnicity						
White, non-Hispanic	2,345	6.0 (4.1-8.6)	1,211	3.1 (1.8-5.3)	424	1.1 (0.4-2.8)
Black, non-Hispanic	203	3.2 (1.8-5.6)	174	2.7 (1.4-5.0)	Insufficient data ²	
Hispanic	484	3.8 (2.3-6.3)	251	2.0 (1.0-3.8)	Insufficient data ²	
Asian, non-Hispanic	127	2.2 (1.0-4.8)	Insufficient data ²		Insufficient data ²	
Other, non-Hispanic	Insufficient data ²		0	0 (-.)	0	0 (-.)
Age (years)						
<20	0	0 (-.)	0	0 (-.)	0	0 (-.)
20-29	1,403	6.7 (4.5-9.9)	625	3.0 (1.6-5.4)	331	1.6 (0.6-4.2)
30-39	1,680	4.2 (2.7-6.4)	985	2.5 (1.4-4.3)	235	0.6 (0.2-1.7)
40+	Insufficient data ²		Insufficient data ²		0	0 (-.)
Education						
<High school	Insufficient data ²		Insufficient data ²		Insufficient data ²	
High school diploma	994	10.4 (6.4-16.6)	770	8.0 (4.4-14.2)	Insufficient data ²	
Some college	1,293	8.3 (5.2-12.9)	752	4.8 (2.6-8.7)	321	2 (0.7-5.6)
College graduate	771	2.3 (1.2-4.3)	Insufficient data ²		0	0 (-.)
Insurance type						
Private	1,311	3.3 (2.1-5.3)	485	0.5 (0.1-1.6)	Insufficient data ²	
Medicaid	1,695	7.4 (4.9-11.0)	1,116	0.5 (0.1-1.6)	417	1.8 (0.8-4.2)
Other	0	0 (-.)	0	0.5 (0.1-1.6)	0	0 (-.)
Household poverty level						
≤100% FPL	870	6.7 (4.0-11.0)	578	4.4 (2.3-8.3)	Insufficient data ²	
>100% FPL	2,294	4.6 (3.2-6.5)	1,114	2.2 (1.3-3.7)	490	1.0 (0.4-2.3)
Nativity						
Non-US-born	242	1.3 (0.7-2.4)	116	0.6 (0.3-1.5)	Insufficient data ²	
US-born	2,935	6.3 (4.6-8.6)	1,588	3.4 (2.2-5.2)	513	1.1 (0.5-2.4)
Marital status						
Unmarried	2,033	9.7 (6.8-13.7)	1,148	5.5 (3.4-8.6)	384	1.8 (0.8-4.4)
Married	1,144	2.6 (1.5-4.2)	556	1.2 (0.6-2.7)	Insufficient data ²	
Disability status						
No	2,531	4.3 (3.1-6.0)	1,359	2.3 (1.5-3.7)	516	0.9 (0.4-2.0)
Yes	646	9.7 (5.1-17.6)	345	5.2 (2.4-11.2)	Insufficient data ²	

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5); ³E-smoking in the past 2 years; ⁴E-smoking in the 3 months prior to pregnancy; ⁵E-smoking in the last 3 months of pregnancy

Table 40. Prevalence of e-smoking prior to pregnancy and during pregnancy, by sociodemographic characteristics, MA PRAMS, 2020

Characteristic	E-cigarettes/vaping last 2 years ³		E-cigarettes/vaping 3 months prior pregnancy ⁴		E-cigarettes/vaping last 3 months of pregnancy ⁵	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	3,262	5.2 (3.7-7.3)	2,442	3.9 (2.6-5.8)	649	1.0 (0.5-2.2)
Race/ethnicity						
White, non-Hispanic	2,436	6.7 (4.3-10.3)	1,936	5.3 (3.2-8.6)	603	1.7 (0.7-3.6)
Black, non-Hispanic	234	3.7 (2.0-6.8)	138	2.2 (1.0-4.8)	Insufficient data ²	
Hispanic	466	3.6 (2.1-6.1)	324	2.5 (1.3-4.8)	Insufficient data ²	
Asian, non-Hispanic	125	2.1 (0.9-4.5)	Insufficient data ²		0	0 (-.)
Other, non-Hispanic	0	0 (-.)	0	0 (-.)	0	0 (-.)
Age (years)						
<20	Insufficient data ²		Insufficient data ²		0	0 (-.)
20-29	2,045	10 (6.4-15.2)	1,446	7.1 (4.1-11.9)	Insufficient data ²	
30-39	753	2.0 (1.1-3.9)	734	2.0 (1.0-4.0)	Insufficient data ²	
40+	Insufficient data ²		Insufficient data ²		Insufficient data ²	
Education						
<High school	409	8.6 (3.0-22.2)	Insufficient data ²		Insufficient data ²	
High school diploma	1,030	10.6 (5.9-18.2)	786	8.0 (3.9-15.7)	Insufficient data ²	
Some college	1,265	9.8 (5.5-16.7)	1,027	7.9 (4.1-14.7)	Insufficient data ²	
College graduate	557	1.6 (0.8-3.3)	446	1.3 (0.5-3.1)	0	0 (-.)
Insurance type						
Private	1,243	3.4 (1.8-6.1)	960	2.6 (1.3-5.3)	Insufficient data ²	
Medicaid	1,866	8.2 (5.3-12.4)	1,228	5.5 (3.2-9.1)	548	2.4 (1.1-5.3)
Other	Insufficient data ²		Insufficient data ²		0	0 (-.)
Household poverty level						
≤100% FPL	652	5.6 (3.0-10.0)	362	3.1 (1.5-6.4)	Insufficient data ²	
>100% FPL	2,326	4.9 (3.2-7.5)	1,824	3.9 (2.4-6.2)	518	1.1 (0.5-2.5)
Nativity						
Non-US-born	172	0.8 (0.4-1.7)	198	0.9 (0.3-2.7)	Insufficient data ²	
US-born	3,089	7.5 (5.2-10.6)	2,244	5.4 (3.5-8.3)	634	1.5 (0.7-3.2)
Marital status						
Unmarried	2,552	13.2 (9.1-18.7)	1,793	9.4 (6.0-14.4)	649	3.4 (1.6-6.9)
Married	709	1.6 (0.7-3.5)	650	1.5 (0.6-3.4)	0	0 (-.)
Disability status						
No	2,903	5.2 (3.6-7.6)	2,216	4.0 (2.6-6.1)	548	1.0 (0.4-2.2)
Yes	331	4.9 (2.2-10.7)	Insufficient data ²		Insufficient data ²	

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5); ³E-smoking in the past 2 years; ⁴E-smoking in the 3 months prior to pregnancy; ⁵E-smoking in the last 3 months of pregnancy

Table 41. Prevalence of e-smoking prior to pregnancy and during pregnancy, by sociodemographic characteristics, MA PRAMS, 2021

Characteristic	E-cigarettes/vaping last 2 years ³		E-cigarettes/vaping 3 months prior pregnancy ⁴		E-cigarettes/vaping last 3 months of pregnancy ⁵	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	3,562	5.4 (3.9-7.5)	2,554	3.9 (2.6-5.7)	1,065	1.6 (0.8-3.2)
Race/ethnicity						
White, non-Hispanic	2,516	6.4 (4.1-9.8)	1,732	4.4 (2.6-7.4)	973	2.5 (1.2-5.1)
Black, non-Hispanic	300	4.6 (2.6-8.2)	180	2.8 (1.3-5.8)	0	0 (-.)
Hispanic	585	4.4 (2.6-7.4)	482	3.6 (2.0-6.5)	Insufficient data ²	
Asian, non-Hispanic	125	2.5 (1.0-6.0)	125	2.5 (1.0-6.0)	Insufficient data ²	
Other, non-Hispanic	Insufficient data ²		Insufficient data ²		0	0 (-.)
Age (years)						
<20	314	29.2 (13.1-53.1)	247	23 (8.4-49.3)	Insufficient data ²	
20-29	1,313	7.0 (4.2-11.5)	1,264	6.8 (4.0-11.2)	Insufficient data ²	
30-39	1,835	4.2 (2.6-6.8)	1,043	2.4 (1.2-4.5)	620	1.4 (0.6-3.6)
40+	Insufficient data ²		0	0 (-.)	0	0 (-.)
Education						
<High school	375	8.4 (3.1-20.7)	345	7.7 (2.6-20.4)	Insufficient data ²	
High school diploma	1,253	12.9 (7.5-21.4)	996	10.2 (5.5-18.2)	527	5.4 (2.2-12.9)
Some college	995	7.7 (4.4-13.1)	833	6.5 (3.5-11.7)	Insufficient data ²	
College graduate	939	2.5 (1.2-5.0)	Insufficient data ²		Insufficient data ²	
Insurance type						
Private	1,158	2.9 (1.6-5.3)	661	1.7 (0.8-3.7)	Insufficient data ²	
Medicaid	2,202	9.7 (6.5-14.3)	1,655	7.3 (4.6-11.5)	758	3.3 (1.5-7.3)
Other	Insufficient data ²		Insufficient data ²		0	0 (-.)
Household poverty level						
≤100% FPL	1,236	10.7 (6.2-17.9)	1,183	10.2 (5.8-17.4)	445	3.8 (1.4-10.0)
>100% FPL	2,101	4.1 (2.7-6.2)	1,307	2.6 (1.5-4.3)	620	1.2 (0.5-3.1)
Nativity						
Non-US-born	233	1.1 (0.5-2.4)	204	1.0 (0.4-2.3)	Insufficient data ²	
US-born	3,329	7.4 (5.2-10.3)	2,350	5.2 (3.5-7.8)	1,028	2.3 (1.1-4.6)
Marital status						
Unmarried	2,546	12.4 (8.3-17.9)	1,875	9.1 (5.7-14.1)	827	4.0 (1.8-8.7)
Married	1,016	2.2 (1.3-3.8)	679	1.5 (0.8-2.8)	Insufficient data ²	
Disability status						
No	2,803	4.9 (3.3-7.1)	1,807	3.1 (1.9-5.0)	965	1.7 (0.8-3.4)
Yes	658	8.7 (4.4-16.5)	646	8.4 (4.2-16.3)	Insufficient data ²	

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5); ³E-smoking in the past 2 years; ⁴E-smoking in the 3 months prior to pregnancy; ⁵E-smoking in the last 3 months of pregnancy

Table 42. Prevalence of e-smoking two years prior to pregnancy, by sociodemographic characteristics, MA PRAMS, 2019-2021

Characteristic	E-cigarettes/vaping last 2 years prior to pregnancy					
	2019		2020		2021	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	3,177	4.8 (3.6-6.5)	3,262	5.2 (3.7-7.3)	3,562	5.4 (3.9-7.5)
Race/ethnicity						
White, non-Hispanic	2,345	6.0 (4.1-8.6)	2,436	6.7 (4.3-10.3)	2,516	6.4 (4.1-9.8)
Black, non-Hispanic	203	3.2 (1.8-5.6)	234	3.7 (2.0-6.8)	300	4.6 (2.6-8.2)
Hispanic	484	3.8 (2.3-6.3)	466	3.6 (2.1-6.1)	585	4.4 (2.6-7.4)
Asian, non-Hispanic	127	2.2 (1.0-4.8)	125	2.1 (0.9-4.5)	125	2.5 (1.0-6.0)
Other, non-Hispanic	Insufficient data ²		0	0 (-.)	Insufficient data ²	
Age (years)						
<20	0	0 (-.)	Insufficient data ²		314	29.2 (13.1-53.1)
20-29	1,403	6.7 (4.5-9.9)	2,045	10 (6.4-15.2)	1,313	7.0 (4.2-11.5)
30-39	1,680	4.2 (2.7-6.4)	753	2.0 (1.1-3.9)	1,835	4.2 (2.6-6.8)
40+	Insufficient data ²		Insufficient data ²		Insufficient data ²	
Education						
<High school	Insufficient data ²		409	8.6 (3.0-22.2)	375	8.4 (3.1-20.7)
High school diploma	994	10.4 (6.4-16.6)	1,030	10.6 (5.9-18.2)	1,253	12.9 (7.5-21.4)
Some college	1,293	8.3 (5.2-12.9)	1,265	9.8 (5.5-16.7)	995	7.7 (4.4-13.1)
College graduate	771	2.3 (1.2-4.3)	557	1.6 (0.8-3.3)	939	2.5 (1.2-5.0)
Insurance type						
Private	1,311	3.3 (2.1-5.3)	1,243	3.4 (1.8-6.1)	1,158	2.9 (1.6-5.3)
Medicaid	1,695	7.4 (4.9-11.0)	1,866	8.2 (5.3-12.4)	2,202	9.7 (6.5-14.3)
Other	0	0 (-.)	Insufficient data ²		Insufficient data ²	
Household poverty level						
≤100% FPL	870	6.7 (4.0-11.0)	652	5.6 (3.0-10.0)	1,236	10.7 (6.2-17.9)
>100% FPL	2,294	4.6 (3.2-6.5)	2,326	4.9 (3.2-7.5)	2,101	4.1 (2.7-6.2)
Nativity						
Non-US-born	242	1.3 (0.7-2.4)	172	0.8 (0.4-1.7)	233	1.1 (0.5-2.4)
US-born	2,935	6.3 (4.6-8.6)	3,089	7.5 (5.2-10.6)	3,329	7.4 (5.2-10.3)
Marital status						
Unmarried	2,033	9.7 (6.8-13.7)	2,552	13.2 (9.1-18.7)	2,546	12.4 (8.3-17.9)
Married	1,144	2.6 (1.5-4.2)	709	1.6 (0.7-3.5)	1,016	2.2 (1.3-3.8)
Disability status						
No	2,531	4.3 (3.1-6.0)	2,903	5.2 (3.6-7.6)	2,803	4.9 (3.3-7.1)
Yes	646	9.7 (5.1-17.6)	331	4.9 (2.2-10.7)	658	8.7 (4.4-16.5)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5)

Table 43. Prevalence of e-smoking three months prior to pregnancy, by sociodemographic characteristics, MA PRAMS, 2019-2021

Characteristic	E-cigarettes/vaping 3 months prior pregnancy					
	2019		2020		2021	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	1,704	2.6 (1.7-3.9)	2,442	3.9 (2.6-5.8)	2,554	3.9 (2.6-5.7)
Race/ethnicity						
White, non-Hispanic	1,211	3.1 (1.8-5.3)	1,936	5.3 (3.2-8.6)	1,732	4.4 (2.6-7.4)
Black, non-Hispanic	174	2.7 (1.4-5.0)	138	2.2 (1.0-4.8)	180	2.8 (1.3-5.8)
Hispanic	251	2.0 (1.0-3.8)	324	2.5 (1.3-4.8)	482	3.6 (2.0-6.5)
Asian, non-Hispanic	Insufficient data ²		Insufficient data ²		125	2.5 (1.0-6.0)
Other, non-Hispanic	0	0 (-.)	0	0 (-.)	Insufficient data ²	
Age (years)						
<20	0	0 (-.)	Insufficient data ²		247	23 (8.4-49.3)
20-29	625	3.0 (1.6-5.4)	1,446	7.1 (4.1-11.9)	1,264	6.8 (4-11.2)
30-39	985	2.5 (1.4-4.3)	734	2.0 (1.0-4.0)	1,043	2.4 (1.2-4.5)
40+	Insufficient data ²		Insufficient data ²		0	0 (-.)
Education						
<High school	Insufficient data ²		Insufficient data ²		345	7.7 (2.6-20.4)
High school diploma	770	8.0 (4.4-14.2)	786	8.0 (3.9-15.7)	996	10.2 (5.5-18.2)
Some college	752	4.8 (2.6-8.7)	1,027	7.9 (4.1-14.7)	833	6.5 (3.5-11.7)
College graduate	Insufficient data ²		446	1.3 (0.5-3.1)	Insufficient data ²	
Insurance type						
Private	485	0.5 (0.1-1.6)	960	2.6 (1.3-5.3)	661	1.7 (0.8-3.7)
Medicaid	1,116	0.5 (0.1-1.6)	1,228	5.5 (3.2-9.1)	1,655	7.3 (4.6-11.5)
Other	0	0.5 (0.1-1.6)	Insufficient data ²		Insufficient data ²	
Household poverty level						
≤100% FPL	578	4.4 (2.3-8.3)	362	3.1 (1.5-6.4)	1,183	10.2 (5.8-17.4)
>100% FPL	1,114	2.2 (1.3-3.7)	1,824	3.9 (2.4-6.2)	1,307	2.6 (1.5-4.3)
Nativity						
Non-US-born	116	0.6 (0.3-1.5)	198	0.9 (0.3-2.7)	204	1.0 (0.4-2.3)
US-born	1,588	3.4 (2.2-5.2)	2,244	5.4 (3.5-8.3)	2,350	5.2 (3.5-7.8)
Marital status						
Unmarried	1,148	5.5 (3.4-8.6)	1,793	9.4 (6.0-14.4)	1,875	9.1 (5.7-14.1)
Married	556	1.2 (0.6-2.7)	650	1.5 (0.6-3.4)	679	1.5 (0.8-2.8)
Disability status						
No	1,359	2.3 (1.5-3.7)	2,216	4.0 (2.6-6.1)	1,807	3.1 (1.9-5.0)
Yes	345	5.2 (2.4-11.2)	Insufficient data ²		646	8.4 (4.2-16.3)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5)

Table 44. Prevalence of e-smoking during last three months of pregnancy, by sociodemographic characteristics, MA PRAMS, 2019-2021

Characteristic	E-cigarettes/vaping last three months of pregnancy					
	2019		2020		2021	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	566	0.9 (0.4-1.8)	649	1.0 (0.5-2.2)	1,065	1.6 (0.8-3.2)
Race/ethnicity						
White, non-Hispanic	424	1.1 (0.4-2.8)	603	1.7 (0.7-3.6)	973	2.5 (1.2-5.1)
Black, non-Hispanic	Insufficient data ²		Insufficient data ²		0	0 (-.)
Hispanic	Insufficient data ²		Insufficient data ²		Insufficient data ²	
Asian, non-Hispanic	Insufficient data ²		0	0 (-.)	Insufficient data ²	
Other, non-Hispanic	0	0 (-.)	0	0 (-.)	0	0 (-.)
Age (years)						
<20	0	0 (-.)	0	0 (-.)	Insufficient data ²	
20-29	331	1.6 (0.6-4.2)	Insufficient data ²		Insufficient data ²	
30-39	235	0.6 (0.2-1.7)	Insufficient data ²		620	1.4 (0.6-3.6)
40+	0	0 (-.)	Insufficient data ²		0	0 (-.)
Education						
<High school	Insufficient data ²		Insufficient data ²		Insufficient data ²	
High school diploma	Insufficient data ²		Insufficient data ²		527	5.4 (2.2-12.9)
Some college	321	2.0 (0.7-5.6)	Insufficient data ²		Insufficient data ²	
College graduate	0	0 (-.)	0	0 (-.)	Insufficient data ²	
Insurance type						
Private	Insufficient data ²		Insufficient data ²		Insufficient data ²	
Medicaid	417	1.8 (0.8-4.2)	548	2.4 (1.1-5.3)	758	3.3 (1.5-7.3)
Other	0	0 (-.)	0	0 (-.)	0	0 (-.)
Household poverty level						
≤100% FPL	Insufficient data ²		Insufficient data ²		445	3.8 (1.4-10)
>100% FPL	490	1.0 (0.4-2.3)	518	1.1 (0.5-2.5)	620	1.2 (0.5-3.1)
Nativity						
Non-US-born	Insufficient data ²		Insufficient data ²		Insufficient data ²	
US-born	513	1.1 (0.5-2.4)	634	1.5 (0.7-3.2)	1,028	2.3 (1.1-4.6)
Marital status						
Unmarried	384	1.8 (0.8-4.4)	649	3.4 (1.6-6.9)	827	4.0 (1.8-8.7)
Married	Insufficient data ²		0	0 (-.)	Insufficient data ²	
Disability status						
No	516	0.9 (0.4-2.0)	548	1.0 (0.4-2.2)	965	1.7 (0.8-3.4)
Yes	Insufficient data ²		Insufficient data ²		Insufficient data ²	

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5)

Table 45. Prevalence of drinking alcohol in the three months prior to pregnancy by sociodemographic characteristics, MA PRAMS, 2019-2021

Characteristic	Alcohol in three months prior to pregnancy					
	2019		2020		2021	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	42,704	65.0 (62.2-67.7)	40,641	64.4 (61.3-67.3)	43,004	65.2 (62.2-68.1)
Race/ethnicity						
White, non-Hispanic	30,334	77.2 (72.9-81.0)	28,625	79.1 (74.1-83.3)	31,126	79.7 (75.1-83.7)
Black, non-Hispanic	2,691	41.7 (36.1-47.4)	2,611	41.4 (35.9-47.2)	2,711	41.9 (36.2-47.8)
Hispanic	6,303	49.2 (44.3-54.1)	6,419	48.1 (42.9-53.4)	5,847	43.1 (38.0-48.5)
Asian, non-Hispanic	2,446	42.6 (37.2-48.1)	2,310	38.4 (33.0-44.1)	2,315	45.9 (39.7-52.3)
Other, non-Hispanic	331	52.7 (34.9-69.9)	169	41.4 (21.3-64.9)	125	41.3 (18.6-68.4)
Age (years)						
<20	420	40.3 (22.6-61.0)	544	40.0 (20.9-62.7)	403	36.4 (19.4-57.7)
20-29	11,635	55.4 (50.3-60.4)	12,654	60.9 (55.1-66.4)	10,826	57.7 (51.8-63.4)
30-39	28,796	71.6 (68.1-74.9)	24,802	67.4 (63.3-71.2)	30,449	69.7 (65.9-73.3)
40+	1,854	53.4 (39.9-66.4)	2,641	63.4 (51.5-73.9)	1,326	54.4 (37.8-70.1)
Education						
<High school	1,209	25.0 (17.7-33.9)	1,382	28.6 (20.2-38.8)	1,058	23.5 (15.3-34.1)
High school diploma	4,617	48.2 (40.9-55.6)	4,840	50.5 (41.7-59.3)	4,297	45.2 (36.4-54.2)
Some college	9,783	62.3 (56.2-67.9)	7,578	57.9 (50.2-65.2)	8,321	63.9 (56.4-70.8)
College graduate	0	(-)	26,077	75.9 (72.2-79.3)	28,702	76.6 (72.8-80.0)
Insurance type						
Private	30,170	76.9 (73.4-80.1)	28,633	77.2 (73.6-80.5)	30,250	77.3 (73.5-80.6)
Medicaid	10,942	47.4 (42.7-52.1)	10,425	45.8 (40.4-51.3)	10,299	45.4 (39.8-51.0)
Other	989	56.2 (38.8-72.2)	712	55.4 (33.6-75.3)	1,163	59.9 (39.9-77.0)
Household poverty level						
≤100% FPL	5,583	42.6 (36.6-48.7)	4,870	42.1 (34.9-49.7)	4,727	40.5 (33.1-48.3)
>100% FPL	36,434	73.0 (69.8-76.0)	34,129	72.4 (68.9-75.6)	37,217	73.1 (69.7-76.3)
Nativity						
Non-US-born	7,309	38.6 (34.3-43.0)	8,303	38.0 (33.6-42.6)	7,356	35.0 (30.7-39.7)
US-born	35,394	75.7 (72.1-79.0)	32,337	78.3 (74.3-81.9)	35,648	79.3 (75.5-82.6)
Marital status						
Unmarried	12,256	58.0 (52.9-62.9)	11,720	60.6 (54.5-66.3)	12,407	59.6 (53.6-65.4)
Married	30,447	68.3 (64.9-71.5)	28,920	66.0 (62.4-69.5)	30,597	67.8 (64.1-71.2)
WIC participation						
No	33,696	75.1 (71.8-78.2)	30,983	73.0 (69.4-76.3)	34,029	72.8 (69.1-76.3)
Yes	8,764	42.8 (38.1-47.7)	9,606	46.7 (41.1-52.4)	8,920	46.8 (40.9-52.7)
Disability status						
No	38,591	66.0 (63.1-68.9)	36,234	65.2 (61.9-68.3)	38,004	66.0 (62.6-69.1)
Yes	3,802	55.9 (46.6-64.8)	4,171	61.7 (51.2-71.3)	4,829	63.9 (54.9-71.9)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5)

Table 46. Prescription Pain Medication Use and Other Substance Use During Pregnancy

Opioid Supplement 2019-2021

Characteristic	2019		2020		2021	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Did person use any of these over-the-counter pain relievers during pregnancy?	49,059	74.9 (72.1-77.5)	44,830	71.6 (68.5-74.6)	49,037	75.2 (72.1-78.1)
Acetaminophen	45,243	69.2 (66.3-72.0)	41,227	66.0 (62.7-69.2)	44,683	70.1 (66.8-73.1)
Ibuprofen	10,061	15.7 (13.6-18.0)	9,313	15.2 (12.8-17.9)	9,264	14.8 (12.6-17.3)
Aspirin	4,930	7.7 (6.2-9.6)	5,755	9.5 (7.7-11.5)	7,590	12.0 (10.0-14.5)
Naproxen	991	1.6 (1.0-2.5)	1,730	2.9 (1.7-4.7)	667	1.1 (0.6-1.8)
Did person use these prescription pain relievers during pregnancy?	7,798	6.1 (5.1-7.3)	3,698	6.0 (4.5-7.9)	Insufficient data ²	
Hydrocodone	298	0.5 (0.2-1.0)	426	0.7 (0.3-1.3)	227	0.4 (0.2-0.7)
Codeine	1,664	2.5 (1.9-3.3)	1,886	3.0 (2.1-4.3)	1,627	2.6 (1.8-3.7)
Oxycodone	1,605	2.5 (1.8-3.4)	1,380	2.2 (1.4-3.5)	1,776	2.8 (1.8-4.3)
Tramadol	278	0.4 (0.2-1.1)	283	0.5 (0.2-1.0)	141	0.2 (0.1-0.6)
Hydromorphone	378	0.6 (0.2-1.4)	286	0.5 (0.2-1.3)	569	0.9 (0.4-1.9)
Oxymorphone	118	0.2 (0.1-0.4)	Insufficient data ²		Insufficient data ²	
Morphine	582	0.9 (0.5-1.7)	518	0.8 (0.4-1.5)	655	1.0 (0.5-2.1)
Fentanyl	387	0.6 (0.2-1.4)	613	1.0 (0.4-2.5)	552	0.9 (0.4-2.0)
From where did person obtain the prescription pain relievers during pregnancy?						
OB-GYN, midwife, prenatal care provider	2,473	60.3 (48.2-71.3)	2,101	56.8 (41.6-70.8)	2,112	54.5 (40.5-67.8)
Family doctor, Primary care doctor	663	16.2 (9.8-25.4)	595	16.1 (7.5-31.2)	479	12.4 (5.8-24.3)
Dentist/ Oral Health care provider	175	4.3 (1.8-9.7)	Insufficient data ²		Insufficient data ²	
Emergency Department visit	1,209	29.5 (20.1-41.0)	706	19.1 (10.5-32.3)	904	23.3 (13.7-36.9)
Left over from older prescription	297	7.2 (3.0-16.5)	Insufficient data ²		Insufficient data ²	
Friend/Family member	Insufficient data ²		Insufficient data ²		0	0 (-.-)
Gotten without a prescription	407	9.9 (4.2-21.6)	673	18.2 (7.7-37.3)	430	11.1 (4.0-27.4)
What were the reasons for using prescription pain relievers during pregnancy?						
To relieve pain from condition that started before pregnancy	908	22.2 (13.4-34.3)	557	15.0 (6.9-29.7)	650	16.8 (8.2-31.3)
To relieve pain from condition that started during pregnancy	1,909	46.6 (35.5-57.9)	1,664	45.0 (31.4-59.4)	2,052	53 (39.4-66.1)
To relax or relieve tension or stress	536	13.1 (6.7-23.9)	427	11.5 (4.2-28.0)	385	9.9 (4.0-22.5)
To help with feelings or emotions	402	9.8 (4.1-21.5)	Insufficient data ²		Insufficient data ²	
To help sleep	685	16.7 (9.6-27.4)	539	14.6 (5.4-33.7)	343	8.9 (3.3-21.7)
To feel good or get high	364	8.9 (3.5-20.8)	Insufficient data ²		412	10.6 (0.0-21.7)
Because I was "hooked" or had to have them	357	8.7 (3.3-20.8)	Insufficient data ²		Insufficient data ²	
Did pregnant person want or need to cut down or stop during pregnancy?						
No	2,752	70.9 (58.6-80.7)	2,411	68 (50.6-81.5)	3,137	82.9 (68.4-91.6)
Yes	1,129	29.1 (19.3-41.4)	1,136	32 (18.5-49.4)	646	17.1 (8.4-31.6)
Did pregnant person have trouble cutting down or stopping during pregnancy?						
No	814	70.5 (43.8-88.0)	449	39.5 (16.3-68.6)	374	54.8 (22.2-83.7)
Yes	340	29.5 (12.0-56.1)	687	60.5 (31.4-83.7)	309	45.2 (16.3-77.8)
Did pregnant person get help to cut down or stop during pregnancy?						
No	631	55.8 (32.8-76.6)	363	31.1 (12.9-57.9)	456	61.8 (27.8-87.2)
Yes	499	44.2 (23.4-67.2)	804	68.9 (42.1-87.1)	281	38.2 (12.8-72.2)
Of pregnant people who said they received help to cut down or stop, did they receive medication-assisted treatment?						

Table 46. Prescription Pain Medication Use and Other Substance Use During Pregnancy

Opioid Supplement 2019-2021

Characteristic	2019		2020		2021	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
No	166	34.2 (11.8-66.9)	285	35.4 (8.4-76.7)	Insufficient data ²	
Yes	320	65.8 (33.1-88.2)	Insufficient data ²		Insufficient data ²	
Did pregnant person think prescription pain relievers during pregnancy can be harmful to the baby?						
Not harmful at all	2,622	4.2 (3.4-5.3)	2,551	4.3 (3.4-5.5)	1,300	2.1 (1.6-2.9)
Not harmful if taken as prescribed	18,841	30.4 (27.7-33.3)	20,925	35.5 (32.3-38.9)	25,117	41.1 (37.7-44.5)
Harmful, even if taken as prescribed	40,458	65.3 (62.4-68.1)	35,446	60.2 (56.8-63.5)	34,739	56.8 (53.3-60.2)
Did pregnant person think prescription pain relievers during pregnancy can be harmful to the pregnant person?						
Not harmful at all	3,157	5.1 (4.1-6.3)	2,676	4.5 (3.6-5.8)	2,092	3.4 (2.6-4.5)
Not harmful if taken as prescribed	32,270	51.7 (48.5-55.0)	33,065	56.1 (52.5-59.7)	37,352	60.8 (57.3-64.3)
Harmful, even if taken as prescribed	26,933	43.2 (40.0-46.4)	23,155	39.3 (35.8-42.9)	21,940	35.7 (32.3-39.3)
Did health care professional talk about how prescription pain relievers affect pregnancy?						
No	34,208	55.5 (52.3-58.7)	34,881	59.7 (56.2-63.1)	38,790	63.1 (59.8-66.3)
Yes	27,699	44.4 (41.3-47.6)	23,874	40.3 (36.9-43.7)	22,687	36.9 (33.7-40.2)
During pregnancy, what medication were used?						
Medication for depression	5,354	8.2 (6.5-10.4)	5,533	8.9 (6.9-11.4)	6,164	9.7 (7.6-12.3)
Medication for anxiety	1,844	2.8 (1.8-4.4)	1,842	3.0 (1.8-4.7)	1,222	1.9 (1.1-3.3)
Methadone/Subutex, suboxone, buprenorphine	1,240	1.9 (1.1-3.3)	1,062	1.7 (0.8-3.5)	1,540	2.4 (1.4-4.3)
Naloxone	335	0.5 (0.2-1.5)	0	0 (-.)	Insufficient data ²	
Cannabidiol (CBD) products	1,182	1.8 (1.1-3.1)	1,063	1.7 (0.9-3.3)	745	1.2 (0.5-2.6)
Adderall, Ritalin or other stimulant	869	1.3 (0.7-2.4)	1,163	1.9 (0.9-3.7)	879	1.4 (0.7-2.8)
Marijuana or hash	2,679	4.1 (2.9-5.8)	1,438	2.3 (1.4-3.8)	2,425	3.8 (2.5-5.7)
synthetic marijuana K2, Spice	Insufficient data ²		Insufficient data ²		Insufficient data ²	
Heroin	400	0.6 (0.2-1.6)	Insufficient data ²		Insufficient data ²	
Amphetamines	Insufficient data ²		Insufficient data ²		Insufficient data ²	
Cocaine	281	0.4 (0.1-1.3)	Insufficient data ²		Insufficient data ²	
Tranquilizers	Insufficient data ²		Insufficient data ²		Insufficient data ²	
Hallucinogens	Insufficient data ²		Insufficient data ²		Insufficient data ²	
Sniffing gasoline, glue, aerosol spray cans/paint	Insufficient data ²		Insufficient data ²		Insufficient data ²	

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5)

Table 47. Prevalence of breastfeeding initiation and duration of at least 8 weeks by sociodemographic characteristics, MA PRAMS, 2019-2021

Characteristic	2019				2020				2021			
	Breastfeeding initiation		Breastfeeding duration for at least 8 weeks		Breastfeeding initiation		Breastfeeding duration for at least 8 weeks		Breastfeeding initiation		Breastfeeding duration for at least 8 weeks	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	59,798	91.6 (89.6-93.3)	47,961	73.8 (71.0-76.5)	56,851	91.0 (88.6-93.0)	46,246	74.2 (71.0-77.3)	59,515	91.3 (89.0-93.2)	47,458	73.1 (69.8-76.2)
Race/ethnicity												
White, non-Hispanic	35,605	90.7 (87.5-93.1)	29,198	74.6 (70.2-78.5)	32,567	89.7 (85.7-92.7)	26,443	73.1 (67.8-77.8)	34,767	89.9 (86.1-92.8)	28,251	73.3 (68.1-77.8)
Black, non-Hispanic	5,952	94.3 (91.2-96.3)	5,153	82.3 (77.9-86.1)	5,674	93.5 (90.5-95.6)	5,044	83.1 (78.7-86.8)	5,844	92.8 (88.6-95.5)	4,767	76.5 (70.9-81.3)
Hispanic	11,743	93.3 (90.5-95.4)	8,027	64.5 (59.6-69.2)	11,877	91.4 (87.6-94.1)	8,744	67.3 (62.0-72.2)	12,372	92.3 (88.9-94.7)	8,979	66.8 (61.5-71.7)
Asian, non-Hispanic	5,387	94.2 (90.7-96.5)	4,817	84.7 (80.0-88.5)	5,643	94.7 (90.9-96.9)	5,036	85.0 (80.0-88.9)	4,718	95.3 (91.3-97.5)	4,092	82.7 (76.9-87.2)
Other, non-Hispanic	585	93.2 (76.8-98.3)	466	74.4 (55.5-87.1)	352	94.2 (69.1-99.2)	243	65.0 (40.0-83.8)	268	88.3 (50.4-98.3)	143	47.2 (22.6-73.3)
Age (years)												
<20	971	93.3 (80.3-97.9)	541	52.0 (32.6-70.8)	1,271	91.6 (65.2-98.4)	633	47.9 (27.5-69.1)	904	84.0 (66.7-93.2)	468	44.7 (27.1-63.8)
20-29	18,827	90.5 (86.9-93.3)	13,859	67.5 (62.4-72.1)	18,251	90.7 (86.0-94.0)	14,119	70.0 (63.7-75.6)	16,617	88.9 (83.8-92.6)	11,487	61.4 (54.9-67.4)
30-39	36,755	91.9 (89.2-94.0)	30,843	77.2 (73.5-80.6)	33,592	91.3 (88.0-93.7)	28,518	77.8 (73.6-81.5)	39,790	92.6 (89.8-94.7)	33,698	78.9 (74.8-82.4)
40+	3,245	93.8 (84.6-97.6)	2,717	79.3 (65.9-88.3)	3,738	90.4 (78.8-96.0)	2,977	72.0 (58.4-82.5)	2,203	90.4 (72.9-97.0)	1,804	74.5 (56.2-86.9)
Education												
<High school	4,198	91.9 (84.0-96.0)	2,946	65.2 (56.0-73.3)	3,927	86.7 (78.0-92.3)	2,670	58.0 (47.9-67.5)	3,856	86.8 (76.7-93.0)	2,887	65.0 (54.9-74.0)
High school diploma	7,822	82.7 (75.6-88.0)	5,614	60.6 (53.2-67.6)	7,575	79.3 (69.7-86.5)	5,250	55.4 (46.1-64.3)	8,266	87.1 (78.9-92.4)	5,050	53.2 (44.1-62.1)
Some college	14,058	89.6 (85.1-92.8)	10,075	64.4 (58.0-70.2)	11,544	90.2 (83.9-94.1)	8,230	64.8 (56.7-72.2)	11,516	89.2 (82.6-93.5)	8,157	63.3 (55.1-70.8)
College graduate	32,143	95.2 (92.5-97.0)	28,094	83.3 (79.4-86.6)	32,727	95.1 (92.5-96.9)	29,088	84.7 (80.7-88.0)	34,600	93.6 (90.7-95.6)	30,366	82.7 (78.6-86.1)
Insurance type												
Private	36,733	93.4 (90.7-95.4)	31,257	79.7 (75.8-83.0)	34,553	93.0 (89.9-95.1)	29,666	79.9 (75.7-83.5)	35,585	91.6 (88.3-94.0)	30,452	78.9 (74.6-82.6)
Medicaid	19,942	88.4 (84.8-91.2)	14,389	64.4 (59.7-68.8)	19,613	87.9 (83.1-91.5)	14,304	64.4 (58.7-69.7)	20,306	90.8 (86.7-93.7)	13,915	62.1 (56.4-67.6)
Other	1,589	90.3 (69.2-97.5)	1,215	69.0 (50.0-83.2)	1,162	91.6 (74.9-97.6)	943	75.6 (53.0-89.5)	1,924	99.1 (93.8-99.9)	1,757	90.5 (77.2-96.4)
Household poverty level												
≤100% FPL	10,935	85.1 (79.7-89.3)	7,297	57.8 (51.5-63.8)	9,689	84.4 (77.6-89.4)	7,300	64.1 (56.5-71.0)	10,118	89.1 (82.8-93.3)	6,765	59.8 (52.0-67.2)
>100% FPL	46,289	92.9 (90.6-94.7)	38,787	77.9 (74.7-80.9)	43,564	92.9 (90.2-94.9)	36,364	77.6 (73.8-81.0)	46,648	92.1 (89.4-94.2)	38,972	77.3 (73.5-80.6)
Nativity												
Non-US-born	17,969	96.0 (93.9-97.4)	15,085	81.3 (77.7-84.5)	20,127	94.8 (92.6-96.3)	17,204	80.9 (76.8-84.5)	19,493	93.5 (90.8-95.5)	15,978	77.4 (73.2-81.1)
US-born	41,829	89.9 (87.2-92.1)	32,876	70.9 (67.1-74.4)	36,724	89.1 (85.6-91.9)	29,043	70.8 (66.3-74.9)	40,022	90.3 (87.0-92.8)	31,479	71.1 (66.6-75.2)
Marital status												
Unmarried	18,376	88.7 (84.8-91.7)	12,588	61.3 (56.1-66.3)	16,732	88.3 (82.8-92.2)	11,245	59.9 (53.4-66.0)	17,796	88.4 (83.2-92.1)	11,764	58.6 (51.9-65.0)
Married	41,422	93.0 (90.5-94.8)	35,373	79.6 (76.2-82.6)	40,120	92.2 (89.6-94.3)	35,002	80.5 (76.8-83.7)	41,719	92.7 (90.0-94.6)	35,693	79.6 (76.0-82.8)
WIC participation												
No	41,845	93.4 (91.0-95.3)	34,791	77.9 (74.4-81.1)	38,510	91.5 (88.4-93.8)	33,209	79.1 (75.1-82.5)	42,365	91.7 (88.8-93.8)	35,980	78.1 (74.2-81.6)
Yes	17,586	87.4 (83.5-90.5)	12,819	64.3 (59.4-68.9)	18,270	90.2 (85.9-93.3)	12,965	64.3 (58.4-69.9)	17,014	90.5 (85.9-93.6)	11,407	60.8 (54.7-66.6)
Disability status												
No	53,635	92.1 (89.9-93.8)	43,591	75.2 (72.2-78.0)	50,396	91.3 (88.8-93.3)	41,461	75.3 (71.8-78.5)	51,929	91.2 (88.6-93.2)	42,288	74.6 (71.0-77.8)
Yes	5,797	87.5 (79.6-92.6)	4,141	63.0 (53.3-71.8)	5,982	88.5 (76.8-94.8)	4,658	69.2 (57.6-78.8)	7,122	94.0 (88.0-97.1)	4,934	65.2 (54.9-74.3)

¹n weighted to reflect birthing population.

Figure 16. Hospital Breastfeeding Practices, MA PRAMS 2019-2021

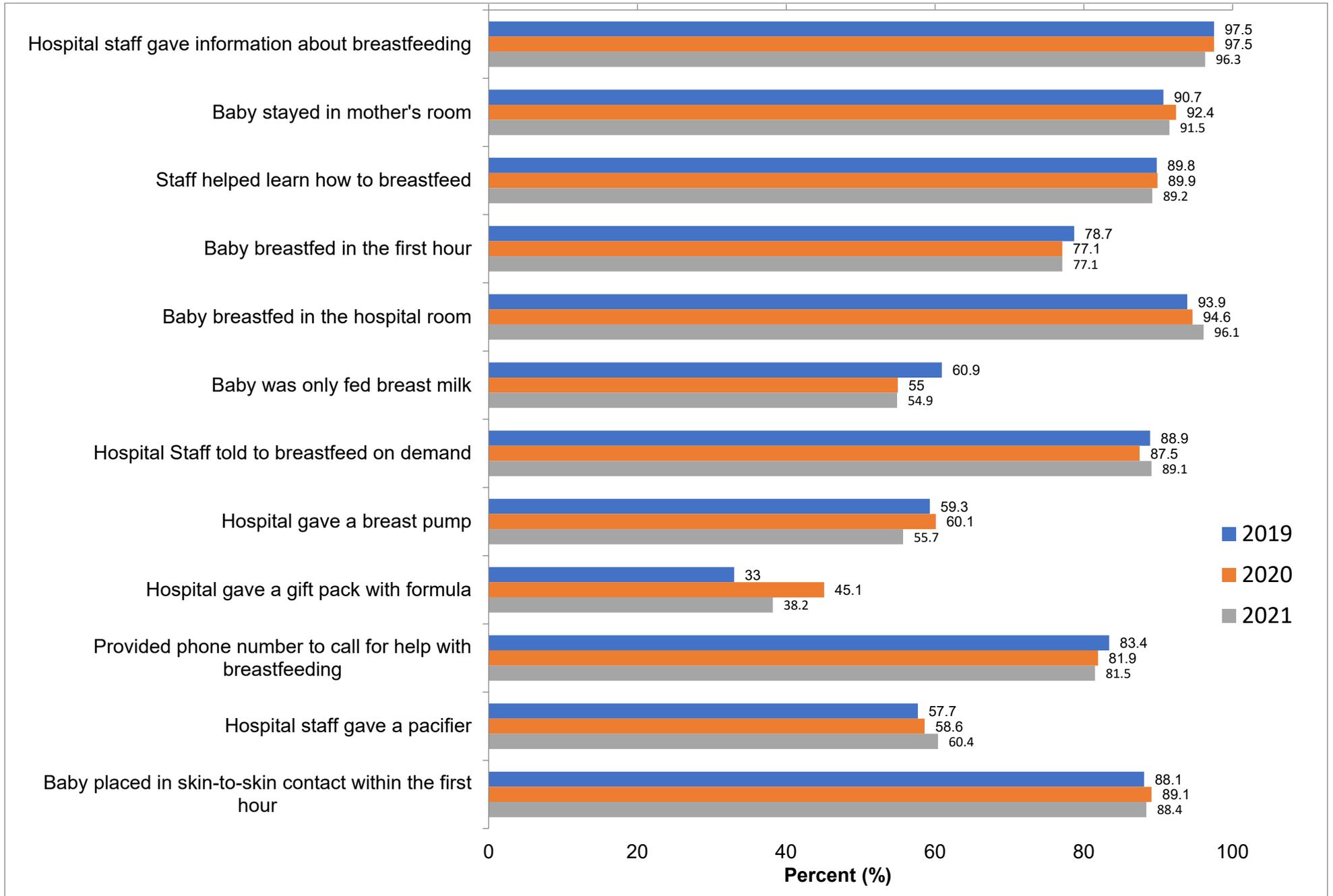


Table 48. Prevalence of infant safe sleep behaviors by sociodemographic characteristics, MA PRAMS, 2019

Characteristic	Supine sleep ³		Separate sleep surface ⁴		No bed-sharing ⁵		No soft objects/ loose bedding ⁶	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	56,738	87.5 (85.7-89.1)	23,631	37.3 (34.2-40.5)	43,806	67.8 (64.7-70.7)	37,523	59.4 (56.4-62.4)
Race/ethnicity								
White, non-Hispanic	36,970	94.6 (91.9-96.5)	16,287	42.1 (37.4-46.9)	26,316	67.6 (62.9-72.0)	27,053	70.3 (65.7-74.6)
Black, non-Hispanic	4,384	71.0 (65.1-76.3)	1,713	29.1 (24.3-34.3)	4,092	66.6 (60.6-72.1)	2,680	45.3 (39.6-51.2)
Hispanic	9,185	73.0 (68.4-77.1)	3,792	31.2 (26.7-36.0)	9,023	72.0 (67.3-76.3)	4,910	40.3 (35.5-45.4)
Asian, non-Hispanic	4,926	88.0 (83.6-91.3)	1,559	29.4 (24.4-34.9)	3,508	62.2 (56.6-67.4)	2,196	41.9 (36.3-47.7)
Other, non-Hispanic	525	83.7 (66.3-93.1)	Insufficient data ²		381	63.4 (44.4-78.9)	161	27.5 (13.9-47.2)
Age (years)								
<20	461	44.3 (26.3-63.8)	177	17.0 (6.9-36.2)	535	51.4 (31.9-70.5)	384	36.9 (20.6-57.0)
20-29	17,087	83.1 (79.4-86.3)	6,368	31.5 (26.8-36.7)	14,038	68.0 (62.9-72.7)	9,096	45.0 (39.8-50.4)
30-39	36,294	91.1 (88.9-92.9)	15,469	39.9 (35.8-44.2)	26,687	67.5 (63.4-71.4)	25,737	66.9 (63.0-70.6)
40+	2,896	84.5 (74.4-91.2)	1,617	47.5 (34.0-61.3)	2,547	74.1 (61.1-83.9)	2,306	68.0 (55.0-78.7)
Education								
<High school	3,178	70.4 (60.9-78.4)	799	18.1 (12.4-25.6)	3,368	73.8 (64.1-81.6)	1,270	29.9 (22.4-38.5)
High school diploma	7,424	80.5 (74.9-85.0)	2,389	26.4 (20.5-33.3)	6,652	71.8 (64.5-78.0)	3,846	41.8 (34.4-49.5)
Some college	13,130	83.9 (79.6-85.0)	4,898	32.3 (26.7-38.4)	10,359	66.9 (60.6-72.6)	6,776	45.1 (38.8-51.5)
College graduate	31,422	93.3 (90.9-95.1)	15,058	45.7 (41.0-50.4)	22,285	66.5 (62.0-70.7)	24,656	75.0 (71.0-78.6)
Insurance type								
Private	36,333	92.8 (90.5-94.5)	35,800	93.4 (90.8-95.3)	25,587	65.7 (61.5-69.7)	27,385	71.5 (67.6-75.2)
Medicaid	18,112	81.1 (77.6-84.1)	16,523	74.6 (70.1-78.7)	15,959	71.5 (67.0-75.6)	8,564	39.6 (34.9-44.5)
Other	1,261	72.7 (53.3-86.2)	1,319	67.9 (46.1-84.0)	1,212	69.9 (50.8-83.9)	821	51.2 (33.5-68.7)
Household poverty level								
≤100% FPL	9,687	76.6 (71.4-81.1)	3,380	27.9 (22.6-33.8)	8,812	69.7 (63.5-75.2)	4,378	36.7 (30.9-42.9)
>100% FPL	45,344	91.4 (89.5-93.1)	19,738	40.4 (36.8-44.2)	33,179	67.2 (63.5-70.6)	32,331	66.3 (62.8-69.7)
Nativity								
Non-US-born	14,488	78.3 (74.6-81.5)	5,519	31.6 (27.5-36.1)	12,938	69.8 (65.6-73.8)	7,993	45.7 (41.2-50.3)
US-born	42,226	91.2 (89.0-93.0)	18,112	39.5 (35.6-43.5)	30,869	67.0 (63.0-70.7)	29,531	64.7 (60.9-68.4)
Marital status								
Unmarried	16,450	80.1 (76.0-83.5)	6,268	31.2 (26.4-36.5)	14,542	70.8 (65.8-75.3)	8,176	40.9 (35.7-46.3)
Married	40,288	91.0 (88.9-92.7)	17,363	40.1 (36.3-44.1)	29,264	66.4 (62.5-70.0)	29,347	68.0 (64.4-71.4)
WIC participation								
No	40,831	91.7 (89.4-93.4)	18,175	41.5 (37.5-45.5)	29,478	66.5 (62.6-70.2)	30,174	69.1 (65.4-72.5)
Yes	15,595	78.3 (74.4-81.6)	5,300	27.5 (23.3-32.2)	14,238	71.4 (66.7-75.7)	7,099	37.2 (32.6-42.1)
Disability status								
No	51,333	88.5 (86.7-90.2)	22,023	38.8 (35.5-42.2)	39,193	67.9 (64.7-71.0)	34,347	60.9 (57.7-64.0)
Yes	5,135	79.2 (71.0-85.5)	1,472	23.4 (16.4-32.2)	4,278	65.6 (56.1-74.1)	2,924	46.3 (36.8-56.0)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5); ³Supine sleep: infant placed to sleep on their back; ⁴Separate sleep surface: infant sleeps on a separate approved sleep surface (crib, bassinet, or pack and play); ⁵No bed-sharing: infant room-sharing without bed-sharing; ⁶No soft objects/loose bedding: infant sleeps without soft objects or loose bedding such as blankets, toys, or crib bumper pads

Table 49. Prevalence of infant safe sleep behaviors by sociodemographic characteristics, MA PRAMS, 2020

Characteristic	Supine sleep ³		Separate sleep surface ⁴		No bed-sharing ⁵		No soft objects/ loose bedding ⁶	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	52,971	85.5 (83.4-87.4)	24,200	40.4 (37.0-44.0)	41,774	68.0 (64.7-71.2)	37,551	62.8 (59.5-66.1)
Race/ethnicity								
White, non-Hispanic	33,834	94.0 (90.6-96.2)	15,929	45.0 (39.6-50.5)	23,918	67.0 (61.7-71.9)	26,131	73.8 (68.5-78.5)
Black, non-Hispanic	4,094	67.9 (62.4-73.0)	1,860	33.0 (27.4-39.1)	3,826	63.8 (58.2-69.1)	2,599	47.1 (41.0-53.3)
Hispanic	9,382	72.8 (67.7-77.3)	3,968	32.4 (27.5-37.7)	9,765	76.4 (71.6-80.7)	5,570	45.2 (39.9-50.7)
Asian, non-Hispanic	4,896	82.6 (77.5-86.8)	1,808	32.9 (27.7-38.6)	3,562	61.3 (55.5-66.8)	2,536	46.9 (41.0-52.9)
Other, non-Hispanic	229	61.4 (36.2-81.7)	127	37.7 (16.6-64.7)	273	76.3 (47.0-92.1)	208	55.6 (31.4-77.3)
Age (years)								
<20	928	68.7 (47.7-84.1)	357	26.3 (11.8-48.8)	1,005	74.9 (53.4-88.6)	490	36.1 (18.8-58.0)
20-29	15,307	76.6 (71.4-81.1)	7,047	36.8 (30.7-43.4)	14,519	73.6 (67.9-78.6)	10,070	52.6 (46.2-59.0)
30-39	33,130	90.8 (88.6-92.6)	15,388	43.3 (38.8-47.9)	23,404	64.6 (60.1-68.9)	25,245	71.2 (67.1-74.9)
40+	3,606	87.6 (79.3-92.8)	1,408	36.9 (25.2-50.4)	2,846	69.5 (56.4-80.0)	1,746	46.0 (33.2-59.3)
Education								
<High school	3,064	67.0 (57.6-75.2)	1,197	28.3 (19.9-38.6)	3,288	74.0 (64.4-81.7)	1,817	41.7 (32.2-51.9)
High school diploma	6,381	68.9 (60.3-76.3)	2,544	27.8 (20.3-36.8)	6,489	70.3 (61.3-78.0)	3,264	36.8 (28.2-46.3)
Some college	10,293	81.4 (75.5-86.2)	4,451	35.8 (28.3-44.2)	9,529	75.2 (68.3-81.1)	6,921	55.7 (47.8-63.3)
College graduate	32,437	94.6 (92.8-95.9)	15,423	46.7 (41.9-51.6)	21,606	63.7 (59.0-68.1)	24,957	75.5 (71.4-79.1)
Insurance type								
Private	34,959	94.1 (92.0-95.7)	17,587	49.0 (44.3-53.7)	23,755	65.2 (60.6-69.5)	26,740	74.5 (70.4-78.2)
Medicaid	16,026	72.6 (67.8-76.9)	6,084	28.6 (23.8-34.1)	16,203	73.4 (68.5-77.8)	10,043	47.7 (42.0-53.5)
Other	664	62.0 (41.1-79.3)	220	18.8 (6.6-43.2)	787	62.1 (37.1-81.9)	425	35.9 (17.3-60.0)
Household poverty level								
≤100% FPL	8,581	76.6 (70.6-81.6)	2,839	25.8 (19.8-32.9)	7,762	.0	4,947	45.4 (37.7-53.3)
>100% FPL	41,320	88.4 (85.9-90.5)	20,279	44.8 (40.7-49.0)	30,818	66.4 (62.4-70.1)	31,111	68.8 (65.0-72.4)
Nativity								
Non-US-born	15,961	75.4 (71.4-79.0)	6,091	30.7 (26.6-35.2)	14,790	70.5 (66.1-74.6)	9,906	49.9 (45.0-54.8)
US-born	37,010	90.8 (88.0-92.9)	18,109	45.2 (40.5-50.0)	26,984	66.8 (62.2-71.0)	27,645	69.3 (64.8-73.4)
Marital status								
Unmarried	13,511	73.0 (67.4-78.0)	5,878	32.2 (26.3-37.7)	13,045	70.4 (64.4-75.8)	9,240	51.2 (44.7-57.6)
Married	39,460	90.8 (88.9-92.4)	18,321	44.0 (39.8-60.2)	28,729	67.0 (63.0-70.8)	28,311	67.9 (63.9-71.6)
WIC participation								
No	38,224	91.5 (89.3-93.4)	18,689	46.3 (41.9-50.8)	27,144	65.8 (61.5-69.8)	28,710	71.1 (67.1-74.8)
Yes	14,638	73.0 (68.0-77.4)	5,469	28.1 (23.0-34.0)	14,589	72.9 (67.5-77.6)	8,790	45.6 (39.6-51.7)
Disability status								
No	47,892	86.9 (84.7-88.8)	22,299	42.0 (38.3-45.8)	37,040	68.2 (64.7-71.5)	33,703	63.6 (60.0-67.0)
Yes	4,883	75.8 (66.3-83.4)	1,821	28.4 (19.4-39.5)	4,539	68.0 (56.7-77.6)	3,682	57.5 (46.2-68.1)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5); ³Supine sleep: infant placed to sleep on their back; ⁴Separate sleep surface: infant sleeps on a separate approved sleep surface (crib, bassinet, or pack and play); ⁵No bed-sharing: infant room-sharing without bed-sharing; ⁶No soft objects/loose bedding: infant sleeps without soft objects or loose bedding such as blankets, toys, or crib bumper pads

Table 50. Prevalence of infant safe sleep behaviors by sociodemographic characteristics, MA PRAMS, 2021

Characteristic	Supine sleep ³		Separate sleep surface ⁴		No bed-sharing ⁵		No soft objects/ loose bedding ⁶	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	55,206	85.7 (83.5-87.7)	26,382	42.3 (38.8-45.9)	44,792	69.7 (66.4-72.9)	42,024	67.8 (64.6-70.8)
Race/ethnicity								
White, non-Hispanic	35,892	93.9 (90.7-96.0)	18,099	48.2 (42.8-53.6)	26,704	69.7 (64.6-74.3)	29,476	78.9 (73.9-83.0)
Black, non-Hispanic	4,371	72.5 (66.7-77.6)	1,837	31.3 (26.1-37.0)	4,215	69.4 (63.6-74.6)	2,899	49.9 (43.9-55.9)
Hispanic	9,358	69.7 (64.5-74.3)	4,181	33.3 (28.3-38.7)	9,670	73.7 (68.6-78.2)	6,099	48.7 (43.2-54.2)
Asian, non-Hispanic	4,254	87.2 (81.6-91.3)	1,544	33.2 (27.4-39.6)	3,139	63.9 (57.5-69.8)	2,495	54.1 (47.5-60.6)
Other, non-Hispanic	215	80.1 (45.7-95.1)	108	54.7 (25.1-81.3)	161	60.1 (30.6-83.8)	143	61.6 (31.2-85.0)
Age (years)								
<20	635	59.0 (38.3-76.9)	150	14.8 (6.0-31.9)	504	46.8 (28.9-65.6)	245	24.1 (12.0-42.5)
20-29	13,931	75.2 (69.8-79.9)	5,953	33.8 (27.9-40.3)	12,458	67.8 (61.5-73.5)	9,529	54.3 (47.8-60.6)
30-39	38,631	91.0 (88.7-92.9)	18,833	45.4 (40.9-49.9)	29,922	70.4 (66.2-74.3)	30,570	74.3 (70.4-77.8)
40+	2,008	86.7 (70.1-94.8)	1,446	63.3 (47.3-76.9)	1,908	82.9 (69.6-91.2)	1,680	74.1 (58.3-85.5)
Education								
<High school	2,904	65.0 (55.8-73.1)	1,176	28.8 (19.2-40.7)	3,240	74.1 (65.6-81.1)	1,704	41.7 (31.9-52.0)
High school diploma	6,520	69.2 (60.8-76.5)	3,727	41.9 (32.9-51.5)	6,928	73.8 (65.1-81.0)	3,893	45.0 (35.7-54.6)
Some college	11,095	86.9 (81.9-90.7)	4,074	33.2 (25.8-41.6)	8,572	67.2 (59.1-74.4)	7,219	59.3 (51.0-67.1)
College graduate	33,832	93.1 (90.5-95.0)	17,136	47.8 (43.0-52.6)	25,367	69.7 (65.2-73.8)	28,350	79.3 (75.6-82.6)
Insurance type								
Private	35,800	93.4 (90.8-95.3)	18,032	48.0 (43.3-52.8)	25,829	67.3 (62.7-71.6)	29,736	79.3 (75.7-82.6)
Medicaid	16,523	74.6 (70.1-78.7)	7,105	33.7 (28.2-39.6)	16,417	74.8 (69.7-79.3)	9,955	48.2 (42.3-54.1)
Other	1,319	67.9 (46.1-84.0)	721	37.8 (20.4-59.2)	1,104	56.9 (36.3-75.3)	1,328	68.4 (49.3-82.8)
Household poverty level								
≤100% FPL	7,822	69.6 (62.8-75.6)	3,539	33.1 (25.9-41.2)	8,244	73.9 (66.8-80.0)	4,167	40.5 (33.0-48.4)
>100% FPL	44,972	90.0 (87.6-92.0)	21,516	44.1 (40.0-48.2)	34,058	68.1 (64.2-71.8)	36,263	74.3 (70.8-77.5)
Nativity								
Non-US-born	15,683	76.8 (72.8-80.4)	6,754	35.9 (31.2-40.8)	15,381	75.5 (71.3-79.3)	9,559	51.1 (46.1-56.1)
US-born	39,523	89.9 (87.0-92.2)	19,629	45.1 (40.5-49.8)	29,410	67.0 (62.5-71.2)	32,466	75.0 (70.9-78.7)
Marital status								
Unmarried	15,421	76.8 (71.7-81.1)	6,802	35.3 (29.0-42.1)	14,757	73.9 (68.0-79.2)	10,127	52.9 (46.3-59.5)
Married	39,785	89.8 (87.3-91.9)	19,580	45.4 (41.2-49.7)	30,034	67.8 (63.7-71.6)	31,898	74.4 (70.9-77.7)
WIC participation								
No	42,404	93.2 (91.0-95.0)	20,346	45.7 (41.4-50.2)	31,144	68.4 (64.2-72.3)	33,667	76.0 (72.4-79.3)
Yes	12,702	67.7 (62.3-72.7)	6,021	33.8 (28.2-39.9)	13,602	73.2 (67.7-78.1)	8,287	47.1 (41.0-53.2)
Disability status								
No	48,446	86.2 (83.7-88.3)	23,645	43.5 (39.7-47.4)	38,802	69.0 (65.4-72.4)	38,171	70.7 (67.4-73.9)
Yes	6,260	83.5 (76.8-88.5)	2,526	33.9 (24.8-44.3)	5,502	74.2 (65.1-81.6)	3,618	48.4 (38.5-58.5)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5); ³Supine sleep: infant placed to sleep on their back; ⁴Separate sleep surface: infant sleeps on a separate approved sleep surface (crib, bassinet, or pack and play); ⁵No bed-sharing: infant room-sharing without bed-sharing; ⁶No soft objects/loose bedding: infant sleeps without soft objects or loose bedding such as blankets, toys, or crib bumper pads n weighted to reflect birthing population

Table 51. Prevalence of reporting oral health care and knowledge by type and sociodemographic characteristics, MA PRAMS, 2019

Characteristic	Teeth cleaned prior to pregnancy ³		Teeth cleaned during pregnancy ⁴		Dental insurance during pregnancy ⁵		Knowledge of importance ⁶		Received counseling ⁷	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	35,665	53.9 (50.9-57.0)	38,890	58.8 (55.7-61.7)	57,860	89.5 (87.7-91.1)	59,171	89.9 (88.1-91.5)	37,743	57.9 (54.8-61.0)
Race/ethnicity										
White, non-Hispanic	24,881	62.9 (58.2-67.4)	25,447	64.3 (59.6-68.7)	35,696	91.8 (88.9-94.0)	36,988	93.8 (91.1-95.8)	24,051	61.5 (56.7-66.0)
Black, non-Hispanic	2,489	37.8 (32.3-43.6)	2,943	45.3 (39.8-51.0)	5,436	86.8 (82.7-90.0)	5,324	82.6 (77.4-86.8)	3,108	49.1 (43.4-54.8)
Hispanic	5,213	40.6 (35.9-45.5)	6,675	51.6 (46.7-56.4)	11,062	88.1 (84.6-90.9)	10,752	83.6 (79.6-87.0)	6,805	53.6 (48.6-58.4)
Asian, non-Hispanic	2,512	43.7 (38.3-49.2)	2,895	50.2 (44.7-55.8)	4,659	83.6 (78.9-87.4)	4,796	84.5 (79.9-88.2)	2,995	53.6 (47.9-59.1)
Other, non-Hispanic	195	31.1 (17.1-49.8)	407	64.8 (46.2-79.9)	408	70.7 (50.7-85.0)	525	83.7 (66.3-93.1)	372	61.8 (43.1-77.6)
Age (years)										
<20	441	42.3 (24.3-62.7)	487	46.8 (28.3-66.2)	860	82.6 (58.3-94.2)	845	81.1 (62.2-91.8)	577	55.5 (34.9-74.3)
20-29	8,086	38.3 (33.3-43.5)	9,653	45.7 (40.6-50.8)	17,899	87.1 (83.3-90.1)	18,177	86.9 (83.3-89.8)	10,856	52.5 (47.3-57.7)
30-39	25,152	62.2 (58.2-66.0)	26,633	65.8 (61.9-69.5)	35,992	91.0 (88.7-92.9)	36,955	91.6 (89.3-93.4)	24,033	60.1 (56.0-64.1)
40+	1,986	57.1 (43.6-69.7)	2,117	59.8 (46.1-72.2)	3,110	89.4 (80.6-94.5)	3,194	91.6 (82.9-96.1)	2,277	65.6 (51.8-77.1)
Education										
<High school	1,410	28.4 (20.9-37.4)	1,789	36.2 (28.2-45.0)	4,206	87.2 (80.2-92.0)	3,727	75.8 (67.5-82.5)	2,229	46.2 (37.2-55.4)
High school diploma	2,864	30.0 (24.1-36.7)	4,718	48.7 (41.5-56.1)	8,105	88.7 (84.0-92.2)	8,320	87.5 (82.3-91.3)	4,764	51.5 (44.0-58.9)
Some college	6,884	43.6 (37.5-49.8)	7,327	46.3 (40.2-52.5)	13,667	88.9 (85.1-91.9)	13,815	87.5 (82.8-91.0)	7,895	50.4 (44.1-56.6)
College graduate	23,476	69.1 (64.9-73.0)	23,801	70.2 (66.0-74.0)	30,369	90.7 (87.8-92.9)	31,606	93.6 (91.3-95.3)	21,674	64.5 (60.0-68.8)
Insurance type										
Private	26,760	67.7 (63.7-71.5)	27,163	68.8 (64.8-72.5)	36,273	92.8 (90.5-94.5)	36,910	93.7 (91.7-95.3)	24,821	63.7 (59.5-67.7)
Medicaid	7,809	33.8 (29.6-38.3)	9,987	43.1 (38.6-47.7)	19,275	87.6 (84.3-90.3)	19,425	84.8 (81.2-87.8)	11,140	49.1 (44.4-53.8)
Other	480	26.9 (14.3-44.8)	944	52.9 (35.9-69.2)	1,051	58.9 (41.0-74.7)	1,513	84.8 (66.3-94.0)	907	51.3 (34.2-68.1)
Household poverty level										
≤100% FPL	4,070	31.5 (26.3-37.2)	5,861	44.6 (38.7-50.6)	10,800	85.1 (80.4-88.8)	10,658	81.2 (76.0-85.5)	6,797	52.3 (46.1-58.3)
>100% FPL	30,668	61.1 (57.5-64.6)	31,628	62.9 (59.4-66.4)	44,787	90.9 (88.7-92.7)	46,320	92.7 (90.9-94.2)	29,725	60.1 (56.4-63.7)
Nativity										
Non-US-born	7,526	39.3 (35.1-43.7)	9,259	48.4 (44.1-52.7)	15,075	82.4 (79.1-85.3)	15,751	82.7 (79.3-85.7)	9,708	52.0 (47.6-56.3)
US-born	28,139	60.0 (56.0-63.8)	29,630	63.0 (59.1-66.8)	42,786	92.4 (90.0-94.2)	43,395	92.8 (90.7-94.5)	28,035	60.4 (56.3-64.2)
Marital status										
Unmarried	8,485	40.2 (35.2-45.4)	10,106	47.7 (42.6-52.9)	18,268	89.0 (85.2-91.9)	17,896	85.3 (81.4-88.5)	10,776	51.7 (46.4-56.9)
Married	27,180	60.4 (56.7-64.0)	28,784	64.0 (60.3-67.5)	39,592	89.8 (87.6-91.6)	41,275	92.1 (90.1-93.7)	26,967	60.9 (57.0-64.6)
WIC participation										
No	28,180	62.4 (58.6-66.1)	29,073	64.2 (60.4-67.8)	40,708	90.8 (88.6-92.7)	41,914	92.9 (90.9-94.5)	27,399	61.2 (57.2-64.9)
Yes	7,184	35.6 (31.1-40.3)	9,701	47.2 (42.4-52.0)	16,973	86.7 (83.0-89.6)	17,060	83.4 (79.5-86.7)	10,165	50.4 (45.5-55.3)
Disability status										
No	31,659	56.5 (53.0-60.0)	34,968	59.5 (56.3-62.6)	51,609	89.9 (88.0-91.6)	53,082	90.7 (88.9-92.3)	34,026	58.7 (55.4-61.9)
Yes	3,283	48.5 (37.8-59.3)	3,694	54.1 (44.8-63.1)	5,794	86.2 (78.2-91.5)	5,707	84.1 (76.6-89.6)	3,455	51.7 (42.3-61.0)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5); ³Teeth cleaned prior to pregnancy=teeth cleaned in the 12 months before pregnancy; ⁴Teeth cleaned during pregnancy=teeth cleaned during pregnancy; ⁵Dental insurance during pregnancy =had dental insurance during pregnancy; ⁶Knowledge of importance=knowledge of the importance of teeth and gum care during pregnancy; ⁷Received counseling=receiving counseling on the importance of teeth care during pregnancy

Table 52. Prevalence of reporting oral health care and knowledge by type and sociodemographic characteristics, MA PRAMS, 2020

Characteristic	Teeth cleaned prior to pregnancy ³		Teeth cleaned during pregnancy ⁴		Dental insurance during pregnancy ⁵		Knowledge of importance ⁶		Received counseling ⁷	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	35,457	55.5 (52.2-58.7)	32,608	51.1 (47.7-54.5)	54,146	87.1 (84.7-89.2)	56,064	88.5 (86.2-90.4)	33,754	53.9 (50.5-57.4)
Race/ethnicity										
White, non-Hispanic	24,806	67.4 (62.1-72.3)	20,930	56.9 (51.4-62.1)	32,369	89.9 (86.0-92.8)	33,479	91.5 (87.7-94.1)	20,449	56.5 (51.0-61.8)
Black, non-Hispanic	2,334	36.9 (31.3-42.9)	2,520	39.8 (34.3-45.5)	4,892	80.4 (74.9-85.0)	5,180	83.0 (78.5-86.7)	3,072	49.9 (44.2-55.7)
Hispanic	5,325	39.3 (34.3-44.5)	6,091	45.4 (40.2-50.7)	11,169	85.3 (80.9-88.8)	11,041	82.9 (78.5-86.6)	6,406	48.6 (43.3-53.9)
Asian, non-Hispanic	2,413	40.8 (35.3-46.5)	2,315	38.6 (33.2-44.3)	4,497	79.0 (73.7-83.4)	5,161	87.2 (82.7-90.7)	3,102	53.8 (47.9-59.5)
Other, non-Hispanic	148	36.4 (17.3-61.1)	186	45.7 (24.2-68.9)	350	86.0 (58.3-96.5)	336	82.5 (56.9-94.4)	159	39.0 (19.3-63.1)
Age (years)										
<20	198	13.7 (4.2-36.5)	265	18.3 (7.5-38.2)	1,230	84.9 (64.2-94.7)	867	59.9 (38.7-77.9)	494	34.1 (17.8-55.2)
20-29	9,995	48.0 (41.9-54.0)	9,832	47.3 (41.2-53.4)	17,683	87.5 (83.7-90.6)	17,613	85.6 (81.2-89.1)	10,478	51.4 (45.2-57.5)
30-39	22,681	60.6 (56.3-64.7)	20,408	54.6 (50.1-58.9)	31,668	86.6 (83.2-89.4)	33,650	90.5 (87.6-92.8)	20,644	56.2 (51.6-60.6)
40+	2,583	62.0 (49.4-73.2)	2,104	50.5 (38.0-63.0)	3,565	90.5 (80.0-95.8)	3,935	94.5 (86.4-97.9)	2,139	53.7 (40.7-66.3)
Education										
<High school	1,213	24.5 (17.5-33.1)	1,615	32.8 (24.5-42.4)	3,896	82.0 (73.4-88.2)	3,604	73.7 (62.6-82.4)	2,035	41.5 (32.3-51.3)
High school diploma	3,575	36.2 (27.8-45.4)	3,706	37.9 (29.9-46.6)	7,950	82.6 (75.3-88.0)	7,761	80.3 (72.2-86.4)	4,438	45.9 (37.2-54.9)
Some college	7,005	53.5 (45.9-60.9)	6,905	52.8 (45.1-60.3)	11,004	88.0 (82.0-92.2)	11,558	89.1 (83.9-92.8)	7,205	57.3 (49.4-64.9)
College graduate	23,121	66.7 (62.4-70.9)	19,944	57.4 (52.8-62.0)	30,263	89.0 (85.8-91.6)	32,015	92.6 (90.0-94.6)	19,630	57.4 (52.7-62.0)
Insurance type										
Private	25,584	68.4 (64.1-72.4)	22,000	58.8 (54.2-63.2)	33,513	91.3 (88.6-93.4)	34,894	93.8 (91.4-95.5)	22,156	60.0 (55.4-64.4)
Medicaid	8,902	38.6 (33.2-44.3)	9,496	41.3 (36.0-46.8)	18,440	83.2 (78.7-86.9)	19,040	83.6 (79.4-87.1)	10,724	48.0 (42.5-53.6)
Other	500	38.0 (18.4-62.5)	348	27.1 (13.0-48.1)	730	58.5 (35.4-78.4)	633	49.3 (28.1-70.8)	357	28.6 (15.1-47.3)
Household poverty level										
≤100% FPL	4,090	34.7 (27.6-42.6)	4,619	39.0 (32.0-46.6)	8,664	76.7 (69.9-82.4)	9,362	80.6 (74.2-85.7)	5,139	44.7 (37.4-52.2)
>100% FPL	29,304	61.8 (57.9-65.6)	25,900	54.6 (50.5-58.6)	41,849	90.1 (87.5-92.2)	43,198	91.4 (88.9-93.4)	26,571	57.0 (52.9-61.1)
Nativity										
Non-US-born	8,388	38.2 (33.7-42.8)	9,248	42.0 (37.5-46.7)	16,448	78.2 (73.8-81.9)	18,195	83.6 (80.1-86.6)	10,308	48.4 (43.7-53.1)
US-born	27,069	64.6 (60.1-68.8)	23,360	55.9 (51.2-60.4)	37,698	91.7 (88.8-94.0)	37,869	91.0 (87.9-93.4)	23,446	56.8 (52.1-61.4)
Marital status										
Unmarried	8,578	43.5 (37.4-49.9)	7,801	39.7 (33.8-46.0)	16,666	86.4 (81.8-90.0)	16,125	82.9 (77.8-86.9)	9,156	47.0 (40.9-53.3)
Married	26,879	60.8 (56.9-64.6)	24,807	56.1 (52.1-60.1)	37,480	87.5 (84.6-89.9)	39,940	91.0 (88.5-93.0)	24,598	57.1 (52.9-61.1)
WIC participation										
No	26,806	62.7 (58.5-66.7)	22,812	53.3 (49.0-57.6)	37,434	89.8 (87.2-91.9)	38,845	91.3 (88.5-93.5)	23,392	55.9 (51.5-60.1)
Yes	8,545	41.2 (35.5-47.2)	9,754	46.7 (41.1-52.5)	16,542	81.6 (76.5-85.9)	17,101	82.7 (78.4-86.3)	10,332	50.3 (44.6-56.0)
Disability status										
No	31,979	54.6 (51.3-57.8)	29,426	52.4 (48.8-56.0)	47,871	87.7 (85.2-89.8)	49,916	89.4 (87.2-91.3)	30,009	54.6 (50.9-58.3)
Yes	3,467	51.6 (42.3-60.7)	2,754	40.7 (30.5-51.7)	5,563	83.7 (74.4-90.0)	5,381	80.8 (70.0-88.4)	3,192	47.3 (36.7-58.3)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5); ³Teeth cleaned prior to pregnancy=teeth cleaned in the 12 months before pregnancy; ⁴Teeth cleaned during pregnancy=teeth cleaned during pregnancy; ⁵Dental insurance during pregnancy=had dental insurance during pregnancy; ⁶Knowledge of importance=knowledge of the importance of teeth and gum care during pregnancy; ⁷Received counseling=receiving counseling on the importance of teeth care during pregnancy n weighted to reflect birthing population

Table 53. Prevalence of reporting oral health care and knowledge by type and sociodemographic characteristics, MA PRAMS, 2021

Characteristic	Teeth cleaned prior to pregnancy ³		Teeth cleaned during pregnancy ⁴		Dental insurance during pregnancy ⁵		Knowledge of importance ⁶		Received counseling ⁷	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	33,588	50.5 (47.1-53.9)	34,984	52.7 (49.3-56.1)	57,753	88.7 (86.5-90.6)	58,985	88.9 (86.8-90.7)	34,207	52.2 (48.7-55.6)
Race/ethnicity										
White, non-Hispanic	23,425	59.3 (54.0-64.4)	23,114	58.7 (53.4-63.8)	35,444	91.2 (87.7-93.7)	36,422	92.2 (88.8-94.6)	21,159	54.2 (48.9-59.4)
Black, non-Hispanic	2,383	36.6 (31.0-42.6)	2,499	38.7 (32.9-44.7)	5,330	85.0 (80.4-88.7)	5,372	83.6 (78.8-87.5)	3,115	49.5 (43.5-55.6)
Hispanic	4,408	32.6 (27.8-37.7)	5,820	42.8 (37.7-48.1)	11,165	84.9 (80.6-88.3)	11,110	82.2 (77.7-85.9)	6,201	46.1 (40.9-51.4)
Asian, non-Hispanic	2,081	41.3 (35.2-47.6)	2,205	43.7 (37.5-50.1)	4,108	83.3 (77.9-87.6)	4,233	84.6 (79.6-88.5)	2,278	46.2 (39.9-52.6)
Other, non-Hispanic	142	42.0 (19.1-69.0)	178	52.6 (27.3-76.6)	268	88.2 (62.7-97.1)	303	89.4 (65.8-97.4)	125	41.1 (18.0-68.9)
Age (years)										
<20	417	38.8 (21.1-60.0)	415	37.5 (20.3-58.6)	957	94.1 (79.2-98.5)	876	81.3 (63.7-91.5)	564	52.4 (33.7-70.5)
20-29	7,616	40.1 (34.2-46.4)	8,657	45.7 (39.6-51.9)	15,990	85.9 (81.2-89.6)	15,870	83.8 (79.2-87.6)	9,087	48.4 (42.2-54.7)
30-39	24,390	55.4 (51.1-59.7)	24,663	56.1 (51.7-60.4)	39,082	90.6 (88.0-92.7)	40,088	91.3 (88.7-93.3)	23,447	54.1 (49.6-58.4)
40+	1,165	47.8 (31.8-64.3)	1,249	53.5 (36.8-69.4)	1,724	74.4 (56.5-86.6)	2,151	89.6 (76.7-95.8)	1,109	47.4 (31.2-64.2)
Education										
<High school	1,249	26.6 (18.1-37.2)	1,871	40.1 (31.0-49.9)	3,938	89.7 (83.2-93.9)	3,497	76.4 (67.3-83.7)	1,900	42.5 (33.3-52.4)
High school diploma	3,124	31.9 (24.0-41.0)	3,970	40.8 (32.2-49.9)	8,030	85.4 (78.8-90.1)	8,310	84.8 (77.5-90.0)	4,102	42.7 (34.4-51.5)
Some college	5,492	42.1 (34.4-50.3)	5,705	43.7 (36.0-51.7)	11,401	90.0 (83.9-94.0)	11,595	88.9 (83.9-92.5)	6,006	46.4 (38.4-54.5)
College graduate	22,954	61.1 (56.5-65.5)	22,653	60.5 (55.9-64.8)	33,244	89.2 (86.2-91.7)	34,342	91.5 (88.7-93.7)	21,222	57.1 (52.4-61.7)
Insurance type										
Private	24,539	62.3 (57.7-66.6)	24,396	61.9 (57.4-66.2)	35,393	90.9 (88.1-93.1)	36,429	92.4 (89.9-94.4)	21,957	56.5 (51.9-61.1)
Medicaid	7,804	33.9 (28.6-39.5)	8,809	38.4 (33.2-43.8)	19,572	87.6 (83.7-90.6)	18,935	82.9 (78.7-86.5)	10,368	45.6 (40.2-51.2)
Other	641	33.0 (16.3-55.5)	788	40.6 (22.6-61.5)	1,076	60.4 (40.2-77.7)	1,777	91.5 (74.2-97.6)	839	44.4 (25.3-65.3)
Household poverty level										
≤100% FPL	4,162	35.6 (28.6-43.3)	4,387	37.8 (31.0-45.2)	9,897	87.0 (81.6-90.9)	9,651	82.9 (77.1-87.4)	5,140	44.4 (37.1-52.0)
>100% FPL	28,445	55.6 (51.5-59.5)	29,425	57.4 (53.4-61.3)	45,114	89.5 (86.8-91.6)	46,617	91.1 (88.8-93.0)	27,530	54.5 (50.4-58.5)
Nativity										
Non-US-born	5,812	27.6 (23.7-31.9)	8,731	41.5 (36.8-46.3)	16,037	79.6 (75.5-83.2)	17,142	81.8 (77.9-85.1)	9,125	44.3 (39.6-49.1)
US-born	27,776	61.2 (56.7-65.5)	26,253	57.9 (53.3-62.4)	41,716	92.8 (90.0-94.9)	41,843	92.2 (89.5-94.3)	25,081	55.8 (51.1-60.3)
Marital status										
Unmarried	8,528	40.9 (34.6-47.4)	8,513	40.8 (34.7-47.3)	18,172	88.2 (83.5-91.7)	17,668	84.7 (79.8-88.6)	8,897	42.8 (36.7-49.2)
Married	25,060	54.9 (50.9-58.9)	26,471	58.1 (54.2-62.0)	39,582	89.0 (86.4-91.1)	41,316	90.8 (88.6-92.7)	25,310	56.5 (52.4-60.5)
WIC participation										
No	27,305	58.2 (54.0-62.3)	27,157	58.0 (53.8-62.1)	41,412	89.8 (87.1-91.9)	42,625	90.9 (88.3-92.9)	25,230	54.4 (50.1-58.7)
Yes	6,193	32.0 (26.6-37.9)	7,707	39.9 (34.3-45.8)	16,251	86.3 (81.8-89.7)	16,187	84.0 (79.7-87.6)	8,856	46.5 (40.6-52.4)
Disability status										
No	30,255	52.3 (48.7-56.0)	31,787	55.0 (51.3-58.6)	50,957	89.8 (87.5-91.8)	51,970	89.9 (87.7-91.7)	30,503	53.4 (49.6-57.1)
Yes	3,184	41.5 (32.1-51.7)	2,795	36.6 (27.8-46.4)	6,121	81.7 (73.2-88.0)	6,183	82.0 (73.2-88.3)	3,076	41.3 (32.0-51.2)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5); ³Teeth cleaned prior to pregnancy=teeth cleaned in the 12 months before pregnancy; ⁴Teeth cleaned during pregnancy=teeth cleaned during pregnancy; ⁵Dental insurance during pregnancy =had dental insurance during pregnancy; ⁶Knowledge of importance=knowledge of the importance of teeth and gum care during pregnancy; ⁷Received counseling=receiving counseling on the importance of teeth care during pregnancy n weighted to reflect birthing population

Table 54. Prevalence of reasons for not going to the dentist during pregnancy, MA PRAMS, 2019-2021

	2019		2020		2021	
Reasons for not going to the dentist during pregnancy	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
I could not find a dentist or dental clinic that would take pregnant patients	2,454	3.8 (2.9-5.0)	2,634	4.3 (3.1-6.0)	2,876	4.4 (3.3-5.9)
I could not find a dentist or dental clinic that would take MassHealth patients	3,189	5.0 (3.8-6.4)	3,558	5.8 (4.4-7.6)	3,735	5.8 (4.5-7.4)
I did not think it was safe to go to the dentist during pregnancy	8,255	12.7 (11.0-14.6)	11,998	19.3 (16.8-21.9)	11,217	17.2 (15.0-19.8)
I could not afford to go to the dentist or dental clinic	5,852	9.0 (7.5-10.9)	4,518	7.4 (6.0-9.1)	5,560	8.6 (6.9-10.7)

¹n weighted to reflect birthing population;

Table 55. Prevalence of enrollment in WIC during pregnancy by sociodemographic characteristics, MA PRAMS, 2019-2021

Characteristic	WIC during pregnancy					
	2019		2020		2021	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	20,592	31.2 (28.8-33.8)	20,876	32.8 (29.9-35.8)	19,453	29.3 (26.6-32.1)
Race/ethnicity						
White, non-Hispanic	6,494	16.4 (13.2-20.3)	6,616	18.0 (13.8-23.1)	6,148	15.6 (11.9-20.2)
Black, non-Hispanic	3,647	57.0 (51.3-62.5)	3,927	62.7 (57.3-67.9)	3,614	55.5 (49.6-61.3)
Hispanic	8,510	66.2 (61.6-70.5)	8,816	66.0 (60.9-70.8)	8,442	62.3 (57.1-67.2)
Asian, non-Hispanic	1,315	23.0 (18.2-28.5)	1,000	16.6 (12.5-21.8)	856	17.2 (12.4-23.2)
Other, non-Hispanic	439	70.0 (52.1-83.3)	288	70.8 (47.3-86.7)	232	68.3 (41.1-87.0)
Age (years)						
<20	853	82.0 (63.6-92.2)	1,253	90.3 (72.9-97.0)	933	89.1 (73.7-96.0)
20-29	10,390	49.5 (44.4-54.6)	10,593	50.9 (45.0-56.9)	9,851	51.8 (45.7-57.9)
30-39	8,583	21.3 (18.5-24.3)	7,582	20.3 (17.1-23.9)	8,172	18.6 (15.6-22.0)
40+	765	21.8 (14.1-32.2)	1,449	34.8 (24.2-47.1)	496	20.7 (11.5-34.3)
Education						
<High school	4,239	86.6 (80.6-91.0)	3,930	80.9 (69.8-88.6)	3,520	75.9 (64.7-84.5)
High school diploma	6,554	68.5 (60.8-75.2)	6,192	63.3 (54.0-71.8)	5,897	60.0 (50.5-68.7)
Some college	6,829	43.2 (37.3-49.3)	6,477	49.7 (42.0-57.3)	6,716	51.5 (43.5-59.4)
College graduate	2,597	7.7 (5.9-10.0)	3,466	10.0 (7.5-13.2)	2,719	7.2 (5.3-9.9)
Insurance type						
Private	1,807	4.6 (3.3-6.3)	2,182	5.8 (4.1-8.1)	1,640	4.2 (2.7-6.4)
Medicaid	17,348	75.3 (70.8-79.3)	17,002	74.0 (68.8-78.7)	16,614	72.2 (66.7-77.1)
Other	691	38.7 (23.6-56.3)	573	44.6 (24.5-66.6)	536	27.9 (14.9-46.0)
Household poverty level						
≤100% FPL	10,812	82.2 (77.2-86.3)	9,194	78.2 (71.5-83.7)	8,851	76 (68.5-82.1)
>100% FPL	8,173	16.3 (14.1-18.8)	8,525	17.9 (15.2-21.0)	8,464	16.5 (13.9-19.5)
Nativity						
Non-US-born	9,256	48.7 (44.5-52.9)	10,683	48.7 (44.3-53.2)	9,622	45.8 (41.3-50.3)
US-born	11,311	24.1 (21.1-27.4)	10,193	24.4 (20.7-28.5)	9,831	21.7 (18.2-25.5)
Marital status						
Unmarried	13,386	63.6 (58.4-68.6)	12,614	64.4 (58.0-70.2)	12,859	61.6 (55.0-67.8)
Married	7,206	16.0 (14.0-18.4)	8,262	18.7 (16.0-21.8)	6,594	14.5 (12.4-16.9)
Disability status						
No	16,760	28.6 (26.1-31.2)	16,790	29.9 (26.9-33.1)	14,902	25.8 (23.0-28.7)
Yes	3,685	54.1 (44.7-63.2)	3,515	51.9 (41.1-62.6)	3,886	50.7 (40.9-60.5)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5)

Table 56. Prevalence of unintended pregnancy and of being unsure about becoming pregnant by sociodemographic characteristics, MA PRAMS, 2019-2021

Characteristic	2019				2020				2021			
	Unintended pregnancy ³		Unsure of how felt about pregnancy ⁴		Unintended pregnancy ³		Unsure of how felt about pregnancy ⁴		Unintended pregnancy ³		Unsure of how felt about pregnancy ⁴	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	13,844	20.9 (18.6-23.5)	8,059	12.2 (10.4-14.2)	10,769	17.0 (14.7-19.6)	8,049	12.7 (10.6-15.2)	11,412	17.2 (14.9-19.9)	7,555	11.4 (9.3-13.9)
Race/ethnicity												
White, non-Hispanic	6,874	17.4 (14.0-21.3)	3,811	9.6 (7.2-12.8)	4,447	12.2 (8.9-16.4)	4,167	11.4 (8.3-15.6)	4,667	11.9 (8.7-16.0)	4,393	11.2 (8.2-15.1)
Black, non-Hispanic	2,243	33.9 (28.4-39.9)	1,278	19.3 (15.2-24.3)	1,493	24.0 (19.7-28.9)	1,343	21.6 (17.0-27.1)	1,977	30.4 (25.2-36.2)	1,017	15.6 (11.7-20.5)
Hispanic	3,333	26.0 (21.9-30.6)	2,273	17.7 (14.3-21.9)	3,729	27.9 (23.2-33.0)	1,742	13.0 (9.9-16.9)	3,650	26.9 (22.5-31.9)	1,535	11.3 (8.2-15.4)
Asian, non-Hispanic	880	15.2 (11.6-19.7)	511	8.8 (6.1-12.7)	1,013	16.9 (12.9-21.8)	654	10.9 (7.7-15.2)	556	11.2 (7.8-15.8)	555	11.1 (7.6-16.0)
Other, non-Hispanic	178	30.5 (16.1-50.0)	110	18.9 (8.1-37.9)	Insufficient data ²		Insufficient data ²		143	47 (22.3-73.3)	Insufficient data ²	
Age (years)												
<20	559	56.1 (35.5-74.7)	262	26.3 (11.6-49.2)	910	64.5 (42.8-81.5)	357	25.3 (10.9-48.3)	530	49.2 (30.7-68.0)	Insufficient data ²	
20-29	6,351	30.1 (25.6-35.0)	2,999	14.2 (11.2-17.8)	5,115	24.7 (19.8-30.4)	3,791	18.3 (13.9-23.7)	5,269	27.8 (22.6-33.6)	2,924	15.4 (11.3-20.7)
30-39	6,391	15.8 (13.0-19.0)	4,299	10.6 (8.4-13.3)	4,278	11.5 (9.2-14.3)	3,362	9.0 (6.8-11.9)	5,208	11.9 (9.4-14.9)	4,171	9.5 (7.2-12.5)
40+	543	15.7 (8.3-27.8)	499	14.4 (7.3-26.4)	465	11.5 (5.4-22.9)	540	13.4 (6.9-24.4)	405	16.6 (6.7-35.7)	323	13.2 (5.4-29.0)
Education												
<High school	1,499	30.6 (22.5-39.9)	816	16.6 (10.7-24.9)	1,542	31.5 (23.0-41.5)	1,086	22.2 (13.9-33.4)	1,862	40.1 (30.6-50.4)	503	10.8 (5.7-19.7)
High school diploma	3,530	36.2 (29.4-43.7)	1,795	18.4 (13.5-24.7)	3,463	35.4 (27.1-44.8)	1,822	18.6 (13.0-26.0)	2,656	27.3 (20.3-35.6)	2,039	21.0 (14.3-29.6)
Some college	4,022	25.6 (20.6-31.3)	2,595	16.5 (12.6-21.4)	2,349	18.4 (13.6-24.3)	2,550	19.9 (14.0-27.6)	3,010	23.0 (16.8-30.7)	2,160	16.5 (11.5-23.2)
College graduate	4,332	12.8 (10.0-16.1)	2,634	7.8 (5.7-10.5)	3,329	9.6 (7.3-12.5)	2,439	7.0 (5.1-9.6)	3,554	9.5 (7.2-12.5)	2,817	7.5 (5.3-10.5)
Insurance type												
Private	5,049	12.8 (10.1-16.0)	3,398	8.6 (6.5-11.3)	4,099	11.0 (8.4-14.2)	2,444	6.5 (4.7-9.1)	3,285	8.4 (6.3-11.0)	2,872	7.3 (5.2-10.2)
Medicaid	7,764	33.5 (29.2-38.1)	4,169	18.0 (14.8-21.6)	5,785	25.3 (21.1-30.1)	4,969	21.8 (17.4-26.8)	6,867	29.9 (25.0-35.3)	4,326	18.8 (14.7-23.8)
Other	505	30.2 (16.1-49.3)	241	14.4 (5.2-33.9)	497	37.9 (18.3-62.3)	226	17.2 (6.4-38.5)	422	21.7 (9.0-43.8)	Insufficient data ²	
Household poverty level												
≤100% FPL	4,901	38.0 (32.1-44.2)	2,714	21.0 (16.4-26.5)	3,877	33.1 (26.3-40.8)	2,450	20.9 (15.6-27.5)	3,612	31.1 (24.5-38.5)	2,374	20.4 (14.9-27.3)
>100% FPL	8,097	16.1 (13.6-19.0)	4,711	9.4 (7.5-11.7)	5,728	12.2 (9.9-14.9)	4,892	10.4 (8.1-13.2)	6,950	13.6 (11.1-16.6)	4,662	9.1 (7.0-11.9)
Nativity												
Non-US-born	4,123	21.5 (18.2-25.3)	2,280	11.9 (9.5-14.7)	4,173	19.1 (15.9-22.8)	2,626	12.0 (9.3-15.3)	5,233	24.9 (21.0-29.3)	2,233	10.6 (7.8-14.3)
US-born	9,695	20.7 (17.7-24.0)	5,779	12.3 (10.0-15.0)	6,596	15.9 (12.8-19.5)	5,423	13.1 (10.2-16.6)	6,178	13.7 (10.8-17.1)	5,322	11.8 (9.1-15.1)
Marital status												
Unmarried	7,179	34.3 (29.4-39.5)	4,560	21.8 (17.9-26.2)	6,270	32.3 (26.7-38.4)	4,557	23.4 (18.6-29.1)	6,365	30.4 (24.9-36.6)	4,175	20 (15.2-25.7)
Married	6,664	14.8 (12.3-17.6)	3,499	7.7 (5.9-10.0)	4,499	10.2 (8.2-12.7)	3,493	8.0 (5.9-10.6)	5,047	11.1 (9.0-13.8)	3,380	7.5 (5.6-9.9)
WIC participation												
No	7,083	15.7 (13.0-18.8)	4,179	9.3 (7.3-11.7)	5,181	12.2 (9.6-15.4)	3,786	8.9 (6.8-11.6)	5,958	12.8 (10.2-15.8)	3,765	8.1 (6.0-10.8)
Yes	6,600	32.5 (28.1-37.2)	3,671	18.1 (14.6-22.1)	5,587	27.3 (22.7-32.4)	4,153	20.3 (15.8-25.6)	5,423	28.1 (23.1-33.7)	3,772	19.5 (15.0-25.0)
Disability status												
No	11,642	19.9 (17.4-22.6)	6,714	11.5 (9.6-13.6)	8,070	14.5 (12.3-17.1)	6,749	12.1 (9.9-14.8)	9,007	15.6 (13.2-18.4)	5,472	9.5 (7.5-11.9)
Yes	2,012	29.6 (21.6-39.2)	1,296	19.1 (13.0-27.1)	2,452	36.3 (26.3-47.7)	1,063	15.8 (9.5-24.9)	2,117	27.7 (19.7-37.4)	1,933	25.3 (17.2-35.5)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5); ³Unintended pregnancy: includes mistimed or unwanted pregnancy; ⁴Unsure: people who selected 'I wasn't sure what I wanted'

Table 57. Prevalence of receiving influenza vaccination before or during pregnancy and Tdap vaccination during pregnancy by sociodemographic characteristics, MA PRAMS, 2019-2021

Characteristic	2019				2020				2021			
	Influenza vaccination ³		Tdap vaccination ⁴		Influenza vaccination ³		Tdap vaccination ⁴		Influenza vaccination ³		Tdap vaccination ⁴	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)				
Total	51,527	78.5 (75.8-80.9)	54,971	89.6 (87.4-91.4)	50,062	79.7 (76.7-82.4)	52,511	89.2 (86.7-91.3)	51,619	78.4 (75.4-81.2)	56,183	89.7 (87.4-91.6)
Race/ethnicity												
White, non-Hispanic	31,390	79.6 (75.5-83.2)	34,737	90.7 (87.4-93.2)	29,329	80.3 (75.5-84.4)	31,541	89.6 (85.5-92.7)	31,470	80.3 (75.6-84.3)	35,556	93.5 (90.1-95.7)
Black, non-Hispanic	4,848	75.7 (70.8-80.0)	5,030	88.0 (83.9-91.1)	4,383	72.0 (66.9-76.6)	4,733	85.9 (81.4-89.4)	4,441	70.1 (64.4-75.3)	4,537	78.1 (71.6-83.5)
Hispanic	9,447	74.3 (69.8-78.4)	9,474	86.4 (82.4-89.6)	10,408	80.1 (75.5-84.1)	10,158	88.6 (84.4-91.8)	10,181	75.6 (70.7-79.9)	10,094	82.2 (77.5-86.1)
Asian, non-Hispanic	4,975	86.9 (82.5-90.3)	4,810	93.5 (89.9-95.9)	5,113	86.1 (81.5-89.7)	5,118	93.4 (89.5-95.9)	4,072	82.5 (77.1-86.9)	4,505	95.8 (92.0-97.8)
Other, non-Hispanic	381	60.8 (42.3-76.7)	397	71.0 (51.6-84.9)	293	71.8 (47.1-88.0)	295	84.3 (54.6-96.0)	232	68.5 (39.6-87.8)	268	93.7 (66.5-99.1)
Age (years)												
<20	674	66.4 (46.4-81.8)	737	93.7 (76.5-98.6)	1,081	76.2 (53.2-90.0)	1,153	88.2 (72.9-95.4)	612	55.3 (35.8-73.3)	654	77.8 (57.2-90.1)
20-29	14,929	71.3 (66.4-75.8)	16,952	90.0 (86.6-92.7)	14,521	72.1 (65.7-77.7)	15,976	85.8 (80.0-90.2)	13,332	71.1 (64.8-76.6)	14,498	84.1 (79.0-88.1)
30-39	33,031	82.1 (78.7-85.1)	34,248	89.2 (86.2-91.7)	31,234	84.2 (80.9-87.0)	31,907	90.8 (87.8-93.2)	35,723	81.8 (78.2-85.0)	39,266	92.5 (89.8-94.5)
40+	2,891	83.0 (70.4-90.9)	3,034	89.7 (79.4-95.1)	3,226	77.7 (65.7-86.4)	3,476	91.1 (82.4-95.8)	1,953	84.9 (71.5-92.6)	1,765	82.9 (64.1-92.9)
Education												
<High school	3,601	76.0 (66.7-83.3)	3,245	83.7 (74.2-90.2)	3,948	82.9 (73.2-89.6)	632	16.3 (9.8-25.8)	3,135	67.7 (57.2-76.7)	3,138	82.1 (73.7-88.2)
High school diploma	6,966	72.6 (65.3-78.8)	7,598	90.7 (85.0-94.4)	6,574	69.2 (60.1-77.0)	779	9.3 (5.6-15.0)	6,191	64.5 (55.1-72.8)	7,145	80.9 (72.9-86.9)
Some college	10,609	67.4 (61.3-73.0)	12,724	85.8 (80.7-89.7)	8,899	69.7 (61.7-76.7)	2,106	14.2 (10.3-19.3)	9,344	72.1 (64.2-78.8)	10,408	87.9 (81.5-92.3)
College graduate	29,277	86.4 (82.9-89.3)	30,229	92.4 (89.4-94.6)	29,622	85.8 (82.3-88.8)	2,474	7.6 (5.4-10.6)	31,987	86.0 (82.5-88.9)	34,560	94.0 (91.4-95.9)
Insurance type												
Private	33,340	84.7 (81.3-87.6)	35,472	92.7 (90.0-94.8)	31,811	85.8 (82.2-88.8)	33,000	91.5 (88.3-93.9)	33,761	86.2 (82.8-89.0)	36,379	94.1 (91.7-95.9)
Medicaid	15,808	69.1 (64.5-73.4)	17,028	85.0 (81.0-88.2)	16,121	72.1 (66.7-76.9)	17,441	86.6 (81.9-90.2)	15,126	66.7 (61.0-71.9)	16,830	82.7 (77.8-86.7)
Other	1,319	74.6 (57.7-86.4)	1,332	82.7 (64.4-92.7)	804	64.2 (40.9-82.3)	749	67.5 (35.9-88.5)	1,439	74.1 (52.5-88.1)	1,332	74.7 (48.6-90.2)
Household poverty level												
≤100% FPL	9,214	70.4 (64.4-75.7)	9,717	87.3 (83.1-90.7)	7,752	67.7 (59.7-74.8)	8,127	81.8 (73.4-87.9)	7,568	66.1 (58.2-73.2)	8,519	82.4 (75.7-87.5)
>100% FPL	40,356	80.7 (77.6-83.5)	43,336	90.0 (87.4-92.2)	39,178	83.1 (79.8-85.9)	40,756	90.9 (88.1-93.1)	41,587	81.7 (78.4-84.6)	45,257	91.8 (89.3-93.7)
Nativity												
Non-US-born	15,321	81.2 (77.4-84.5)	14,400	87.6 (84.2-90.4)	17,185	80.0 (76.0-83.5)	16,659	87.6 (83.2-90.9)	16,020	77.5 (73.1-81.3)	15,868	85.4 (81.2-88.8)
US-born	36,181	77.3 (73.9-80.5)	40,546	90.2 (87.5-92.4)	32,877	79.6 (75.4-83.2)	35,852	90.0 (86.7-92.5)	35,599	78.9 (74.8-82.4)	40,315	91.4 (88.6-93.6)
Marital status												
Unmarried	14,656	70.1 (65.2-74.7)	16,691	88.7 (85.2-91.4)	13,015	67.9 (61.5-73.7)	14,413	83.7 (77.7-88.3)	13,867	67.1 (60.7-73.0)	16,138	85.3 (80.4-89.2)
Married	36,871	82.3 (79.1-85.2)	38,279	89.9 (87.1-92.2)	37,048	84.9 (81.8-87.6)	38,098	91.5 (88.7-93.6)	37,752	83.6 (80.4-86.3)	40,045	91.5 (88.9-93.6)
WIC participation												
No	36,979	81.9 (78.6-84.8)	39,885	91.2 (88.6-93.3)	35,664	83.8 (80.3-86.8)	37,088	90.9 (87.9-93.3)	38,377	82.4 (78.9-85.5)	41,944	92.5 (90.0-94.4)
Yes	14,300	70.7 (65.9-75.1)	14,994	85.5 (81.3-89.0)	14,304	71.3 (65.6-76.4)	15,310	85.4 (80.1-89.4)	13,009	68.4 (62.4-73.8)	14,102	82.5 (77.1-86.9)
Disability status												
No	46,610	79.8 (77.0-82.4)	49,345	89.9 (87.7-91.8)	44,348	80.3 (77.1-83.1)	46,294	89.1 (86.3-91.3)	45,561	79.2 (76.0-82.1)	49,646	90.4 (88.0-92.4)
Yes	4,535	67.3 (58.0-75.4)	5,185	85.9 (76.6-91.9)	5,070	76.2 (65.1-84.6)	5,705	92.8 (82.9-97.2)	5,455	73.8 (63.5-82.0)	5,891	84.2 (75.0-90.5)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5); ³Influenza (Flu) vaccination in the 12 months prior to birth of new infant; ⁴Tdap vaccination during pregnancy

Table 58. Prevalence of being offered an HIV test and receiving an HIV test during pregnancy, by sociodemographic characteristics, MA PRAMS, 2019-2021

Characteristic	2019				2020				2021			
	Offered HIV test ³		Had an HIV test ⁴		Offered HIV test ³		Had an HIV test ⁴		Offered HIV test ³		Had an HIV test ⁴	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	58,393	87.6 (85.4-89.5)	31,894	47.8 (44.8-50.9)	53,903	84.1 (81.3-86.5)	32,037	50.0 (46.6-53.4)	55,513	83.3 (80.5-85.7)	33,233	49.9 (46.4-53.3)
Race/ethnicity												
White, non-Hispanic	34,641	87.1 (83.6-89.9)	16,926	42.5 (37.9-47.3)	30,326	82.4 (77.8-86.2)	15,690	42.6 (37.4-48.1)	32,385	82.0 (77.6-85.7)	17,698	44.8 (39.6-50.1)
Black, non-Hispanic	5,946	88.9 (84.0-92.5)	4,320	64.6 (59.0-69.9)	5,702	89.1 (85.2-92.1)	4,022	62.9 (57.4-68.0)	5,712	87.6 (83.2-90.9)	3,959	60.7 (54.8-66.3)
Hispanic	11,664	89.5 (86.1-92.2)	7,601	58.3 (53.5-63.1)	11,835	86.9 (82.8-90.1)	8,645	63.5 (58.3-68.3)	11,674	85.1 (80.9-88.6)	7,982	58.2 (52.9-63.3)
Asian, non-Hispanic	4,920	85.1 (80.8-88.6)	2,436	42.2 (36.8-47.7)	4,834	80.3 (75.4-84.5)	2,742	45.6 (39.9-51.3)	4,019	79.7 (74.1-84.4)	2,477	49.1 (42.8-55.5)
Other, non-Hispanic	474	75.6 (57.1-87.9)	237	37.7 (22.0-56.5)	340	83.4 (57.8-94.9)	273	67.0 (41.1-85.5)	339	100 (-.)	214	63.0 (36.5-83.5)
Age (years)												
<20	927	89.0 (70.5-96.5)	598	57.4 (37.9-74.9)	1,281	88.4 (72.5-95.7)	768	53.0 (32.7-72.4)	877	79.3 (61.8-90.0)	605	54.7 (36.3-71.9)
20-29	18,528	86.8 (82.6-90.1)	10,988	51.5 (46.3-56.6)	16,957	81.0 (75.6-85.4)	10,830	51.7 (45.6-57.7)	16,162	84.7 (79.9-88.5)	10,238	53.7 (47.5-59.7)
30-39	35,936	88.2 (85.3-90.5)	18,697	45.9 (41.8-50.0)	31,994	85.2 (81.6-88.2)	18,479	49.2 (44.7-53.7)	36,478	82.8 (79.2-86.0)	21,133	48.0 (43.7-52.4)
40+	3,002	84.9 (72.6-92.2)	1,611	45.5 (32.7-59.0)	3,672	88.2 (78.5-93.8)	1,960	47.1 (34.9-59.6)	1,995	81.9 (64.7-91.8)	1,257	51.6 (35.1-67.7)
Education												
<High school	4,512	88.6 (81.0-93.4)	2,872	56.4 (47.2-65.2)	4,216	85.1 (77.4-90.4)	2,967	59.8 (49.9-69.0)	3,874	81.9 (72.4-88.6)	2,795	59.1 (49.3-68.2)
High school diploma	8,660	88.7 (83.4-92.5)	4,930	50.5 (43.3-57.7)	8,667	87.4 (79.4-92.5)	5,606	56.5 (47.4-65.2)	8,388	85.3 (76.9-91)	5,521	56.1 (47.1-64.8)
Some college	13,872	87.4 (82.4-91.1)	8,759	55.2 (48.9-61.3)	11,115	84.4 (77.6-89.5)	6,819	51.8 (44.1-59.4)	11,067	84.6 (77.9-89.5)	7,485	57.2 (49.1-64.9)
College graduate	29,728	87.0 (83.7-89.8)	14,628	42.8 (38.3-47.4)	28,725	82.6 (78.7-85.9)	15,849	45.6 (40.9-50.3)	30,977	82.4 (78.6-85.7)	16,660	44.3 (39.8-49.0)
Insurance type												
Private	33,883	85.3 (82.1-88.1)	16,955	42.7 (38.5-47.0)	30,304	80.9 (77.0-84.3)	16,118	43.0 (38.6-47.6)	31,868	80.8 (76.9-84.2)	17,800	45.1 (40.6-49.8)
Medicaid	21,189	90.5 (87.4-92.9)	13,456	57.5 (52.8-62.0)	20,765	89.4 (85.4-92.5)	14,406	62.1 (56.6-67.2)	19,896	86.0 (81.6-89.5)	13,204	57.1 (51.5-62.4)
Other	1,717	96.2 (88.7-98.8)	668	37.4 (22.6-55.1)	946	72.0 (43.5-89.6)	554	42.1 (23.5-63.3)	1,832	94.4 (83.5-98.2)	906	46.7 (27.8-66.5)
Household poverty level												
≤100% FPL	12,634	95.8 (93.7-97.2)	8,419	63.8 (58.0-69.3)	10,284	86.9 (79.8-91.8)	6,658	56.3 (48.7-63.6)	10,382	88.6 (83.2-92.4)	6,802	58.1 (50.6-65.2)
>100% FPL	43,285	85.8 (83.0-88.2)	21,758	43.1 (39.5-46.8)	39,480	83.0 (79.8-85.9)	22,230	46.8 (42.7-50.8)	42,219	82.3 (78.9-85.2)	24,126	47.0 (43.0-51.1)
Nativity												
Non-US-born	17,313	89.2 (86.3-91.5)	10,680	55.0 (50.7-59.2)	19,462	87.8 (84.6-90.5)	13,093	59.1 (54.5-63.5)	18,270	86.1 (82.6-89.0)	11,854	55.8 (51.1-60.5)
US-born	41,055	86.9 (84.0-89.3)	21,189	44.8 (40.9-48.8)	34,442	82.1 (78.2-85.4)	18,944	45.1 (40.6-49.8)	37,242	82.0 (78.2-85.2)	21,379	47.1 (42.5-51.6)
Marital status												
Unmarried	18,887	88.7 (84.8-91.7)	12,578	59.1 (53.9-64.1)	16,841	85.2 (80.0-89.3)	12,005	60.8 (54.5-66.7)	17,934	85.5 (80.3-89.5)	12,613	60.1 (53.7-66.2)
Married	39,506	87.0 (84.3-89.4)	19,316	42.6 (38.8-46.4)	37,063	83.5 (80.2-86.4)	20,032	45.2 (41.1-49.2)	37,579	82.3 (78.9-85.2)	20,620	45.1 (41.1-49.2)
WIC participation												
No	39,072	86.2 (83.2-88.7)	19,681	43.4 (39.5-47.4)	35,039	81.8 (78.1-85.0)	19,000	44.4 (40.2-48.6)	38,605	82.2 (78.7-85.2)	21,947	46.7 (42.5-51.0)
Yes	18,893	91.8 (88.8-94.0)	12,054	58.5 (53.7-63.2)	18,640	89.3 (85.6-92.1)	12,855	61.6 (55.8-67.0)	16,740	86.1 (81.4-89.7)	11,166	57.4 (51.5-63.1)
Disability status												
No	51,849	87.8 (85.4-89.8)	28,677	48.6 (45.3-51.9)	47,348	84.2 (81.3-86.7)	28,080	49.9 (46.3-53.6)	48,208	83.2 (80.2-85.8)	28,665	49.5 (45.7-53.2)
Yes	6,119	89.6 (83.2-93.7)	2,926	42.8 (34.1-52.1)	5,665	83.5 (72.9-90.5)	3,144	46.3 (35.9-57.1)	6,450	84.2 (75.1-90.3)	3,877	50.6 (40.8-60.4)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5); ³Offered HIV test during any prenatal care visit, patient was asked if wanted to be tested for HIV; ⁴Tested for HIV at any time during the most recent pregnancy

Table 59. Prevalence of reasons why respondents did not have an HIV test during their most recent pregnancy or delivery, MA PRAMS, 2019-2021

Reasons	2019		2020		2021	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Not offered test	7,783	39.7 (34.1-45.5)	10,027	51.4 (44.9-57.8)	11,029	54.5 (48.1-60.7)
Didn't want to have test	1,872	9.5 (6.6-13.5)	1,750	9.0 (6.0-13.2)	2,554	12.6 (9.0-17.4)
Already knew HIV status	7,500	37.9 (32.3-43.9)	5,224	26.7 (21.4-32.8)	5,833	28.8 (23.4-34.8)
Didn't think was at risk for HIV	6,308	31.8 (26.5-37.7)	5,975	30.6 (25.1-36.6)	7,572	37.4 (31.4-43.8)
Didn't want people to think was at risk for HIV	Insufficient data ²		Insufficient data ²		0	0 (-.)
Afraid of getting the results	Insufficient data ²		Insufficient data ²		Insufficient data ²	
Was tested before this pregnancy	5,771	29.1 (24.1-34.8)	4,040	20.7 (16.1-26.4)	4,020	19.8 (15.3-25.3)
Other reason	834	4.2 (2.4-7.4)	851	4.4 (2.3-8.2)	637	3.1 (1.6-6.3)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5)

Table 60. Prevalence of cesarean and vaginal delivery by sociodemographic characteristics, MA PRAMS, 2019-2021

Characteristic	2019				2020				2021			
	cesarean delivery		vaginal delivery		cesarean delivery		vaginal delivery		cesarean delivery		vaginal delivery	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	21,330	32.1 (29.2-35.1)	43,834	66.0 (62.9-68.9)	19,908	31.1 (28.1-34.4)	42,584	66.6 (63.3-69.8)	22,965	34.8 (31.6-38.2)	82,539	64.5 (62.1-66.8)
Race/ethnicity												
White, non-Hispanic	12,313	31.1 (26.8-35.8)	26,635	67.4 (62.7-71.7)	11,503	31.3 (26.5-36.4)	24,704	67.1 (61.9-72.0)	14,282	36.2 (31.3-41.5)	24,517	62.2 (57.0-67.2)
Black, non-Hispanic	2,356	35.2 (30.3-40.6)	4,146	62.0 (56.6-67.2)	2,020	31.6 (26.9-36.6)	4,186	65.4 (60.2-70.3)	2,438	37.5 (31.9-43.5)	3,742	57.6 (51.6-63.4)
Hispanic	4,156	31.9 (27.6-36.6)	8,592	66.0 (61.2-70.4)	4,286	31.5 (26.8-36.6)	8,812	64.7 (59.5-69.5)	4,165	31.0 (26.3-36.1)	8,628	64.2 (59.0-69.1)
Asian, non-Hispanic	1,909	33.0 (28.0-38.5)	3,682	63.7 (58.2-68.9)	1,825	30.3 (25.4-35.8)	4,084	67.9 (62.3-72.9)	1,542	30.6 (25.0-36.8)	3,373	66.9 (60.7-72.6)
Other, non-Hispanic	263	41.9 (25.6-60.2)	364	58.1 (39.8-74.4)	146	35.7 (16.3-61.3)	262	64.3 (38.7-83.7)	Insufficient data ²		232	68.5 (39.6-87.8)
Age (years)												
<20	Insufficient data ²		916	88.1 (73.3-95.2)	178	12.3 (3.4-35.6)	1,271	87.7 (64.4-96.6)	Insufficient data ²		950	88.2 (72.1-95.6)
20-29	5,468	25.6 (21.5-30.3)	15,657	73.3 (68.7-77.5)	4,778	22.9 (18.5-28.1)	15,723	75.4 (70.2-80.0)	4,990	26.5 (21.3-32.4)	13,387	71.0 (65.0-76.4)
30-39	13,981	34.5 (30.7-38.6)	25,504	62.9 (58.8-66.9)	12,877	34.4 (30.2-38.8)	23,516	62.8 (58.3-67.0)	16,404	37.6 (33.5-42.0)	26,121	59.9 (55.6-64.2)
40+	1,756	49.6 (36.5-62.9)	1,757	49.7 (36.5-62.9)	2,076	49.8 (37.4-62.3)	2,074	49.8 (37.3-62.3)	1,444	59.3 (42.6-74.0)	827	33.9 (20.6-50.5)
Education												
<High school	1,389	27.3 (19.9-36.1)	3,539	69.5 (60.6-77.1)	1,383	27.9 (20.0-37.5)	3,438	69.4 (59.6-77.6)	1,231	26.4 (18.2-36.7)	3,150	67.5 (57.4-76.3)
High school diploma	3,183	32.6 (26.2-39.7)	6,282	64.4 (57.2-70.9)	2,421	24.4 (17.9-32.3)	7,334	73.9 (66.0-80.6)	3,284	33.6 (25.6-42.6)	6,158	63.0 (54.0-71.2)
Some college	5,441	34.3 (28.5-40.5)	10,334	65.1 (58.9-70.9)	4,690	35.6 (28.6-43.3)	7,996	60.7 (53.0-68.0)	4,464	34.8 (27.4-43.0)	8,185	63.8 (55.6-71.3)
College graduate	10,806	31.6 (27.5-36.1)	22,657	66.3 (61.8-70.6)	11,202	32.2 (28.0-36.8)	22,994	66.1 (61.5-70.4)	13,533	36.0 (31.7-40.6)	23,169	61.7 (57.0-66.1)
Insurance type				(-)								
Private	12,656	32.1 (28.1-36.3)	26,154	66.3 (62.0-70.3)	11,798	31.6 (27.5-35.9)	25,084	67.1 (62.7-71.3)	11,798	31.6 (27.5-35.9)	24,225	61.6 (57.0-66.1)
Medicaid	7,716	32.9 (28.7-37.5)	15,096	64.5 (59.9-68.8)	6,838	29.6 (24.9-34.8)	15,489	67.0 (61.7-71.9)	6,838	29.6 (24.9-34.8)	14,432	63.5 (58.0-68.7)
Other	679	38.0 (23.2-55.5)	1,088	61.0 (43.6-76)	534	40.6 (22.0-62.5)	721	54.9 (33.4-74.7)	534	40.6 (22.0-62.5)	978	54.9 (34.4-73.9)
Household poverty level												
≤100% FPL	4,719	35.8 (30.0-42.0)	8,108	61.5 (55.3-67.3)	3,529	30.1 (23.6-37.5)	7,684	65.5 (58.1-72.2)	3,338	29.3 (23.1-36.4)	7,399	65.0 (57.7-71.6)
>100% FPL	15,800	31.5 (28.1-35.0)	33,643	67.0 (63.4-70.4)	15,305	32.3 (28.6-36.2)	31,355	66.1 (62.2-69.8)	18,385	36.1 (32.2-40.1)	31,631	62.1 (58.1-66.0)
Nativity												
Non-US-born	6,457	33.3 (29.5-37.3)	12,547	64.6 (60.6-68.5)	7,332	33.1 (28.9-37.6)	13,980	63.1 (58.5-67.4)	7,175	34.2 (29.7-39.0)	13,069	62.3 (57.5-66.9)
US-born	14,873	31.6 (28.0-35.6)	31,262	66.5 (62.5-70.2)	12,576	30.1 (26.1-34.5)	28,605	68.5 (64.0-72.6)	15,790	35.1 (30.8-39.6)	28,216	62.7 (58.2-67.1)
Marital status												
Unmarried	6,876	32.3 (27.6-37.4)	13,978	65.6 (60.5-70.4)	5,748	29.2 (24.0-35.1)	13,202	67.2 (61.2-72.7)	7,307	35.1 (29.2-41.4)	12,942	62.1 (55.7-68.1)
Married	14,454	32.0 (28.5-35.7)	29,856	66.1 (62.4-69.7)	14,161	32.0 (28.3-35.9)	29,383	66.4 (62.4-70.1)	15,657	34.7 (30.9-38.8)	28,344	62.8 (58.7-66.8)
Disability status												
No	18,897	32.1 (29.1-35.3)	38,827	66.0 (62.8-69.1)	17,454	31.1 (27.8-34.6)	37,298	66.6 (63.0-69.9)	19,852	34.6 (31.1-38.3)	35,925	62.7 (59.0-66.3)
Yes	2,234	32.7 (24.4-42.3)	4,448	65.1 (55.6-73.5)	2,099	30.9 (22.6-40.7)	4,552	67.1 (57.2-75.7)	2,807	36.9 (27.9-47.0)	4,652	61.2 (51.2-70.4)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5)

Table 61. Prevalence of postpartum visit by sociodemographic characteristics, MA PRAMS, 2019-2021

Characteristic	Postpartum Visit					
	2019		2020		2021	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	61,153	92.9 (91.1-94.3)	56,635	90.3 (88.2-92.1)	60,645	92.6 (90.7-94.1)
Race/ethnicity						
White, non-Hispanic	37,520	94.8 (92.1-96.6)	34,384	94.4 (91.0-96.6)	37,338	95.5 (92.6-97.3)
Black, non-Hispanic	5,692	89.1 (83.9-92.8)	5,143	83.8 (79.4-87.3)	5,552	89.1 (84.6-92.4)
Hispanic	11,321	88.7 (85.2-91.5)	10,834	83.5 (79.1-87.1)	11,280	84.9 (80.8-88.3)
Asian, non-Hispanic	5,343	93.4 (90.0-95.8)	5,308	89.0 (84.6-92.3)	4,807	95.4 (91.7-97.5)
Other, non-Hispanic	567	90.5 (74.3-96.9)	358	95.7 (75.2-99.4)	250	82.4 (49.7-95.7)
Age (years)						
<20	871	83.7 (65.2-93.4)	1,116	80.4 (59.8-91.9)	886	82.2 (65.2-92.0)
20-29	18,601	89.1 (85.4-92.0)	17,731	86.6 (81.7-90.3)	16,773	90.7 (86.8-93.5)
30-39	38,328	94.8 (92.7-96.4)	34,025	92.6 (90.1-94.5)	40,935	94.1 (91.8-95.8)
40+	3,352	95.2 (90.7-97.6)	3,763	91.5 (85.7-95.1)	2,052	84.2 (68.8-92.8)
Education						
<High school	3,677	76.9 (67.3-84.3)	3,650	78.7 (69.2-85.8)	3,609	81.2 (73.6-87.0)
High school diploma	8,361	87.3 (81.1-91.6)	7,657	80.5 (73.0-86.3)	8,146	85.9 (79.0-90.8)
Some college	14,555	92.6 (88.7-95.2)	11,316	86.8 (79.9-91.6)	11,557	89.8 (83.9-93.7)
College graduate	32,887	96.8 (94.7-98.1)	32,988	96.1 (94.2-97.4)	36,152	96.8 (94.7-98.1)
Insurance type						
Private	38,351	97.0 (95.2-98.2)	35,179	94.8 (92.5-96.5)	38,092	97.6 (95.7-98.6)
Medicaid	19,946	87.4 (83.7-90.3)	19,064	85.0 (80.9-88.3)	18,841	84.1 (79.7-87.7)
Other	1,586	88.9 (69.8-96.5)	1,132	88.1 (74.7-94.9)	1,801	93.9 (84.8-97.7)
Household poverty level						
≤100% FPL	11,174	85.1 (79.8-89.2)	8,808	75.2 (68.0-81.2)	9,441	82.7 (76.4-87.6)
>100% FPL	47,934	95.5 (93.7-96.8)	44,639	94.8 (92.7-96.3)	48,666	95.5 (93.6-96.9)
Nativity						
Non-US-born	17,026	90.3 (87.4-92.6)	18,195	85.1 (81.7-88.0)	18,176	87.5 (84.0-90.4)
US-born	44,102	93.9 (91.6-95.6)	38,440	93.0 (90.1-95.1)	42,469	94.9 (92.6-96.5)
Marital status						
Unmarried	18,412	87.6 (83.6-90.7)	16,331	85.2 (80.1-89.2)	17,635	86.6 (82.0-90.1)
Married	42,740	95.4 (93.6-96.7)	40,304	92.5 (90.3-94.2)	43,011	95.3 (93.4-96.6)
WIC participation						
No	43,035	95.6 (93.7-96.9)	39,442	93.2 (90.7-95.0)	44,421	95.4 (93.3-96.8)
Yes	17,787	87.1 (83.2-90.2)	17,111	84.4 (79.9-88.0)	16,089	85.6 (81.3-89.1)
Disability status						
No	54,710	93.0 (91.2-94.5)	50,755	91.1 (88.9-92.9)	54,009	94.2 (92.6-95.5)
Yes	6,176	91.2 (84.2-95.3)	5,574	83.5 (74.6-89.7)	6,257	81.7 (71.9-88.6)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5)

Table 62. Prevalence of types of postpartum contraception by sociodemographic characteristics, MA PRAMS, 2019

Characteristic	Sterilization ³		LARC ⁴		Other hormonal contraception ⁵		Other non-hormonal contraception ⁶		No Postpartum Contraception ⁷	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	5,707	8.7 (7.1-10.7)	12,937	19.7 (17.4-22.3)	14,961	22.8 (20.3-25.6)	13,724	20.9 (18.5-23.6)	18,245	27.8 (25.1-30.8)
Race/ethnicity										
White, non-Hispanic	3,170	8.0 (5.8-11.1)	7,013	17.8 (14.4-21.8)	9,061	23.0 (19.2-27.3)	8,617	21.9 (18.2-26.1)	11,522	29.3 (25.1-33.8)
Black, non-Hispanic	451	7.1 (4.0-12.2)	1,396	22.0 (17.9-26.7)	1,505	23.7 (19.2-28.9)	1,332	21.0 (16.5-26.3)	1,662	26.2 (21.8-31.2)
Hispanic	1,464	11.5 (8.8-15.0)	3,482	27.3 (23.2-32.0)	3,523	27.7 (23.5-32.3)	1,761	13.8 (10.8-17.5)	2,502	19.7 (16.1-23.8)
Asian, non-Hispanic	357	6.3 (4.0-9.8)	762	13.4 (10.0-17.7)	572	10.0 (7.1-14.0)	1,867	32.7 (27.7-38.2)	2,144	37.6 (32.4-43.1)
Other, non-Hispanic		Insufficient data ²	136	21.6 (10.1-40.2)	186	29.7 (15.8-48.7)	110	17.6 (7.6-35.7)	153	24.4 (12.1-42.9)
Age (years)										
<20	0	0 (-)	377	36.2 (19.3-57.4)	431	41.4 (23.6-61.8)	99	9.5 (2.8-27.7)	134	12.9 (4.8-30.3)
20-29	1,169	5.6 (3.8-8.2)	5,042	24.1 (20.0-28.8)	5,213	25.0 (20.9-29.6)	4,149	19.9 (15.9-24.5)	5,306	25.4 (21.1-30.3)
30-39	3,922	9.8 (7.6-12.5)	7,136	17.8 (14.8-21.2)	8,840	22.0 (18.7-25.7)	8,901	22.2 (19.0-25.7)	11,362	28.3 (24.7-32.2)
40+	616	17.6 (8.9-31.9)	383	11.0 (5.7-20.0)	476	13.6 (6.6-25.9)	575	16.5 (8.9-28.5)	1,443	41.3 (28.7-55.2)
Education										
<High school	512	10.5 (6.6-16.4)	1,274	26.2 (19.2-34.7)	1,521	31.3 (23.5-40.3)	484	10.0 (5.5-17.3)	1,068	22.0 (14.7-31.5)
High school diploma	987	10.4 (6.7-15.6)	2,652	27.8 (21.5-35.1)	2,324	24.4 (18.5-31.4)	1,469	15.4 (11.0-21.2)	2,099	22.0 (16.6-28.7)
Some college	2,007	13.0 (9.1-18.3)	2,869	18.5 (14.3-23.6)	3,451	22.3 (17.7-27.7)	3,023	19.5 (15.0-25.1)	4,121	26.6 (21.3-32.7)
College graduate	1,809	5.3 (3.6-7.9)	6,016	17.7 (14.4-21.6)	7,347	21.7 (18.0-25.9)	8,309	24.5 (20.8-28.6)	10,424	30.7 (26.6-35.2)
Insurance type										
Private	3,027	7.7 (5.6-10.5)	6,638	16.8 (13.8-20.4)	8,704	22.1 (18.6-25.9)	9,878	25.0 (21.5-29.0)	11,188	28.4 (24.6-32.4)
Medicaid	2,605	11.5 (8.9-14.8)	5,721	25.3 (21.5-29.5)	5,596	24.7 (20.9-29.0)	2,949	13.0 (10.3-16.3)	5,774	25.5 (21.4-30.1)
Other		Insufficient data ²	131	7.4 (3.2-16.2)	417	23.4 (12.4-39.6)	540	30.3 (17.0-47.8)	638	35.7 (20.0-55.3)
Household poverty level										
≤100% FPL	1,766	13.7 (9.8-18.7)	3,410	26.4 (21.6-31.9)	2,950	22.8 (18.1-28.4)	1,422	11.0 (8.2-14.7)	3,367	26.1 (20.8-32.1)
>100% FPL	3,741	7.5 (5.7-9.7)	9,167	18.3 (15.5-21.4)	11,111	22.1 (19.2-25.4)	11,810	23.5 (20.5-26.8)	14,347	28.6 (25.3-32.1)
Nativity										
Non-US-born	1,516	8.1 (6.1-10.6)	4,401	23.4 (19.8-27.3)	3,820	20.3 (17.2-23.8)	4,321	23.0 (19.6-26.7)	4,767	25.3 (21.7-29.4)
US-born	4,191	9.0 (6.9-11.6)	8,536	18.3 (15.4-21.6)	11,141	23.8 (20.6-27.5)	9,379	20.1 (17.0-23.5)	13,479	28.8 (25.3-32.7)
Marital status										
Unmarried	1,882	9.0 (6.5-12.5)	4,602	22.1 (18.3-26.4)	5,011	24.0 (19.9-28.7)	3,125	15.0 (11.5-19.3)	6,224	29.9 (25.2-35.0)
Married	3,825	8.6 (6.6-11.1)	8,335	18.6 (15.8-21.9)	9,950	22.2 (19.1-25.7)	10,599	23.7 (20.6-27.1)	12,021	26.9 (23.5-30.5)
WIC participation										
No	3,295	7.3 (5.4-9.8)	7,840	17.4 (14.6-20.7)	9,616	21.4 (18.3-24.9)	10,933	24.3 (21.1-27.9)	13,270	29.5 (26.0-33.3)
Yes	2,285	11.3 (8.6-14.6)	5,097	25.2 (21.3-29.4)	5,251	25.9 (21.8-30.4)	2,727	13.5 (10.6-16.9)	4,905	24.2 (20.1-28.9)
Disability status										
No	5,320	9.1 (7.3-11.2)	11,675	19.9 (17.4-22.7)	12,852	21.9 (19.3-24.8)	12,417	21.2 (18.6-24.0)	16,331	27.9 (24.9-31.0)
Yes	387	5.8 (2.8-11.6)	1,261	18.8 (12.7-26.9)	1,990	29.6 (21.7-39.0)	1,243	18.5 (12.3-27.0)	1,831	27.3 (19.9-36.1)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5); ³Sterilization includes tubal ligation and vasectomy; ⁴LARC: Long-acting reversible contraception includes intrauterine devices and implants; ⁵Other hormonal contraception: includes shots, pills, patch, and vaginal ring; ⁶Other non-hormonal contraception includes condoms, diaphragm, withdrawal, natural family planning including rhythm method; ⁷No contraception includes people who reported not having sex

Table 63. Prevalence of types of postpartum contraception by sociodemographic characteristics, MA PRAMS, 2020

Characteristic	Sterilization ³		LARC ⁴		Other hormonal contraception ⁵		Other non-hormonal contraception ⁶		No Postpartum Contraception ⁷	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	4,863	7.7 (6.1-9.8)	9,843	15.6 (13.4-18.2)	14,686	23.3 (20.6-26.4)	16,708	26.6 (23.6-29.8)	16,800	26.7 (23.7-29.9)
Race/ethnicity										
White, non-Hispanic	2,427	6.6 (4.3-10.1)	4,430	12.1 (8.9-16.2)	8,896	24.3 (20.0-29.1)	11,128	30.4 (25.7-35.6)	9,725	26.6 (22.0-31.7)
Black, non-Hispanic	307	5.0 (3.3-7.5)	1,292	21.1 (17.0-25.9)	1,263	20.6 (16.5-25.4)	1,512	24.7 (19.8-30.3)	1,751	28.6 (23.4-34.4)
Hispanic	1,821	14 (10.7-18.2)	3,353	25.8 (21.3-30.9)	3,128	24.1 (19.9-28.9)	1,526	11.8 (8.8-15.5)	3,150	24.3 (20.0-29.1)
Asian, non-Hispanic	253	4.2 (2.4-7.5)	512	8.6 (5.8-12.5)	875	14.7 (11.0-19.3)	2,215	37.2 (31.9-42.9)	2,096	35.2 (30.0-40.9)
Other, non-Hispanic	Insufficient data ²		125	33.6 (15.3-58.5)	Insufficient data ²		Insufficient data ²		Insufficient data ²	
Age (years)										
<20	0	0 (-.-)	251	18.1 (8.3-35.2)	575	41.4 (22.7-62.9)	238	17.2 (5.4-42.8)	324	23.3 (10.1-45.2)
20-29	852	4.2 (2.3-7.6)	4,461	21.9 (17.2-27.4)	5,400	26.5 (21.6-32.1)	4,388	21.5 (16.8-27.1)	5,268	25.9 (20.6-31.9)
30-39	3,174	8.6 (6.4-11.4)	4,744	12.8 (10.2-15.9)	8,155	22.0 (18.5-26.1)	10,963	29.6 (25.6-34.0)	9,988	27.0 (23.1-31.2)
40+	837	20.3 (11.8-32.6)	386	9.4 (4.3-19.3)	556	13.5 (6.7-25.4)	1,118	27.1 (16.9-40.5)	1,221	29.6 (19.7-42.0)
Education										
<High school	496	10.5 (5.8-18.2)	1,319	27.8 (20.1-37.2)	1,386	29.2 (20.9-39.2)	384	8.1 (4.0-15.7)	1,153	24.3 (15.8-35.5)
High school diploma	973	10.2 (5.9-17.1)	2,570	27.0 (19.4-36.4)	2,294	24.1 (17.8-31.9)	1,245	13.1 (7.9-20.9)	2,420	25.5 (18.2-34.5)
Some college	1,451	11.2 (7.1-17.1)	1,943	15.0 (10.8-20.4)	3,425	26.4 (20.2-33.8)	3,219	24.8 (18.6-32.3)	2,921	22.5 (16.4-30.2)
College graduate	1,921	5.6 (3.7-8.2)	3,876	11.2 (8.6-14.5)	7,243	21.0 (17.3-25.2)	11,381	32.9 (28.6-37.6)	10,135	29.3 (25.3-33.7)
Insurance type										
Private	1,999	5.4 (3.7-7.7)	4,020	10.8 (8.2-14.0)	8,831	23.7 (19.9-27.9)	11,725	31.4 (27.3-35.9)	10,731	28.8 (24.8-33.1)
Medicaid	2,554	11.4 (8.1-15.8)	5,081	22.7 (18.6-27.3)	5,469	24.4 (20.1-29.3)	4,295	19.2 (14.9-24.2)	5,024	22.4 (18.0-27.5)
Other	205	15.9 (5.4-38.7)	221	17.2 (6.3-39)	289	22.5 (10.5-41.7)	Insufficient data ²		480	37.4 (17.3-63.0)
Household poverty level										
≤100% FPL	1,184	10.1 (6.3-15.8)	2,846	24.3 (18.7-30.9)	2,837	24.2 (18.7-30.7)	1,797	15.3 (10.8-21.3)	3,044	26.0 (19.5-33.8)
>100% FPL	3,401	7.2 (5.3-9.6)	5,984	12.6 (10.2-15.6)	11,119	23.5 (20.2-27.2)	14,336	30.3 (26.6-34.2)	12,491	26.4 (23.0-30.1)
Nativity										
Non-US-born	1,770	8.2 (5.9-11.3)	4,826	22.4 (18.7-26.5)	4,192	19.4 (16.0-23.5)	5,076	23.6 (20.1-27.4)	5,688	26.4 (22.5-30.7)
US-born	3,092	7.5 (5.4-10.3)	5,016	12.1 (9.4-15.5)	10,494	25.4 (21.6-29.6)	11,632	28.1 (24.0-32.6)	11,113	26.9 (22.9-31.3)
Marital status										
Unmarried	1,679	8.8 (5.6-13.4)	3,904	20.4 (16.0-25.5)	5,345	27.9 (22.7-33.7)	3,212	16.7 (12.4-22.2)	5,039	26.3 (20.9-32.4)
Married	3,184	7.3 (5.5-9.6)	5,939	13.6 (11.0-16.6)	9,341	21.4 (18.1-25.0)	13,496	30.9 (27.1-34.9)	11,762	26.9 (23.4-30.7)
WIC participation										
No	2,617	6.1 (4.5-8.4)	5,553	13.0 (10.4-16.2)	9,434	22.1 (18.7-26.0)	13,134	30.8 (26.9-34.9)	11,914	27.9 (24.3-31.9)
Yes	2,245	11.1 (7.8-15.8)	4,260	21.2 (17.1-25.9)	5,253	26.1 (21.5-31.2)	3,532	17.5 (13.4-22.6)	4,850	24.1 (19.2-29.8)
Disability status										
No	4,289	7.7 (5.9-9.9)	8,764	15.7 (13.2-18.4)	13,506	24.1 (21.1-27.4)	15,037	26.9 (23.7-30.3)	14,375	25.7 (22.6-20.0)
Yes	573	8.7 (4.7-15.5)	983	19.4 (9.2-23.1)	1,083	16.4 (10.4-24.8)	1,638	24.8 (15.9-36.4)	2,332	35.3 (25.2-46.9)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5); ³Sterilization includes tubal ligation and vasectomy; ⁴LARC: Long-acting reversible contraception includes intrauterine devices and implants; ⁵Other hormonal contraception: includes shots, pills, patch, and vaginal ring; ⁶Other non-hormonal contraception includes condoms, diaphragm, withdrawal, natural family planning including rhythm method; ⁷No contraception includes people who reported not having sex

Table 64. Prevalence of types of postpartum contraception by sociodemographic characteristics, MA PRAMS, 2021

Characteristic	Sterilization ³		LARC ⁴		Other hormonal contraception ⁵		Other non-hormonal contraception ⁶		No Postpartum Contraception ⁷	
	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)	n ¹	Percentage (95% CI)
Total	5,840	9.0 (7.0-11.3)	12,579	19.3 (16.7-22.1)	14,825	22.7 (19.9-25.8)	13,859	21.3 (18.6-24.2)	18,116	27.8 (24.8-31.0)
Race/ethnicity										
White, non-Hispanic	4,028	10.4 (7.5-14.2)	6,388	16.4 (12.7-20.9)	8,993	23.1 (18.9-28.0)	8,430	21.7 (17.7-26.2)	11,060	28.4 (23.9-33.4)
Black, non-Hispanic	360	5.8 (3.5-9.5)	1,226	19.8 (15.5-25.0)	1,454	23.5 (18.7-29.1)	1,127	18.2 (13.6-24.0)	2,021	32.7 (27.4-38.4)
Hispanic	1,164	8.8 (6.3-12.1)	4,106	31.0 (26.2-36.2)	3,501	26.4 (21.9-31.5)	2,007	15.2 (11.6-19.5)	2,465	18.6 (14.8-23.1)
Asian, non-Hispanic	108	2.1 (1.0-4.6)	645	12.8 (9.0-17.9)	555	11.0 (7.5-15.8)	1,775	35.2 (29.4-41.5)	1,958	38.8 (32.9-45.1)
Other, non-Hispanic	Insufficient data ²		Insufficient data ²		Insufficient data ²		Insufficient data ²		Insufficient data ²	
Age (years)										
<20	0	0 (-.-)	604	58 (38.8-75)	257	24.7 (12.4-43.3)	Insufficient data ²		144	13.9 (5.7-29.9)
20-29	1,373	7.5 (4.4-12.2)	4,203	22.8 (18.2-28.3)	5,217	28.3 (23.0-34.3)	3,751	20.4 (15.7-25.9)	3,882	21.1 (16.3-26.7)
30-39	3,798	8.7 (6.5-11.7)	7,607	17.5 (14.4-21.2)	8,872	20.4 (17.0-24.3)	9,641	22.2 (18.8-26.0)	13,497	31.1 (27.2-35.3)
40+	669	28.6 (15-47.7)	165	7.1 (3.0-15.8)	479	20.5 (9.4-39.1)	431	18.4 (8.6-35.3)	593	25.4 (14.5-40.6)
Education										
<High school	281	6.4 (3.4-11.9)	1,336	30.5 (21.6-41.2)	1,090	24.9 (17.9-33.5)	650	14.9 (9.2-23.1)	1,020	23.3 (15.3-33.8)
High school diploma	1,247	13.1 (8.0-20.8)	2,884	30.3 (22.8-39)	2,118	22.3 (15.6-30.6)	1,331	14.0 (8.6-21.9)	1,938	20.4 (13.8-29.0)
Some college	1,558	12.2 (7.4-19.3)	2,835	22.1 (16.2-29.5)	3,148	24.5 (17.9-32.7)	1,890	14.7 (10.3-20.6)	3,394	26.5 (20.1-34.0)
College graduate	2,562	6.9 (4.8-9.9)	5,350	14.4 (11.4-18.1)	8,086	21.8 (18.1-26.0)	9,775	26.3 (22.5-30.6)	11,345	30.6 (26.4-35.0)
Insurance type										
Private	3,682	9.5 (6.9-12.8)	5,573	14.3 (11.3-17.9)	8,279	21.3 (17.6-25.5)	9,772	25.1 (21.4-29.3)	11,603	29.8 (25.8-34.2)
Medicaid	2,102	9.4 (6.5-13.5)	5,997	26.9 (22.2-32.0)	5,585	25.0 (20.4-30.3)	3,211	14.4 (10.9-18.7)	5,431	24.3 (19.7-29.6)
Other	Insufficient data ²		351	18.1 (6.6-40.8)	571	29.4 (15.1-49.4)	474	24.4 (10.9-45.9)	492	25.3 (11.2-47.7)
Household poverty level										
≤100% FPL	1,175	10.3 (6.3-16.4)	3,322	29.2 (22.8-36.5)	2,653	23.3 (17.8-29.9)	1,468	12.9 (8.6-18.9)	2,771	24.3 (18.2-31.8)
>100% FPL	4,568	9.0 (6.8-11.8)	8,651	17.0 (14.2-20.3)	10,853	21.3 (18.1-24.9)	12,151	23.9 (20.7-27.4)	14,670	28.8 (25.3-32.6)
Nativity										
Non-US-born	1,755	8.5 (5.8-12.2)	5,162	25.0 (21.0-29.4)	4,012	19.4 (16.0-23.4)	4,260	20.6 (17.2-24.6)	5,481	26.5 (22.6-30.8)
US-born	4,084	9.2 (6.8-12.3)	7,417	16.7 (13.5-20.4)	10,813	24.3 (20.5-28.5)	9,599	21.5 (18.0-25.5)	12,634	28.4 (24.4-32.7)
Marital status										
Unmarried	1,787	8.8 (5.6-13.6)	5,792	28.5 (23.0-34.8)	5,417	26.7 (21.3-32.8)	2,161	10.7 (7.4-15.1)	5,133	25.3 (19.9-31.5)
Married	4,052	9.0 (6.8-11.9)	6,787	15.1 (12.5-18.2)	9,408	20.9 (17.7-24.6)	11,698	26.0 (22.6-29.8)	12,983	28.9 (25.3-32.8)
WIC participation										
No	4,095	8.8 (6.6-11.8)	7,414	16.0 (13.0-19.4)	9,785	21.1 (17.7-24.9)	11,035	23.8 (20.4-27.5)	14,064	30.3 (26.6-34.4)
Yes	1,745	9.3 (6.1-14.0)	5,165	27.6 (22.8-33.1)	5,040	27.0 (22.0-32.5)	2,772	14.8 (11.1-19.6)	3,969	21.2 (16.6-26.7)
Disability status										
No	4,882	8.5 (6.6-11.0)	11,405	19.9 (17.1-23.1)	12,874	22.5 (19.5-25.9)	12,437	21.8 (18.9-24.9)	15,582	27.3 (24.0-30.7)
Yes	957	12.6 (6.9-21.7)	1,018	13.4 (8.1-21.1)	1,850	24.3 (16.5-34.2)	1,337	17.5 (11.2-26.3)	2,461	32.3 (24.0-41.9)

¹n weighted to reflect birthing population; ²Insufficient data to report (0<n<5); ³Sterilization includes tubal ligation and vasectomy; ⁴LARC: Long-acting reversible contraception includes intrauterine devices and implants; ⁵Other hormonal contraception: includes shots, pills, patch, and vaginal ring; ⁶Other non-hormonal contraception includes condoms, diaphragm, withdrawal, natural family planning including rhythm method; ⁷No contraception includes people who reported not having sex

Table 65. Sample Size, Response Rates, and Total Births, MA PRAMS, 2007–2021

Data Years Presented in this Report	Sample Size	Number of Respondents	Weighted Response Rate	Total Massachusetts Resident Births¹
2007	2,343	1,489	69.8	77,934
2008	2,354	1,508	71.5	76,969
2009	2,179	1,388	67.9	74,966
2010	2,448	1,514	66.1	72,835
2011	2,506	1,603	68.5	73,169
2012 (Feb. 1 – Dec. 31)	2,495	1,539	67.5	66,853
2013	2,585	1,473	62.0	71,618
2014	2,847	1,546	60.0	71,867
2015	2,328	1,330	62.5	71,484
2016	2,403	1,311	59.9	71,319
2017	2,442	1,423	61.9	70,704
2018	2,450	1,436	62.4	67,838
2019	2,947	1,697	61.2	69,117
2020	2,492	1,400	59.6	66,442
2021	2,501	1,321	57.0	69,127
Source: 2007–2021 Massachusetts PRAMS, Division of Maternal and Child Health Research and Analysis, Massachusetts Department of Public Health; Note: Estimated PRAMS coverage is 99.8%				
¹ Massachusetts Births, 2007–2021, Registry of Vital Records and Statistics, Massachusetts Department of Public Health. The 2021 total births are based on preliminary 2021 data as of June 1, 2022				

Table 66. Overall characteristics by year for respondents ¹ , MA PRAMS 2019-2021						
Characteristic	2019		2020		2021	
	n ²	Percentage (95% CI)	n ²	Percentage (95% CI)	n ²	Percentage (95% CI)
Total	66,685		64,121		66,660	
Race/ethnicity						
White, non-Hispanic	39,780	60.4 (59.3-61.4)	36,808	58.2 (57.1-59.3)	39,501	60.7 (59.7-61.6)
Black, non-Hispanic	6,686	10.1 (9.5-10.9)	6,399	10.1 (9.5-10.7)	6,523	10.0 (9.5-10.6)
Hispanic	13,028	19.8 (19.1-20.5)	13,623	21.5 (20.8-22.3)	13,710	21.1 (20.5-21.6)
Asian, non-Hispanic	5,778	8.8 (8.3-9.2)	6,016	9.5 (9.1-10.0)	5,040	7.7 (7.3-8.2)
Other, non-Hispanic	627	1.0 (0.7-1.4)	407	0.6 (0.4-1.0)	339	0.5 (0.3-0.9)
Age (years)						
<20	1,041	1.6 (1.0-2.3)	1,449	2.3 (1.5-3.4)	1,107	1.7 (1.1-2.4)
20-29	21,349	32 (29.3-34.8)	20,946	32.7 (29.6-35.9)	19,080	28.6 (25.8-31.7)
30-39	40,757	61.1 (58.2-64.0)	37,561	58.6 (55.2-61.9)	44,036	66.1 (62.9-69.1)
40+	3,538	5.3 (4.1-6.9)	4,165	6.5 (5.1-8.3)	2,437	3.7 (2.6-5.1)
Education						
<High school	5,093	7.9 (6.6-9.3)	4,957	7.9 (6.5-9.5)	4,730	7.3 (6.0-8.7)
High school diploma	9,759	15 (13.1-17.2)	9,920	15.8 (13.4-18.5)	9,837	15.1 (12.8-17.7)
Some college	15,874	24.5 (21.9-27.2)	13,167	21.0 (18.2-24.0)	13,087	20.1 (17.4-23.1)
College graduate	34,151	52.6 (49.7-55.6)	34,775	55.4 (52.1-58.6)	37,571	57.6 (54.4-60.8)
Insurance type						
Private	39,705	61.2 (58.4-63.9)	37,472	60.4 (57.3-63.5)	39,435	61.1 (57.9-64.2)
Medicaid/MassHealth	23,421	36.1 (33.4-38.8)	23,214	37.4 (34.4-40.5)	23,142	35.9 (32.9-39.0)
All other	1,784	2.7 (1.9-3.9)	1,314	2.1 (1.4-3.3)	1,942	3.0 (2.0-4.5)
Household poverty level						
≤100% FPL	13,186	20.7 (18.6-23)	11,828	19.9 (17.5-22.6)	11,715	18.6 (16.2-21.2)
>100% FPL	50,461	79.3 (77.0-81.4)	47,541	80.1 (77.4-82.5)	51,318	81.4 (78.8-83.8)
Nativity						
Non-US-born	19,409	29.1 (27.1-31.2)	22,156	34.6 (32.1-37.1)	21,229	31.8 (29.5-34.3)
US-born	47,251	70.9 (68.8-72.9)	41,965	65.4 (62.9-67.9)	45,431	68.2 (65.7-70.5)
Marital status						
Unmarried	21,298	31.9 (29.3-34.7)	19,758	30.8 (27.8-34.0)	20,975	31.5 (28.3-34.8)
Married	45,387	68.1 (65.3-70.7)	44,363	69.2 (66.0-72.2)	45,685	68.5 (65.2-71.7)
WIC participation						
No	45,345	68.8 (66.2-71.2)	42,838	67.2 (64.2-70.1)	46,974	70.7 (67.9-73.4)
Yes	20,592	31.2 (28.8-33.8)	20,876	32.8 (29.9-35.8)	19,453	29.3 (26.6-32.1)
Disability status						
No	59,058	89.6 (87.7-91.3)	56,245	89.2 (86.8-91.3)	57,959	88.3 (86.0-90.3)
Yes	6,830	10.4 (8.7-12.3)	6,786	10.8 (8.7-13.2)	7,663	11.7 (9.7-14.0)

¹Respondents are sampled from resident births who delivered in-state; ²n weighted to reflect birthing population;

³Insufficient data to report (0<n<5)

Table 67. Details of Sample Characteristics, MA PRAMS 2019

Characteristics	2019			
	Number of respondents	Weighted N	PRAMS percent (%)	Statewide percent from MA birth certificate (%)
Total	1,697	66,685		
Race/ethnicity¹				
White, non-Hispanic	559	39,780	60.4	57.1
Black, non-Hispanic	374	6,686	10.1	10.4
Hispanic	418	13,028	19.8	20.4
Asian, non-Hispanic	305	5,778	8.8	9.3
Other, non-Hispanic	28	627	1.0	1.2
Age (years)¹				
<20	29	1,041	1.6	2.3
20-29	571	21,349	32.0	33.1
30-39	1,001	40,757	61.1	59.6
40+	96	3,538	5.3	5.0
Education¹				
<High school	155	5,093	7.9	8.0
High school diploma	272	9,759	15.0	15.7
Some college	436	15,874	24.5	23.6
College graduate	798	34,151	52.6	50.0
Insurance type¹				
Private	897	39,705	61.2	63.8
Medicaid	689	23,421	36.1	33.1
Other	53	1,784	2.7	3.0
Household poverty level²				
≤100% FPL	396	13,186	20.7	-
>100% FPL	1,195	50,461	79.3	-
Nativity¹				
Non-US-born	760	19,409	29.1	33.3
US-born	936	47,251	70.9	66.6
Marital status¹				
Unmarried	574	21,298	31.9	32.7
Married	1,123	45,387	68.1	67.3
WIC participation¹				
No	1,042	45,345	68.8	71.1
Yes	634	20,592	31.2	28.9
Disability status²				
No	1,483	59,058	89.6	-
Yes	192	6,830	10.4	-
Preferred Language¹				
English	1,422	56,563	88.7	86.3
Spanish	160	4,855	7.6	6.3
Other	84	2,371	3.7	7.5
Parity¹				
No previous live birth	736	29,113	44.1	44.3
Previous live birth	935	36,848	55.9	55.7

¹variable from MA certificate of live birth; ²variable from PRAMS.

Table 68. Details of Sample Characteristics, MA PRAMS 2020

Characteristics	2020			
	Number of respondents	Weighted N	PRAMS percent (%)	Statewide percent from MA birth certificate (%)
Total	1,400	64,121		
Race/ethnicity¹				
White, non-Hispanic	354	36,808	58.2	56.2
Black, non-Hispanic	355	6,399	10.1	10.3
Hispanic	372	13,623	21.5	21.0
Asian, non-Hispanic	294	6,016	9.5	9.7
Other, non-Hispanic	17	407	9.5	1.2
Age (years)¹				
<20	29	1,449	2.3	2.1
20-29	428	20,946	32.7	31.9
30-39	842	37,561	58.6	60.9
40+	101	4,165	6.5	5.2
Education¹				
<High school	135	4,957	7.9	7.8
High school diploma	220	9,920	15.8	16.5
Some college	309	13,167	21.0	23.4
College graduate	709	34,775	55.4	49.9
Insurance type¹				
Private	714	37,472	60.4	64.2
Medicaid	598	23,214	37.4	33.3
Other	38	1,314	2.1	2.5
Household poverty level²				
≤100% FPL	315	11,828	19.9	-
>100% FPL	961	47,541	80.1	-
Nativity¹				
Non-US-born	758	22,156	34.6	31.0
US-born	642	41,965	65.4	69.0
Marital status¹				
Unmarried	442	19,758	30.8	33.6
Married	958	44,363	69.2	66.4
WIC participation¹				
No	842	42,838	67.2	71.6
Yes	546	20,876	32.8	28.4
Disability status²				
No	1,213	56,245	89.2	-
Yes	154	6,786	10.8	-
Preferred Language¹				
English	1151	54,296	88.3	86.3
Spanish	143	5,090	8.3	6.3
Other	76	2,110	3.4	7.4
Parity¹				
No previous live birth	623	29,160	45.9	44.9
Previous live birth	756	34,367	54.1	55.1

¹variable from MA certificate of live birth; ²variable from PRAMS.

Table 69. Details of Sample Characteristics, MA PRAMS 2021

Characteristics	2021			
	Number of respondents	Weighted N	PRAMS percent (%)	Statewide percent from MA birth certificate (%)
Total	1,321	66,660		
Race/ethnicity¹				
White, non-Hispanic	376	39,501	60.7	57.7
Black, non-Hispanic	313	6,523	10.0	10.1
Hispanic	359	13,710	21.1	20.9
Asian, non-Hispanic	248	5,040	7.7	8.8
Other, non-Hispanic	14	339	0.5	1.1
Age (years)¹				
<20	32	1,107	1.7	1.9
20-29	397	19,080	28.6	30.6
30-39	833	44,036	66.1	62.4
40+	59	2,437	3.7	5.2
Education¹				
<High school	130	4,730	7.3	7.2
High school diploma	186	9,837	15.1	15.6
Some college	282	13,087	20.1	22.6
College graduate	700	37,571	57.6	52.3
Insurance type¹				
Private	707	39,435	61.1	67.0
Medicaid	530	23,142	35.9	30.5
Other	37	1,942	3.0	2.5
Household poverty level²				
≤100% FPL	275	11,715	18.6	-
>100% FPL	949	51,318	81.4	-
Nativity¹				
Non-US-born	665	21,229	31.8	29.4
US-born	656	45,431	68.2	70.6
Marital status¹				
Unmarried	425	20,975	31.5	33.3
Married	896	45,685	68.5	66.7
WIC participation¹				
No	844	46,974	70.7	73.1
Yes	469	19,453	29.3	26.9
Disability status²				
No	1,123	57,959	88.3	-
Yes	169	7,663	11.7	-
Preferred Language¹				
English	1,081	55,205	88.7	87.2
Spanish	148	5,290	8.5	5.9
Other	51	1,736	2.8	7.0
Parity¹				
No previous live birth	581	29,347	44.5	43.8
Previous live birth	722	36,610	55.5	56.2

¹variable from MA certificate of live birth; ²variable from PRAMS.

Massachusetts Title V Performance Measures for Selected Title V Priorities, Healthy People 2030 Objectives, and MA PRAMS 2019-2021

Title V ¹ Performance Measures (PM)	Healthy People 2030 ²		PRAMS prevalence			
	Objective	Target	Survey Question	2019	2020	2021
EFFECTS OF RACISM						
State measure related to eliminating institutional and structural racism in internal DPH programs, policies, and practices	2030-No Objective ²		Stress due to racism	5.6% ³	7.3% ³	8.3% ³
			Felt upset due to racism	6.4% ³	7.5% ³	8.3% ³
			Physical symptoms due to racism	2.6% ³	3.5% ³	3.7% ³
EMOTIONAL WELLNESS						
No Title V PM	2030-No Objective ²		Experienced depressive symptoms (always/often) in the postpartum period	10.2% ³	10.0% ³	10.4% ³
Increase the percent of birthing people who report being screened for depression by a health care worker during postpartum visits	Increase the proportion of birthing people who get screened for postpartum depression	In developmental phase	Had screening for depression after pregnancy	87.8% ³	84.2% ³	88.3% ³
SUBSTANCE USE						
No Title V PM	Increase abstinence from cigarette smoking among pregnant people	2030-95.7%	Abstained from cigarette smoking in the three months prior to pregnancy	88.4% ³	90.0% ³	91.8% ³
Decrease the number of people who	Increase abstinence from	2030-95.7%	Reported abstaining from cigarette	95.5% ³	96.1% ³	96.3% ³

Massachusetts Title V Performance Measures for Selected Title V Priorities, Healthy People 2030 Objectives, and MA PRAMS 2019-2021

Title V ¹ Performance Measures (PM)	Healthy People 2030 ²		PRAMS prevalence			
	Objective	Target	Survey Question	2019	2020	2021
smoke during pregnancy (NPM 14a- but MA did not select this)	cigarette smoking among pregnant people		smoking in the last three months of pregnancy			
No Title V PM	2030-No Objective ²		Reported alcohol consumption in the three months prior to pregnancy	65.0% ³	64.4% ³	65.2% ³
BREASTFEEDING						
Increase the percent of infants who are ever breastfed (NPM 4a) ¹	2030-No Objective ²		Breastfed ever	91.8%	91.0%	91.3%
SAFE SLEEP						
Increase the percent of infants placed to sleep on their backs (supine) (NPM 5) ¹	Increase the proportion of infants who are put to sleep on their backs	2030- 88.9%	Placed infant to sleep on back	87.5% ³	85.5% ³	85.7% ³
ORAL HEALTH						
Increase the percent of birthing people who have a dental visit during pregnancy (NPM 13) ¹	2030-No Objective ²		Had teeth cleaned by a dentist or dental hygienist during pregnancy	58.8% ³	51.1% ³	52.7% ³
PRECONCEPTION HEALTH						
No Title V PM	Reduce the proportion of unintended (mistimed or	2030-36.5%	Didn't want to be pregnant then or any time later	20.9% ³	17.0% ³	17.2% ³

Massachusetts Title V Performance Measures for Selected Title V Priorities, Healthy People 2030 Objectives, and MA PRAMS 2019-2021

Title V ¹ Performance Measures (PM)	Healthy People 2030 ²		PRAMS prevalence			
	Objective	Target	Survey Question	2019	2020	2021
	unwanted) pregnancies					
No Title V PM	Increase the proportion of people able to give birth of childbearing age who get enough folic acid	86.2%	Report of daily multivitamin, prenatal vitamin, or folic acid vitamin intake	47.5%	49.2%	52.1%
PRENATAL CARE						
No Title V PM	Increase the proportion of pregnant people who receive 1 dose of Tdap vaccine during pregnancy	In developmental phase	Reported receiving Tdap during pregnancy	89.6%	89.2%	89.7%
POSTPARTUM HEALTH/ BEHAVIOR						
No Title V PM	Increase the proportion of those at risk for unintended pregnancy who use effective birth control	2030-65.1%	Reported using a most effective or moderately effective contraception method postpartum ⁴	51.5%	47.0%	50.8%
¹ This Title V Performance Measure is both a State Performance Measure and a National Performance Measure (NPM in parenthesis).						
² Where a Healthy People Objective exists, the objective, year and target are presented. <i>No Objective</i> indicates that this topic has no directly comparable Healthy People Objective. <i>No Target</i> indicates that this target has yet to be established.						
³ Significant variation in prevalence across race and ethnic categories.						
⁴ Includes sterilization, LARC (hormonal implant, IUD), hormonal injection, patch, and oral contraceptives.						

PRAMS Sampling Methodology

The MA PRAMS is an ongoing, population-based surveillance system designed to identify and monitor selected attitudes, experiences and behaviors that occur before, during and after pregnancy. The PRAMS survey consists of three types of questions. All surveys include a required set of questions (“Core” questions), which allow for multi-state analyses. Each state can select additional questions from a CDC-approved-questions list (“Standard” questions) or can create questions tailored to meet its needs (“State-developed” questions). The MA PRAMS survey is available on the **MA PRAMS website**. The survey was administered in English and Spanish only.

PRAMS survey participants were sampled from a frame of eligible birth certificates which included all live-born infants of Massachusetts resident birthing people, delivered in the state, for whom a birth certificate was available. Based on CDC’s PRAMS protocol, stillbirths, fetal deaths, induced abortions, and multiple births with quadruplets or more were excluded from the sampling frame.

Since 2007, Massachusetts has used a stratified sampling methodology, sampling disproportionately from four racial and Hispanic ethnic groups: (1) White non-Hispanic; (2) Black non-Hispanic; (3) Hispanic; and (4) Other, non-Hispanic. All but White non-Hispanic birthing people were oversampled to improve precision in examining disparities by race and ethnicity. For oversampling purposes, the category of Other, non-Hispanic includes all racial and ethnic groups besides White, Black, and Hispanic. Similar to previous reports, in the 2019-2021 report, Massachusetts separates Asian non-Hispanics from the “Other, non-Hispanic” category for analytical purposes. Therefore, the “Other, non-Hispanic” group has a small sample size which resulted in having prevalence estimates with wider 95% confidence limits (95% CL) and the findings in this group should be interpreted with caution. Disability status was ascertained by participants’ response to the PRAMS question: “Are you limited in any way in any activities because of physical, mental, or emotional problems?” Additional demographic information was obtained from the birth file, including the birthing person’s education, age, marital status, parity, and nativity.

About three percent of Massachusetts birthing people with a live birth in our study period were sampled and received up to three mailed paper surveys. Birthing people who did not respond to the survey after the third mailing were contacted by telephone. The survey data were weighted using selected demographics to account for non-response and adjusted for sampling probabilities and coverage to represent the Massachusetts birth population in 2019-2021.

Analyses for the MA PRAMS 2019-2021 report accounted for the stratified sampling method and included the final survey weights. SAS v9.4 and SUDAAN v11.0 were used to calculate prevalence and bivariate statistics. The 95% CLs are included whenever possible in this report. When comparing estimates, if the 95% CLs do not overlap, we consider that there is a statistically significant difference.

Limitations

The data presented in this report are generalizable only to pregnancies resulting in a live birth of singletons or multiples of fewer than four, to Massachusetts residents who gave birth in the state.

The PRAMS survey is currently only administered in English and Spanish. This might present a limitation in collecting data from birthing people with limited proficiency in either of these languages.

Because PRAMS is based on self-reported information, there is the potential for misclassification error. Bias may occur if some groups of birthing people recall experiences more or less accurately than others.

Income data were collected; however, about seven percent of respondents declined to report income, and analyses involving household poverty could not include these respondents. In general, income data tend to be underreported on surveys.

In addition, the PRAMS survey did not collect information on gender identity or sexual orientation.

PRAMS Advisory Committee Members	
Name	Organization
Dolores Acevedo-Garcia	Institute for Child, Youth and Family Policy
	The Heller School for Social Policy and Management
	Brandeis University
Kathryn Ahnger-Pier	MDPH, Immunization Division
Nddiamaka Amutah-Onukagha	Tufts University School of Medicine
	Department of Public Health and Community Medicine
Craig Andrade	Boston University School of Public Health
Candice M. Belanoff	Boston University School of Public Health
	Department of Community Health Sciences
Debra Bercuvitz	MDPH, Perinatal Substance Use Initiative
Dana Bernson	MDPH, Office of Population Health
Catherine Brown	MDPH, Division of Epidemiology and Immunization
Oanh Thi Thu Bui	MDPH, Office of Health Equity
Nancy Byatt	Lifeline for Families Center and Lifeline for Moms Program at UMass Chan Medical School
Jill Clark	MDPH, Division of Child/Adolescent Health and Reproductive Health
Jennifer Cochran	MDPH, Division of Global Populations and Infectious Disease Prevention
Rachel Colchamiro	MDPH, Nutrition Division
Eugene Declercq	Boston University School of Public Health
	Department of Community Health Sciences
Deborah Dill	MDPH, Sexual and Reproductive Health Program
Dan Dooley	Boston Public Health Commission
	Research and Evaluation Office
Justine Egan	MDPH, Division of Child/Adolescent Health and Reproductive Health
Elaine Fitzgerald Lewis	MDPH, Bureau of Family Health and Nutrition
Angela Fowler-Brown	MDPH, Immunization Division
Christina Gebel	Accompany Doula Care, Inc
Sarah Gordon	Boston University
Matthew Horan	MDPH Office of Oral Health
Eric Braun	Asian Women for Health
Sunah (Susan) Hwang	University of Colorado School of Medicine
	Department of Pediatrics, Section of Neonatology
	Children's Hospital Colorado
Erin Jones	March of Dimes, Advocacy and Government Affairs
Pamela Joshi	Brandeis University
	Heller School for Social Policy and Management
	Institute for Child, Youth and Family Policy
Milton Kotelchuck	Department of Pediatrics, Harvard Medical School
	MassGeneral Hospital for Children
Susan Manning	MDPH, Bureau of Family Health and Nutrition
Kelley May	MDPH, Nutrition Division
Monika Mitra	Lurie Institute for Disability Policy, Heller School for Social Policy and Management, Brandeis University

PRAMS Advisory Committee Members	
Name	Organization
Tiffany A. Moore Simas	University of Massachusetts Chan Medical School/UMass Memorial Health
Vera Mouradian	MDPH, Office of Statistics and Evaluation
Nassira Nicola	MDPH, Office of Health Equity
Paul Oppedisano	MDPH, Commissioner's Office
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Caroline Stack	MDPH, Division of Sexual and Domestic Violence Prevention and Services
Ellen Tolan	MDPH, Nutrition Division
Maria Vu	MDPH, Registry of Vital Records and Statistics
Kimberley Warsett	MDPH, Office of Health Equity
Mahsa Yazdy	MDPH, Center for Birth Defects Research and Prevention
Megan Young	MDPH, Division of Maternal and Child Health Research and Analysis, Division for Children & Youth with Special Health Needs